Adoption Resources

# Parents – not sure where to begin? Start Here!

Books for Parents:

* "Toddler Adoption , The Weaver's C raft ” : Mary Hopkins-Best
* Adopting the Hurt Child: Keck & Kupecky
* Attaching In Adoption: Deborah Gray
* Helping Children Cope With Separation and Loss, Revised Edition: Claudia Jewett
* Parenting From the Inside Out: Daniel Siegel
* Parenting the Hurt Child: Keck & Kupecky
* Parenting With Love and Logic: Teaching Children Responsibility. Foster Cline, MD and Jim Fay.
* Raising Adopted Children: Practical Reassuring Advice for Every Adoptive Parent. Lois Ruskai Melina
* The Connected Child – Karyn Purvis, David Cross, and Wendy Sunshine
* The Whole Brained Child : Revolutionary Strategies to Nurture Your Child’s Developing M in d : Daniel Siegel, MD and Tina Payne Bryson, PhD
* Touchpoints: Your Child's Emotional and Behavioral Development: T. Berry Brazelton
* With Eyes Wide Open: A Workbook for Parents Adopting International Children Over Age One: Margi Miller and Nancy Ward (Available at [www.childrenshomeadopt.org](http://www.childrenshomeadopt.org))

Education and Counseling Resources:

* Center for Attachment & Trauma Services, Inc. in Springfield, Virginia offers counseling and programs targeted towards promoting healthy relationships from infancy through adulthood.

http://familyattachment.org/index.php

* Child Development Institute at TCU and Hope Connection Camp – Their mission is research, training, and outreach dedicated to the needs of families with at-risk children. This institute follows the mission of Dr. Dr. David Cross and Dr. Karyn Purvis in hopes to help children suffering from the effects of trauma, neglect, or abuse.
* Debra Delulio Jones, M.Ed., Director

Parent Trainer/Speaker/Author

P.A.C.T. Parenting Adoptees Can Trust

(817)683-9140 or E-mail: debrajones@ParentingAdopteesCanTrust.com

ParentingAdopteesCanTrust.com

* Resources for Adoption – A website dedicated to providing the latest financing education, information, and resources. They are committed to providing families with hope, a vision, a plan, and guidance.

http://www.resources4adoption.com/

Regional Competent Mental Health Professionals:

* Melissa Blauvelt, Director of Programs

American World Adoption

6723 Whittier Ave.  
McLean, VA 22101

(703) 356-8447

http://www.awaa.org/default.aspx

* Melody Caton, M.A., RIC, Staff Counselor

HopeWell Equipping & Counseling Center

1213 Laskin Road

#106 Virginia Beach, VA 23451

(757) 333-1548

http://www.hopewellmin.org/hopewell-counseling-center-staff.html

* Molly Gallacher, LCSW

Eagala, Off the Beaten Path – Equine Assisted Learning Sessions

Abingdon, VA 24210

(276) 695-0245 or E-mail: [offthebeatenpathfarm@gmail.com](mailto:offthebeatenpathfarm@gmail.com)

<http://www.eagala.org/node/4063>

* Anna Graham, COO

American World Adoption

6723 Whittier Ave.  
McLean, VA 22101

(703) 891-3140 or E-mail: [anna.graham@awaa.org](mailto:anna.graham@awaa.org)

http://www.awaa.org/default.aspx

* Ashley Hughes

Bethany Christian Services

287 Independence Boulevard

Suite 241

Virginia Beach, VA 23462

(757) 499-9367 or E-mail: [ahughes@bethany.org](mailto:ahughes@bethany.org)

http://adopt-va.org/members.html

* Susan Maines, Executive Director of Social Services

America World Adoption

6723 Whittier Ave.

McLean, VA 22101

(703) 891-3137 or E-mail: [susan.maines@awaa.org](mailto:susan.maines@awaa.org)

http://www.awaa.org/default.aspx

* Christina Martinez, Project Coordinator

Orphan’s Promise

977 Centerville Turnpike  
Virginia Beach, VA 23463

(757) 226-2148 or E-mail: christina.martinez@cbn.org

http://www.orphanspromise.org/

* Krystal Mattox, Clinician

EHS Support Services

Lynchburg, VA

(434) 851-4163 or E-mail: [kmattox@sbc.edu](mailto:kmattox@sbc.edu)

<https://ehssupportservices.com/>

* Dr. Jeffrey Olrick, M.Ed. and Ph.D.

