

## PRODUCT INFORMATION

Each capsule provides:

Zinc	1.5mg
Vitamin B6	0.21mg
Turmeric (providing 150mg Curcumin)	3158mg
Organic Turmeric	200mg
Ginger Root	200mg
Cayenne	40mg
Piperine (black pepper)	5mg

INGREDIENTS: Organic Turmeric, Turmeric (*curcuma longa*) Extract (95% Curcumin), Capsule Shell: Hydroxypropyl, Methylcellulose (HPMC), Bulking Agent: Brown Rice Flour, Anti-caking Agent: Magnesium Stearate (Magnesium Salts of Fatty Acids) (vegetable source), Ginger Root Extract, Cayenne Extract, Piperine extract (Black Pepper extract), Zinc Citrate, Vitamin B6 (Pyridoxine HCL).

DIRECTIONS: Take 1 capsule, 1 to 3 times per day with food or as advised. Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a varied diet and healthy lifestyle.

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