

Choosing Joy

Declaration: Thank you that today is the day the Lord has made! I will rejoice and I will be glad in it. Thank you that regardless of the circumstances I face, I can tap into the joy you have placed within me and it will be my strength. Thank you that even when life is not producing any sort of natural happiness, having you in my life is enough. I can fix my eyes on you and smile because you are my God. I will make the decision to live in your joy today.
Amen.

Imagine: What could my life look like if I lived in the joy of God regardless of my current circumstances?

Nehemiah 8:10 "Do not grieve, for the joy of the Lord is strength."

Psalms 42:5 "Why are you down in the dumps dear soul? Why are you crying the blues? Fix your eyes on God - soon I will be praising again. He puts a smile on face. He's my God."

1 Colossians 1:11-12 "We pray that you'll have the strength to stick it out over the long haul—not the grim strength of gritting your teeth but the glory-strength God gives. It is strength that endures the unendurable and spills over into joy, thanking the Father who makes us strong enough to take part in everything bright and beautiful that he has for us."

Psalms 4:6-8 "I have God's more-than-enough, More joy in one ordinary day Than they get in all their shopping sprees. At day's end I'm ready for sound sleep, For you, God, have put my life back together."

Romans 14:17 "For the kingdom of God is not *a matter of* eating and drinking [what one likes], but of righteousness and peace and joy in the Holy Spirit."