The AP Center for Foster and Adoption Support

Newport News, VA

(757) 325-0410

http://theapcenter.com/index.html

* Julia Norris, Director of Affiliate Offices

American World Adoption

6723 Whittier Ave.  
McLean, VA 22101

(703) 356-8447 or E-mail: Julia.norris@awaa.org

* Lynne Schweizer Hudson, MS, QMHP

Family Preservation Services, Inc.

Charlottesville, VA

(434) 242-3280 or E-mail: [lschweizer@gmail.com](mailto:lschweizer@gmail.com)

* Ricardo A. Snyder, LMFT

1901 Huguenot Road #201, Richmond, VA 23235

(804) 378-3364

www.christiancounselors4va.com/

* Margaret Zaepfel, Clinic Social Work, Therapist, LCSW

Riverside Counseling Center  
44084 Riverside Pkwy   
Suite 240  
Leesburg, Virginia 20176  
(703) 596-0131

# Adoption Conferences for Parents

* Adoption Knowledge Affiliates

http://adoptionknowledge.org/aka/conference/

* Adoptive Parents Committee Conference

http://www.adoptiveparents.org/2013-adoption-conference

* Beyond Consequences

http://www.beyondconsequences.com/bcilive/index.html

* Empowered to Connect

http://empoweredtoconnect.org/conferences

* NACAC

http://www.nacac.org/conference/conference.html

* NCFA

https://www.adoptioncouncil.org/for-families/for-families.html

* Orphan Summit

http://www.summit9.org/

* Tapestry

http://tapestryconference.org/

* Together for Adoption

http://www.togetherforadoption.org/natcon2013/

# Books

For Parents:

* A Child’s Journey Through Placement – Vera I. Fahlberg, MD
* Attachment in Common Sense and Doodles: A Practical Guide – Miriam Silver
* Foster Parenting Step-by-Step: How to Nurture the Traumatized Child and Overcome Conflict – Dr. Kalyani Gopal
* Help for Bill – Heather T. Forbes
* How to Create a Successful Adoption Portfolio: Easy Steps to Help You Produce the Best Adoption Profile and Prospective Birth Mother Letter – Madeline Melcher
* I Love You Rituals – Becky A. Bailey
* Inside Kinship Care: Understanding Family Dynamics and Providing Effective Support – David Pitcher
* Inside Transracial Adoption – Beth Hall & Gail Steinberg
* My Family, A Symphony: A Memoir of Global Adoption: Aaron Eske
* No Matter What: An Adoptive Family’s Story of Hope, Love and Healing – Sally Donovan
* Nurturing Attachments Training Resource: Running Parenting Groups for Adoptive Parents and Foster or Kinship Carers – Kim S. Golding.
* Reparenting the Child who Hurts: A Guide to Healing Developmental Trauma and Attachments – Caroline Archer and Christine Gordon
* Sleepless in America: Is Your Child Misbehaving or Missing Sleep? – Mary Sheedy Kurcinka
* Telling the Truth to Your Adopted or Foster Child – Betsy Keefer, Jayne Schooler
* The Boy that was Raised as a Dog – Bruce Perry
* The Connected Child – Karyn Purvis, David Cross, and Wendy Sunshine
* The Foster Parenting Manual: A Practical Guide To Creating a Loving, Safe and Stable Home – Dr. John Degarmo
* The Handbook on International Adoption Medicine – Laurie C. Miller
* The Interracial Adoption Option : Creating a Family Across Race – Marlene G. Fine and Fern L. Johnson
* The Out-of-Sync Child – Carol Stock Kranowitz
* The Whole-Brained Child – Daniel J. Siegel, Tina Payne Bryson
* Welcoming a New Brother or Sister Through Adoption – Arleta James
* What to Expect from Your Adopted Tween (e-guide) – Judy M. Miller
* Why Can’t My Child Behave?: Empathic Parenting Strategies that Work for Adoptive and Foster Families – Dr. Amber Elliot
* Wounded Children, Healing Homes: How Traumatized Children Impact Adoptive and Foster Families – Schooler, Smalley, and Callahan

For Family and Friends:

* Adoption is a Family Affair: What Relatives and Friends Must Know – Patricia Irwin Johnston
* Can I Tell You About Adoption?: A Guide for Friends, Family and Professionals – Anne Braff Brodzinsky
* In On It – Elizabeth O’Toole

For Children and Teens:

