



PERFORMANCE EVALUATION

IDENTIFY. INFORM. IMPROVE!

Until an athlete knows his or her current level of ability, it is impossible to realistically recommend programming, create goals and monitor progress.

The Parisi Performance Evaluation is critical to every athlete in our program.

- Assesses the current level of an athlete's ability
- Allows proper placement in our variety of programming
- Provides individualized coaching and focus
- Records and monitors progress toward success

**SCHEDULE YOUR
FREE EVALUATION**



THE FASTEST WAY TO BECOME A BETTER ATHLETE®