

Ingredients

<b>1 Capsule</b>	<b>Weight</b>	<b>NRV</b>
Standardised Rhodiola rosea root extract (3% rosavins)	250mg	
Rhodiola Rosea root powder	130mg	
Plant cellulose capsule		

In a base of Alfalfa and Spirulina and Bilberry

Directions: Take 1 capsule with breakfast and 1 with evening meal