* A Little Story About A Big Turnip: Tatiana Zunshine
* A Mother for Choco: Keiko Kasra
* Adopted Like Me: My Book of Adopted Heroes – Ann Angel
* Adoption is for Always – Linda Girard
* All Kinds of Families – Norma Simon
* Beginnings: How Families Come to Be – Virginia Kroll
* Chinese Eyes: Marjorie Waybill
* Double Dip Feelings – Barbara Cain
* Families are Different – Nina Pellegrini
* Families Are Forever: Deborah Capone
* Favorite Russian Fairy Tales (Dover Children's Thrift Classics):
* Horace – Holly Kellar
* Horace (Reading Rainbow Book): Holly Keller
* I Love You Like Crazy Cakes: Rose Lewis
* I Wished for You – Marianne Richmond
* Is That Your Sister: Catherine and Sherry Bunin (for families with children who are adopting transracially)
* Little Miss Spider: David Kirk.
* Over the Moon: An Adoption Tale – Karen Katz
* Returnable Girl – Pamela Lowell
* Seeds of Love: Mary Ebejer Peteryl
* Shaoey and Dot – Steven Curtis and Mary Beth Chapman
* Star of the Week: A Story of Love, Adoption, and Brownies with Sprinkles – Darlene Friedman
* Susan and Gordon Adopt a Baby – Tony Geiss and Judy Freudberg
* Tell Me Again About the Night I Was Born: Jamie Lee Curtis.
* The Best Family in the World – Susana Lopez
* The Best for You –Kelsey Stewart
* The Colors of Us – Karen Katz
* The Face in My Mirror – Maureen Wartski
* The Great Gilly Hopkins – Katherine Paterson
* The Keeping Quilt: Patricia Polacco
* The Little Snowgirl: An Old Russian Tale:
* The Mulberry Bird: An Adoption Story –Anne Braff Brodzinsky
* The Survival Series for Kids Joyce Berry
* Three Cheers for Catherine the Great! (Children's book)
* Through Moon and Stars and Night Skies: Kristine Wi
* We Belong Together –Todd Parr
* What to do when… Dawn Huebner
* Why was I Adopted? – Carole Livingston
* Wild About You – Judy Sierra
* You are My Baby, I am Your Mommy – Kimberly Leclercq
* You’re My Little Love Bug – Heidi Weimer

For Children in LGBTQ Adoptive Families:

* Antonio’s Card/La Tarjeta de Antonio – by Rigoberto Gonzalez
* Daddy, Papa, and Me – Leslea Newman
* Felicia’s Favorite Story – Leslea Newman
* Flying Free – Jennifer Gregg
* In Our Mother’s House – Patricia Polacco
* King and King – Linda de Haan
* Molly’s Family – Nancy Garden
* Mommy, Mommy, and Me – Leslea Newman
* Oh the Things Mommies Do!: What Could be Better than Having Two? – Crystal Tompkins
* Tango Makes Three – Justin Richardson and Peter Parnell
* The Different Dragon – Jennifer Bryan
* The Duke Who Outlawed Jelly Beans and Other Stories – Johnny Valentine
* The Family Book – Todd Parr

# Clinical Articles

* “Get a Facebook” She Says!

https://www.whfc.org/resources/clinical-articles/get-a-facebook.html

* Ain’t Misbehavin: Discipline & the Adopted Child

https://www.whfc.org/resources/clinical-articles/aint-misbehavin.html

* An Interview Worth “Listening To”

https://www.whfc.org/resources/clinical-articles/an-interview-worth-listening-to.html

* Answering the Postplacement Service Question: Why Are We Doing This?

https://www.whfc.org/resources/clinical-articles/answering-postplacement-question.html

* Considering a Homeland Tour

https://www.whfc.org/resources/clinical-articles/considering-a-homeland-tour.html

* Gliding Into Fall: Sensory Challenges in the New Season

https://www.whfc.org/resources/clinical-articles/gliding-into-fall.html

* Parent Education: Back to School Basics

https://www.whfc.org/resources/clinical-articles/back-to-school-basics.html

* Post Adoption Depression

https://www.whfc.org/resources/clinical-articles/post-adoption-depression.html

* Sibling Connections

https://www.whfc.org/resources/clinical-articles/sibling-connections.html

* Sticky Situations & Peanut Butter Crackers

https://www.whfc.org/resources/clinical-articles/sticky-situations.html

* Summer Transitions

https://www.whfc.org/resources/clinical-articles/summer-transitions.html

* The Importance of Connection and Roots in Identity Development

https://www.whfc.org/resources/clinical-articles/connection-and-roots.html

* Things To Consider When Deciding on a Homeland Tour

https://www.whfc.org/resources/clinical-articles/deciding-on-homeland-tour.html

* Timing In

https://www.whfc.org/resources/clinical-articles/timing-in.html

# Education and Counseling Resources

* Adoptive Family Preservation (AFP) – a post-legal adoption service delivery system that is managed by United Methodist Family Services (UMFS) under contract from the Virginia Department of Social Services. They provide statewide services to adoptive families in order to support child/family well-being and permanency. Locations include:
  + Central Office – UMFS

