

# *The Mind*

**Declaration:** Thank you Jesus that you've given me the mind of Christ and that my thoughts can be focused on things that are true and beneficial. I take captive any thought that is not from you, it has no right to be taking space in my head and command it gone in the name of Jesus. Thank you that you care for me and I can cast these worries and cares onto you. You are more than able to handle it. Keep my mind focused and clear today and help me to focus on ideas and thoughts that bring life.

Amen

**Phillipians 4:6-7** “Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life.”

**Phillipians 4:8-9** “Summing it all up, friends, I'd say you'll do best by filling your minds and meditating on things true, noble, reputable, authentic, compelling, gracious—the best, not the worst; the beautiful, not the ugly; things to praise, not things to curse. Put into practice what you learned from me, what you heard and saw and realized. Do that, and God, who makes everything work together, will work you into his most excellent harmonies.”

**2 Timothy 1:7** “For God has not given us a spirit of fear, but of power and of love and of a sound mind.”

**1 Peter 5:7** “Casting the whole of your care [all your anxieties, all your worries, all your concerns, once and for all] on Him, for He cares for you affectionately *and* cares about you watchfully.