



Peace Dynamics Professional Development Trainings and Workshops

Professional Development for School Faculty, Student Presentations and Organizations

www.peacedynamics.com

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1. Inclusive Classrooms and Mindful Management- Creating Win-Win Dynamics in the Classroom and Community! This dynamic interactive workshop addressing inclusivity, mindfulness and effective classroom management has been taught to school communities worldwide! For classroom professionals creating caring classroom communities is one of the most critical tools of the trade. This workshop will explore barriers to communication, reframing challenging or difficult classroom environments, identifying diverse perspectives and inclusive behaviors and introduce strategies and pedagogy that leads to success in the classroom and community.

2. Stand and Lead -Whole School Student & Parent Training –This class is offered to students and parents. It is an interactive workshop where positive leadership, communication skills and productive relationships are taught. Student leadership and community awareness are introduced to the participants as options toward embracing inclusion in our daily lives. A separate component is incorporated into this workshop where parents and students are separated. Parents are introduced to coping mechanisms to be used in the home, office or community. Students are introduced to a process called community mapping where they can gauge their leadership abilities. They learn methods to improve their communication skills in their school and their community. This class introduces leadership training and anti-bully strategies to students and parents.

3. Empowering our students to “Lead and Succeed” 1-2 hours

This basic level course is a practical skill-building class utilizing role playing, discussion and trainer presentations to teach appropriate responses to conflict situations which arise in classroom situations, schools and in professional environments. Conflict Management/Communication skill strategies are based on the idea that children and adults can develop a new awareness and a willingness to examine and change conflict behaviors if handled constructively. Learn to respond to problems, how to avoid arguments and build more lasting relationships in your classroom home and community.

4. Bullying: Breaking the Culture of Conflict - Victims to Leaders (2- 4 hours)

Educators – Administrators – Social Workers -This workshop will discuss bullying characteristics, perceptions, learned behavior and prejudice reduction.

Teachers will learn how to identify the characteristics and perceptions of the bully/victim dynamic. They will discover how learned behavior perpetuates the culture of cruelty and strategies in creating caring classroom communities

5. Conflict Resolution and Peer Mediation - Developing effective communication skills in resolving differences. (5 or 12 hours)

This basic level course is a practical skill-building class utilizing role plays, exercises, discussions, and training presentations to teach appropriate responses to conflict situations which arise in school, business, or family situations. It provides the opportunity to learn and practice conflict resolution skills. Topics include listening, using I-messages, empathizing, and seeing another's perspective, communicating, and negotiating positively and effectively. Origins of conflict will be explored as well as responses to conflict. Methodologies in the five-step process will be covered. This interactive class will use role-play and effective strategies to gain an understanding of the process. This workshop is recommended for everyone involved in the implementation of conflict resolution programs. Mediation is a win-win situation where disputants walk away satisfied from a conflict because they resolved the conflict and came up with the solutions to resolve their problem.

6. Incorporate a "GLOBAL LEADERS INSTITUTE"

- A. Develop communication and social skills
- B. Learn effective leadership skills for diverse environments
- C. Acquire mediation/negotiations skills with certification in Conflict Transformation
- D. Develop Critical Thinking skills addressing global solutions regarding Project Based Development
- E. Utilize technology fostering relationships with United Nation partner organizations
- F. Hone their public speaking skills with an emphasis on workshop presentations
- G. Learn United Nation protocols and attend UN Conferences

Effective Communication & Inclusive Approaches to Resolution

- A. **Effective communication** is the key to productive class, school and work environments creating and win-win solutions to difficult situations. Learn how to listen effectively. Communicate ideas so others listen without becoming defensive. Give and receive productive feedback. Manage emotions and ego-issues when communicating. Use your knowledge of diversity and cultural factors for effective results. Cope with difficult people and situations.
- B. **Communicating Skillfully in Difficult Situations** Master the skills necessary for efficient negotiation planning and learn the diplomatic skills essential to communicate effectively with the other side. Learn how to establish successful and productive long-term relationships through creative win-win negotiating. Also, discover methods of creating an enjoyable, low-stress atmosphere for the negotiation process, and ways to avoid falling into common negotiating traps.
- C. **Mediation: Process, Application and Ethics** -Learn the skills necessary to be an effective neutral third party. Gain in-depth understanding and application of the mediation process for the school workplace, family, and personal relationships. Learn how to be supportive of all parties in a conflict, build trust, help disputants come up with productive solutions to conflicts, and read body language and verbal clues to assess progress and avoid escalating conflict.