3900 West Broad St. Richmond, VA 23230

Phone: (804)353-4461 ext. 144

Toll Free: 1-888-821-HOPE (4673)

* + Charlottesville – UMFS

806 East High St. Charlottesville, VA 22902

Phone: (434) 972-1718

* + Lynchburg – UMFS

1501 Rivermont Avenue Lynchburg, VA 24503

Phone: (434) 942-2604

* + Northern Virginia – The Center for Adoption Support and Education, Inc.

8996 Burke Lake Road, Suite 201, Burke, VA 22015

Phone: (703) 425-3704

* + Richmond – Coordinators2Inc

1617 Monument Avenue, Suite 200 Richmond, VA 23220

Phone: (804) 354-1881

* + Roanoke and Southwest Virginia – DePaul Community Resources

5650 Hollins Road Roanoke, VA 24019

Phone: (540) 265-8923

* + South Central – UMFS

100 North Carter St. La Crosse, VA 23950

Phone: (434) 757-1065

* + Tidewater – UMFS

815 Baker Rd. Suite 201 Virginia Beach, VA 23462

Phone: (757) 490-0159

* + UMFS

5400 Shawnee Rd. Suite 101 Alexandria, VA 22312

Phone: (703) 941-9008

* American Foundation for Family Attachment (AFFA) – Assisting families so parents and children are able to build strong, loving bonds that supports them in work, relationships, school, and life. Programs include workshops, family retreats, counseling, and educational programs to existing parent groups in schools, churches, or other organizations. A list of programs, information on staff and executive director Mary C. Owen (LCSW), and fees can be found on their website listed below.
  + Mary C. Owen, Executive Director American Foundation for Family Attachment

8136 Old Keene Mill Road, Suite A-209 Springfield, VA 22152

Phone: (703) 913-8569

E-mail: [info@familyattachment.org](mailto:info@familyattachment.org)

[www.familyattachment.org](http://www.familyattachment.org)

* Calo – A specialized residential treatment setting with three separate residential programs: preteen program (calopreteens.com), male teen program & female teen program (caloteens.com). They work with a very particular set of preteen & teenagers; focusing specifically on early childhood trauma and the emotions and behavior it produces. They heal trauma in specific and specialized ways. At Calo, relationships are the primary change agent. All treatment is connected to and motivated by relationships. Relationships with family, Calo staff, Calo canines, and Calo peers are what drive change. They want and encourage our families to be highly active in the Calo program and the change process. Parents are an integral part of the treatment team and we require their intimate involvement.
* Center for Attachment & Trauma Services, Inc. in Springfield, Virginia offers counseling and programs targeted towards promoting healthy relationships from infancy through adulthood.

http://familyattachment.org/index.php

* Child Development Institute at TCU and Hope Connection Camp – Their mission is research, training, and outreach dedicated to the needs of families with at-risk children. This institute follows the mission of Dr. Dr. David Cross and Dr. Karyn Purvis in hopes to help children suffering from the effects of trauma, neglect, or abuse.
* Child Trauma Academy – “The Child Trauma Academy (CTA) is a not-for-profit organization based in Houston, Texas working to improve the lives of high-risk children through direct service, research and education.”
* Creating a Family – Creating a Family has many resources, including books categorized by topic, tips sheets, and podcasts.
* Evan B. Donaldson Adoption Institute – Their mission is to provide leadership that improves adoption laws, policies and practices (through sound research, education and advocacy) to better the lives of everyone touched by adoption. (Note – Group is no longer active, but maintain a website with useful resources.)
* LEAP Camp by CASE – LEAP is a three week, full-day summer program for adopted middle school youth. LEAP objectives include “cultivating membership and belonging within an adoptive community as well as fostering leadership development, health and wellness, and artistic self-expression.”
* Parenting Your Adopted Child: Tweens, Teens & Beyond – Navigating through the vital ages of tweens and teens can be challenging for any parent, but adoptive parents face challenges that only other adoptive parents are likely to understand. Taught by Judy M. Miller, this interactive six-week email course can easily fit into your busy schedule.
* Post-Adoption Family Events – From Adoptive Families magazine, an online list of post-adoption events taking place around the United States.

