

## TITLE

**MAKING TIME**

## GOALS

- Realize that when we spend quality time with our spouses, we are strengthening our marriages.

## GRAB

In your opinion, who or what is your rival when it comes to spending time with your spouse?

## GRACE

***“Look carefully then how you walk, not as unwise but as wise, making the best use of the time.” Ephesians 5:15-16***

If you agree that your marriage is important, then what would you like to do to enhance it? Would a “daily sharing time” be helpful? Would a weekly date night be good? How about attending a marriage enrichment retreat? Decide what would be profitable and make time to do the important.

I say MAKE TIME because if you don’t put it into your schedule, it won’t happen. Saying yes to the important may mean saying no to the less important. For example, setting aside a daily time for the two of you to talk uninterrupted may require that you give up your tv series each night. A weekly date night may require that you eliminate something from your budget to have money to go out. If it’s important, you can make it happen.

The passage above from Ephesians 5 encourages us to be wise in how we use our limited time and to make the best use of it. Time and money are your assets. You must manage them well in order to accomplish the important. No one else will do it for you. Only you can take control of your life and see that you do what you believe you ought to do.

*(Excerpt from The One Year Love Language Minute Devotional by Gary Chapman)*

## GATHER

**Ask your spouse:**

- How do you want me to spend my time with you?
- What activities can we do together so that we can enhance our marriage?
- What are the habits that I need to let go so that I can spend more quality time with you?

## GO FORTH

Apologize to each other for the time that you have taken each other for granted. Create a plan on how both of you can spend more quality time together.