

INGREDIENTS: Psyllium husks (Plantago ovata) Inulin Live bacteria (see below) Digestive enzymes and digestive aids • Protease • Betaine HCL • Ginger root • Papain • Peppermint leaf • Fennel seed Bromelain (milk and soya) Live Bacterial strains: Lactobacillus rhamnosus PXN® 54™ Bifidobacterium bifidum PXN® 23™ Lactobacillus acidophilus PXN® 35™ Lactobacillus plantarum PXN® 47™ Lactobacillus bulgaricus PXN® 39™ Gentle colon cleanse is made of natural source ingredients which help to maintain the efficient action of the bowels. Taken daily, it will safeguard your fibre intake to help ensure regular bowel movements, whilst at the same time providing friendly bacteria important to maintain a healthy balance. Gentle colon cleanse is Gluten FREE, wheat FREE, phytate FREE, dairy FREE and is suitable for Vegetarians. Once opened, store in a cool dry place out of direct sunlight. Does not need refrigeration.