# Films with Adoptive Themes

* Angels in the Outfield
* Angels in the Outfield
* Anne of Green Gables
* Annie (both versions)
* Antwon Fisher
* Bella
* Chimpanzee
* China Cry
* Cinderella w/Brandy & Whitney Houston
* Despicable Me
* Free Willy
* Harry Potter series
* I Am Sam
* Imitation of Life
* Kung Fu Panda (1 and 2)
* Like Mike
* Lilo and Stitch
* Little Secrets
* Losing Isaiah
* Martian Child
* Meet the Robinsons
* October Baby
* Prince of Egypt
* Somewhere Between (Documentary)
* Stuart Little
* Stuart Little 2
* Superman
* Tarzan
* The Blind Side
* The Country Bears
* The Dropbox (Documentary)
* The Jungle Book
* The Kid
* The Odd Life of Timothy Green
* The Rescuers Down Under
* White Oleander

# Medical Information

* Adoption Clinics Across the United States

http://www.peds.umn.edu/iac/topics/otherprofessionals/home.html

* Comprehensive Health Evaluation of the Newly Adopted Child (article)

http://pediatrics.aappublications.org/content/129/1/e214.full

* A Healthy Beginning: Important Information for Parents of Internationally Adopted Children (brochure)

http://www2.aap.org/sections/adoption/PDF/InternationalAdoption.pdf

* Kennedy Krieger Institute International Adoption Clinic

http://www.kennedykrieger.org/patient-care/patient-care-programs/outpatient-programs/international-adoption-clinic

* Independent Adoption Center (IAC)

<http://www.adoptionhelp.org/>

* Trauma Guide for Pediatricians

<http://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/healthy-foster-care-america/Documents/Guide.pdf>

Trauma Guide for Parents

http://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/healthy-foster-care-america/Documents/FamilyHandout.pdf

Both developed by Dave Thomas Foundation for Adoption (<http://www.davethomasfoundation.org/>) and Jockey Being Family (<http://www.jockeybeingfamily.com/>) along with the AAP.

* University of Virginia (UVA) International Adoption Medical Clinic

http://www.medicine.virginia.edu/clinical/departments/pediatrics/clinical-services/adoption

* Virginia Commonwealth University (VCU) International Adoption Medical Clinic

https://www.pediatrics.vcu.edu/pediatric\_specialties/infectious\_disease/adoption.html

# Newsletters

* Adoptive Families Circle

http://www.adoptivefamiliescircle.com/site/newsletter/

* Center for Adoption Support and Education (CASE)

http://adoptionsupport.org/index.php/newsevents/newsletters/

* Creating a Family

http://creatingafamily.org/

* North American Council on Adoptable Children (NACAC)

http://www.nacac.org/adoptalk/publications.html

# Nutrition and Allergies

* Eat Like a Dinosaur: Recipe & Guidebook for Gluten-Free Kids – The Paleo Parents

http://www.dietsinreview.com/diets/eat-like-a-dinosaur

* Food & Behavior – Barbara Reed Stitt

http://www.brooke-randolph.com/Blog.aspx?ID=68

* Healthier Without Wheat – Dr. Stephen Wangen
* In Defense of Food – Michael Pollan
* Orphan Nutrition (website) – This organization works towards improving the nutrition and feeding of orphaned children. Their website includes topics such as safe food practices, feeding and nutrition best practices, and understanding malnutrition.

http://www.orphannutrition.org/

* Spoon Foundation (website) – The Spoon Foundation works towards improving nutrition and feeding for children in orphanages, foster care, and adoption. Their website includes topics such as free professional resources, recipes by country, and blog access on a variety of nutritional topics across the globe.

http://spoonfoundation.org/

* Wheat Belly: Dr. William Davis

<http://www.dietsinreview.com/diet_column/01/weight-loss-and-better-health-with-guidance-from->wheat-belly

# Pre and Post Travel Medical Consultations

* Emily Swilling, DO

Pediatric Health Care Associates P.C.

Lynn/Peabody, Massachusetts

* Jeffrey G. Jones, MD, MPH, DTMH

Greenwood, Indiana

(317) 528-8009

# Regional Adoption – Competent Mental Health Professionals

* Melissa Blauvelt, Director of Programs

American World Adoption

6723 Whittier Ave.  
McLean, VA 22101

(703) 356-8447

http://www.awaa.org/default.aspx

* Melody Caton, M.A., RIC, Staff Counselor

HopeWell Equipping & Counseling Center

1213 Laskin Road

#106 Virginia Beach, VA 23451

(757) 333-1548

http://www.hopewellmin.org/hopewell-counseling-center-staff.html

* Debra Delulio Jones, M.Ed., Director

Parent Trainer/Speaker/Author

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http://www.awaa.org/default.aspx

* Lynne Schweizer Hudson, MS, QMHP

Family Preservation Services, Inc.

