

Chicken and Barley [2 servings 12 LB DOG]

Recipe #21020800, Data Source: Custom

Names

 English Chicken and Barley [2 servings 12 LB DOG]

Category & Tags

Poultry Products

- Whole
- Brand
- Restaurant
- Supplement
- Seafood
- Vegetarian
- Vegan
- Dairy
- Nuts

Serving Sizes

#	Measure	Servings Per Recipe
1	Serving	47.84

Set Cooked Recipe Weight

Original Recipe Weight 18825.0 g

Ingredients

Description	Database	Amount	Unit	Energy (kcal)	Weight
Chicken Breast, Skinless	NCCDB	160	oz	7847.1	4535.9 g
Sweet Potato, Boiled	NCCDB	320	oz	6894.6	9071.8 g
Apple, Fresh, With Skin	NCCDB	48	oz	707.6	1360.8 g
Barley, Pearled, Cooked	NCCDB	40	oz	1397.1	1134.0 g
Carrots, Raw	NCCDB	80	oz	929.9	2268.0 g
Now, Calcium Citrate, Pure Powder	CRDB	71.76	g	0.0	71.8 g
Flax Seeds, Not Fortified	NCCDB	95.68	tsp, ground	1192.2	223.3 g
Kelp, Raw	NCCDB	95.68	tsp, chopped	68.6	159.5 g

Nutrients in:

1

Serving — 393g

General	Amount	% DV	Vitamins	Amount	% DV
Energy	397.93 kcal	19.9%	B1 (Thiamine)	0.30 mg	19.9%
	1666.06 kJ		B2 (Riboflavin)	0.26 mg	15.1%
Alcohol	0.00 g		B3 (Niacin)	13.83 mg	69.2%
Ash	3.21 g		B5 (Pantothenic Acid)	2.26 mg	22.6%
Beta-Hydroxybutyrate	- g		B6 (Pyridoxine)	1.00 mg	50.1%
Caffeine	0.00 mg		B12 (Cobalamin)	0.32 µg	5.4%
Oxalate	134.00 mg		Biotin	<0.01 µg	<0.1%
Water	298.82 g	19.9%	Choline	112.50 mg	20.5%
Carbohydrates	Amount	% DV	Folate	37.00 µg	9.2%
Total Carbs	50.19 g	16.7%	Vitamin A	1897.96 µg	126.5%
Fiber	9.36 g	37.4%	Alpha-carotene	1648.35 µg	
Starch	15.88 g		Beta-carotene	21847.34 µg	
Sugars	16.29 g		Beta-cryptoxanthin	3.13 µg	
Allulose	- g		Lutein+Zeaxanthin	173.27 µg	
Fructose	2.77 g		Lycopene	0.47 µg	
Galactose	0.02 g		Retinol	8.53 µg	
Glucose	2.04 g		Vitamin C	28.51 mg	47.5%
Lactose	0.00 g		Vitamin D	4.74 IU	1.2%
Maltose	6.35 g		Vitamin E	2.55 mg	12.7%
Sucrose	5.11 g		Beta Tocopherol	0.02 mg	
Added Sugars	0.00 g	0.0%	Delta Tocopherol	0.02 mg	
			Gamma Tocopherol	1.09 mg	

American Label

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Nutrition Facts

Serving Size: 1 Serving

Amount Per Serving		% Daily Value*
Calories	397.9 kcal	20 %
Total Fat	6.8 g	10 %
Saturated Fat	1.5 g	7 %
Trans Fat	0.1 g	
Cholesterol	80.6 mg	27 %
Sodium	178.9 mg	7 %
Total Carbohydrate	50.2 g	17 %
Dietary Fiber	9.4 g	37 %
Sugars	16.3 g	
Protein	34.2 g	68 %
Vitamin A	127 % • Vitamin C	48 %
Calcium	42 % • Iron	17 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Full Info at [cronometer.com](#) </>

Sugar Alcohol	0.43	g
Net Carbs	40.39	g
Lipids	Amount	% DV
Fat	6.79	g10.4%
Monounsaturated	1.83	g
Polyunsaturated	2.50	g
Omega-3	1.17	g
Omega-6	1.11	g
Saturated	1.49	g7.4%
Trans-Fats	0.09	g
Cholesterol	80.59	mg26.9%
Phytosterol	-	mg
Protein	Amount	% DV
Protein	34.15	g68.3%
Alanine	1.86	g
Arginine	2.04	g
Aspartic acid	3.51	g
Cystine	0.49	g
Glutamic acid	5.24	g
Glycine	1.66	g
Histidine	1.02	g
Hydroxyproline	-	g
Isoleucine	1.75	g
Leucine	2.52	g
Lysine	2.72	g
Methionine	0.90	g
Phenylalanine	1.43	g
Proline	1.46	g
Serine	1.27	g
Threonine	1.53	g
Tryptophan	0.43	g
Tyrosine	1.11	g
Valine	1.72	g

Vitamin K	11.41	µg14.3%
Minerals	Amount	% DV
Calcium	418.15	mg41.8%
Chromium	-	µg-%
Copper	0.35	mg17.6%
Fluoride	-	µg
Iodine	0.03	µg<0.1%
Iron	3.12	mg17.3%
Magnesium	95.88	mg24.0%
Manganese	0.83	mg41.5%
Molybdenum	-	µg-%
Phosphorus	334.90	mg33.5%
Potassium	916.62	mg26.2%
Selenium	27.90	µg39.9%
Sodium	178.91	mg7.5%
Zinc	2.09	mg13.9%

