

## Service agreement/Disclaimer

Christina Artuphel offers this service as a Certified Energy Psychology Practitioner, accredited through EFT Universe.

Whilst Energy Psychology (EP) and Emotional Freedom Techniques (EFT) also known as tapping have produced remarkable clinical results, it must still be considered to be in the experimental stage. And therefore, practitioners and the public must take care and responsibility for their use of it.

I understand that the services provided by Christina Artuphel are educational in nature.

All workshops and trainings are intended to promote awareness of the benefits of learning and applying EFT/EP – however, the general public must take full responsibility for their use of it. EP and EFT is not intended to diagnose, prescribe or treat any disease or disorder, physical or mental.

I am responsible for my own well-being, during and after my work with Christina, and it is my responsibility to ask questions if I have any concerns or need further clarification.

I agree that Energy Psychology and EFT is different to counseling and traditional talk therapy. Although we do combine elements of exposure therapy, cognitive therapy and mindfulness in EP and EFT, the focus is on the “tapping” on acupressure points, as research has demonstrated this to be the active ingredient.

Neither Energy Psychology, EFT nor the content on this website is intended as a substitute for regular medical or psychiatric or psychological care. And by accepting these terms and conditions, you agree that you do not construe it as such.

Wholehealthtapping.com has no direct control over linked website content or changes to their content. We link to external websites in good faith, but it is your own responsibility to decide on their accuracy, currency, reliability and correctness. When we link to external websites and any applications they use (such as twitter, Facebook, YouTube and LinkedIn) we are not endorsing or recommending any related material, products or services. You are responsible for being aware of the organization hosting websites you visit.

Please consult your current health care providers regarding your use of EFT. Let them know you are using EFT as evidence based stress management tool.

Do not make any changes to your medications or other treatments without consulting your current health care professionals.

Viewing the information on this website does not constitute a professional relationship with Christina Artuphel.

By viewing this website you accept complete responsibility for your own health and wellbeing, releasing the owner and any individual contributed testimonials from any liability.

There is no guarantee that you will have the same results as the people who have provided testimonials on this website, as every person is different.

People who learn to use EP and EFT/Tapping themselves in between sessions will often get better results, or in a shorter time frame than people who do not.

### Confidentiality & Privacy Practices

I understand that each session will be held in the strictest confidence. However, there are legal limits to this confidentiality.

If I disclose that I have thoughts or plans to harm myself or another person, Christina Artuphel is required by law, as a mandatory reporter, to report ongoing domestic violence, abuse or neglect of children, the elderly or people with disabilities.

Christina would only disclose private information without consent in order to protect clients or the public from serious harm; for example, if a client discussed plans to commit suicide.

In keeping with the regulations set by HIPAA (Health Insurance Portability & Accountability Act) I understand that all paper and electronic records will be kept in secure locations.

Paper records are kept in a locked filing cabinet, and any digital records are password protected.

Cancelled / Missed /Late Appointments: I understand that if I cancel a session with less than 24 hours' notice, I am still required to pay for that session. The session may be forfeited if it has been purchased as part of a package, or I may be able to reschedule it.

I am required to phone or send a text message to cancel an appointment, to let Christina know, even if I have cancelled using the online scheduler.

If I need to reschedule a session, I am also asked to provide at least 24 hours' notice to do so, and to let Christina know via phone call or message.

It is expected that this session will be rescheduled by me within a 30 day period; otherwise I forfeit that session, and cannot claim reimbursement for it.

It is not the responsibility of Christina to reschedule an appointment which I have chosen to cancel or change.

Any arrangements other than this will be at the discretion of Christina Artuphel.

No refunds will be given on sessions or packages.

If Christina needs to reschedule a session with me, she will strive to give me as much notice as possible and to make another time as soon as is convenient for us both.

I understand it is important for me to be on time for my session. If I am ten minutes late, that time will be deducted from the total time of my session.

In the event that Christina is running late for any reason, she will strive to still give me a full session, wherever possible.

I understand that the payment of fees covers the EP/EFT tapping session only, and nothing further.

If I email or message Christina outside of normal working hours (9.30am – 3.00pm on weekdays, except for Thursdays which is 9.30am – 6.30pm) Christina may not respond to that message until the next working day.

This is not a crisis service or a mental health emergency service. If you have a diagnosed mental health problem, you may be asked to also enlist the support of a GP, psychologist, or other mental health practitioner to support you, as this service alone may not be enough support for you, and cannot provide support in the event of a mental health crisis occurring after-hours.

If you are experiencing a significant deterioration in your mental health, you agree to seek appropriate mental health services to support you.