Charlottesville, VA

(434) 242-3280 or E-mail: [lschweizer@gmail.com](mailto:lschweizer@gmail.com)

* Ashley Hughes

Bethany Christian Services

287 Independence Boulevard

Suite 241

Virginia Beach, VA 23462

(757) 499-9367 or E-mail: [ahughes@bethany.org](mailto:ahughes@bethany.org)

http://adopt-va.org/members.html

* Susan Maines, Executive Director of Social Services

America World Adoption

6723 Whittier Ave.

McLean, VA 22101

(703) 891-3137 or E-mail: [susan.maines@awaa.org](mailto:susan.maines@awaa.org)

* Christina Martinez, Project Coordinator

Orphan’s Promise

977 Centerville Turnpike  
Virginia Beach, VA 23463

(757) 226-2148 or E-mail: christina.martinez@cbn.org

http://www.orphanspromise.org/

* Krystal Mattox, Clinician

EHS Support Services

Lynchburg, VA

(434) 851-4163 or E-mail: [kmattox@sbc.edu](mailto:kmattox@sbc.edu)

<https://ehssupportservices.com/>

* Dr. Jeffrey Olrick, M.Ed. and Ph.D.

The AP Center for Foster and Adoption Support

Newport News, VA

(757) 325-0410

http://theapcenter.com/index.html

* Ricardo A. Snyder, LMFT

1901 Huguenot Road #201, Richmond, VA 23235

(804) 378-3364

www.christiancounselors4va.com/

* Nadia Wasylyshyn, PhD

Specializes in children with acute and chronic behavioral illnesses

Children’s Hospital of The King’s Daughters

601 Children’s Lane, 4th floor

Norfolk, VA 23507

(757) 668-7247

<http://www.csgdocs.com/specialties/Psychology.aspx>

* Margaret Zaepfel, Clinic Social Work, Therapist, LCSW

Riverside Counseling Center  
44084 Riverside Pkwy   
Suite 240  
Leesburg, Virginia 20176  
(703) 596-0131

# Regional Sensory and Occupational Resources

* Article on Developmental Impacts of Orphanages Versus Foster Care

http://www.comeunity.com/adoption/health/interrupted-development-adoption.html

* Article on Interrupted or Unexperienced Stages of Development

http://www.comeunity.com/adoption/health/interrupted-development-adoption.html

* Article on Sensory Integration Problems in International Adoption

http://www.comeunity.com/adoption/health/sensory-integration-adoption.html

* Article on Family Routine Based Support Guide: Building Relationships with Infants

http://challengingbehavior.fmhi.usf.edu/do/resources/documents/tool\_fam\_routine\_guide\_infants.pdf

* Children’s Hospital of the King’s Daughters

Rehabilitative Services and Therapy

Occupational Therapy and Speech Therapy

10 Virginia Locations

http://www.chkd.org/Our-Services/Rehabilitative-Services-and-Therapy/Occupational-Therapy/

http://www.chkd.org/Our-Services/Rehabilitative-Services-and-Therapy/Speech-Therapy/

* Molly Gallacher, LCSW

Eagala, Off the Beaten Path – Equine Assisted Learning Sessions

Abingdon, VA 24210

(276) 695-0245 or E-mail: [offthebeatenpathfarm@gmail.com](mailto:offthebeatenpathfarm@gmail.com)

<http://www.eagala.org/node/4063>

# Sensory and Occupational

* A Sensory World: Making Sense of Sensory Disorders (DVD) – from the Child Development Institute at TCU

http://www.child.tcu.edu/DVD%20sales.asp

* The Alert Program

http://www.alertprogram.com/

* BabyBabyOhBaby (DVD) – Instructions on Infant Massage

http://babybabyohbaby.com/

* Dream Catcher (weighted items)

http://weightedblanket.net/

* Healthy Touch (DVD) – from the Child Development Institute at TCU

http://www.child.tcu.edu/DVD%20sales.asp

* National Autism Resources: Oral-motor items, weighted items, and fidgets

http://www.nationalautismresources.com/

* The Out of Sync Child (book) – Carol Kranowitz

http://www.out-of-sync-child.com/

* Salt of the Earth (weighted items)

http://www.saltoftheearthweightedgear.com/

* SensaCalm (weighted items)

http://www.sensacalm.com/

* Sensory Integration (DVD) – from the Child Development Institute at TCU

http://www.child.tcu.edu/DVD%20sales.asp

* Sensory Stories – Stories written for children about sensory issues

http://sensorystories.com/

* SPD Foundation

http://spdfoundation.net/

**Resources for Parents**

* A Child Waits Foundation – An NGO that provides low interest loans for international adoptions to prospective parents lacking the necessary funds to complete their adoption, such as grants. Eligibility and application information can be found on their website listed below.
  + A Child Waits Foundation

