



RITUALS  
schedule



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from August 25th till August 27th



# SUNDAY 25TH TILL TUESDAY 27TH

## SUNDAY 25TH

2:00 PM: Energizing  
Vinyasa flow with  
Habiba  
4:00 PM: Canvas  
painting  
7:30 PM: Sound  
Healing with Cherine

## MONDAY 26TH

2:00 PM: Tote bag  
painting  
4:00 PM: Canvas  
painting  
7:30 PM: Sunset  
yoga flow with  
Radwa

## TUESDAY 27TH

2:00 PM: Relaxing  
yoga flow with Radwa  
4:00 PM: Canvas  
painting  
7:30 PM: Oh My Quad!  
Pilates class with  
Sally