1136 Barker Road, Unit 12 Pittsfield, MA 01201

Toll Free Phone: (866) 999-2445

E-mail: [cnelson@achildwaits.org](mailto:cnelson@achildwaits.org)

<http://www.achildwaits.org>

* Bright Futures – A national health promotion initiative, operating under the principle that every child deserves to be healthy, and optimal health involves trusting relationships between the child, the family, the community, and the health professional.

<http://www.brightfutures.org/>

* Empowered To Connect – Over 90 articles, 70 videos, and 10 audio clips that cover a wide variety of topics for foster and adoptive parents, as well as ministry leaders and professionals. This website allows you to search the online library for specific topics as well as the option to sign up to receive email updates on their RSS feed.

http://empoweredtoconnect.org/resources/

* Resources for Adoption – A website dedicated to providing the latest financing education, information, and resources. They are committed to providing families with hope, a vision, a plan, and guidance.

http://www.resources4adoption.com/

* The Wingspan Approach – Dedicated to developing young children’s problem solving abilities, social and emotional skills, and healthy decision making. They equip adults with the skills and confidence needed in order to make lasting, effective differences in the lives of children.

http://wingspanworks.com/

* Zero to Three – A National, NGO that provides professionals, policymakers, and parents the knowledge and resources to comprehend and nurture early development

http://www.zerotothree.org/

# Resources for Teachers

* 7 Core Issues in Adoption

http://www.adoptionsupport.org/res/7core.php

* Adoption Awareness in School Assignments http://www.adoptionpolicy.org/Adoption\_Awareness\_Schools.pdf
* Chapter 4 of The Out-of-Sync Child – Carol Stock Kranowitz
* Help for Billy (book) – Heather T. Forbes
* Observing Children with Attachment Difficulties in Preschool Settings: A Tool for Identifying and Supporting Emotional and Social Difficulties – Kim S. Golding, Jane Fain, Ann Frost, Sian Templeto, and Eleanor Durrant
* Observing Children with Attachment Difficulties in School: A Tool for Identifying and Supporting Emotional and Social Difficulties in Children Aged 5-11 – Kim S. Golding, Jane Fain, Ann Frost, Cathy Mills, Helen Worrall, Netty Roberts, Eleanor Durrant and Sian Templeto
* S.A.F.E. at School: A Manual for Teachers, Educators, & School Counselors

http://yhst-28828629093147.stores.yahoo.net/0007.html

* School Assignments Difficult for Adopted Children and Tips for Teachers

<http://www.mljadoptions.com/blog/school-assignments-difficult-for-adopted-children-and-tips-for-> teachers-20130803

* The Adopted Child’s Changing View: A Timeline of Childhood Development

http://www.adoptionsupport.org/res/timeline/Timeline.pdf

* Volleyball, Tennis, and the Adopted Child

http://www.mljadoptions.com/blog/volleyball-tennis-and-adoptive-parenting-20120404

# ADDITIONAL RESOURCES

* 52 Ways to Talk About Adoption (card game)

http://adoptionsupport.org/index.php/52-ways-to-talk-about-adoption/

* Caught Between the Amygdala and a Hard Place – Karyn Purvis, PhD and David Cross, PhD

http://www.child.tcu.edu/Articles/Amygdala%20and%20Hard%20Place.pdf

* Dear Teacher (a sample letter)

http://www.mljadoptions.com/blog/dear-teacher-a-sample-letter-20130717

* The Three Pillars of Trauma-Informed Care – Howard Beth

https://reclaimingjournal.com/sites/default/files/journal-article-pdfs/17\_3\_Bath.pdf

* What Not To Say (handout) – Alternatives to commonly used yet undesirable words in adoption

[http://www.mljadoptions.com/wp-content/uploads/converted/userfiles/file/PDFs/What%20Not%20To%](http://www.mljadoptions.com/wp-content/uploads/converted/userfiles/file/PDFs/What%20Not%20To%25)

20Say%20handout.pdf

# ADDITIONAL INTERNET RESOURCES

* Adopt Shoppe, Unique Adoption Gifts, Books & Resources, www.adoptshoppe.com
* Adoptive Families of America, www.adoptivefam.org
* Eastern European Adoption Coalition, www.eeadopt.org
* National Adoption Information Clearinghouse, http://naic.acf.hhs.gov, is a great resource for families in any stage of the adoption process as it provides publications and links on many adoption topics.
* Post Adoption Information,www.postadoptinfo.org , specialized in providing information for families who have adopted institutionalized children from Eastern Europe.
* Tapestry Books, www.tapestrybooks.com, devoted to selling books on adoption.

# ADDITIONAL RECOMMENDED READINGS BY TOPIC

Child Development:

* American Academy of Pediatrics Guide to Your Child's Symptoms Baby Signs: How to Talk With Your Baby Before Your Baby Can Talk
* Talking With Young Children About Adoption: Mary Watkins & Susan Fisher
* The Myth of the First Three Years: A New Understanding of Early Brain Development
* Your Baby and Child: From Birth to Age Five

Adoption:

* Adopting After Infertility: Pat Johnston
* The Complete Guide to Foreign Adoption: Barbara Bascom
* Can This Child Be Saved? Solutions for Adoptive and Foster Families: Foster Cline
* Our Own! Adopting and Parenting the Older Child: Trish Maskew
* Real Parents, Real Children; Parenting the Adopted Child: Holly Van Gulden
* The Primal Wound: Understanding the Adopted Child: Nancy Verrier

Culture, Language and Ethnic Differences:

* Chinese at a Glance by Scott D. Seligman (New York, Barron's Educational Series Inc,)
* Chinese Phrase Book and Dictionary (Oxford, UK, Berlitz Publishing Co. Ltd., rev. ed.)
* Cross Cultural Adoption: How to Answer Questions From Family, Friends and Community: Amy Coughlin, Caryn Abramowitz\*\*
* Does Anybody Else Look Like Me?: A Parent’s Guide to Raising Multiracial Children. Donna Jackson Nakazawa
* Easy Russian Phrase Book: Over 690 Basic Phrases for Everyday Use (Dover Books)
* First Thousand Words in Russian (Ukrainian; Chinese etc) (Picture Word Books)
* Kinki Kreations: A parent’s guide to natural black hair care for Kids: Jena Renee Williams
* I’m Chocolate, You’re Vanilla: Raising Healthy Black and Bi-Racial Children in a Race Conscious World. Marguerite Wright
* Inside Transracial Adoption: Gail Steinberg and Beth Hall
* Russia (Eyewitness Books Trade)
* Russian Song Book: Dover Books
* Please to the Table: The Russian Cookbook
* Teach Me Russian (Teach Me More Series): book/tape combo
* The New Oxford Picture Dictionary English – Russian (Chinese; Spanish etc)
* Ukrainian: A complete course for beginners Olena Bekh, James Dingley

Developmental or Behavioral Issues:

* Building the Bonds of Attachment: Awakening Love in Deeply Troubled Children: Daniel Hughes
* Childhood Speech, Language, and Listening Problems: What Every Parent Should Know: Patricia McAleer Hamaguchi
* Facilitating Developmental Attachment: The Road to Emotional Recovery and Behavioral Change: Daniel Hughes.
* Help for the Hopeless Child: A Guide For Families by Ronald Federici
* I Hate You – Don’t leave me: Understanding The Borderline Personality: Jerold J. Kreisman, M.D. and Hal Straus
* Love is a Start...The Real Challenges of Raising Children with Emotional Disorders: The true story of a mother raising children, adopted domestically, with neurological differences
* Raising Great Kids: Dr. John Townsend (Christian based parenting book)
* Relationship of Learning Problems and Classroom Performance to Sensory Integration: Sensory Integration and the Child. Jean Ayres
* Stop Walking on Eggshells: Taking your life back when someone you care about has Borderline Personality Disorder: Paul T. Mason, M.S. and Randi Kreger
* The A.D.D. Book: New Understandings, New Approaches to Parenting Your Child
* The Bipolar Child: The Definitive and Reassuring Guide to Childhood’s Most Misunderstood Disorder: Demitri Papolos, M.D. and Janice Papolos
* The Challenging Child: by Stanley Greenspan
* The Complete IEP Guide: How to Advocate for Your Special Ed. Child: Pete Wright
* The New Language of Toys: Teaching Communication Skills to Children With Special Needs
* The Out of Sync Child Coping With Sensory Integration Dysfunction: by Carol Stock Kranowitz
* Therapeutic Parenting: Deborah Hage
* Troubled Transplants: by Richard Delaney and Frank Kunstal
* When Love is Not Enough: by Nancy Thomas