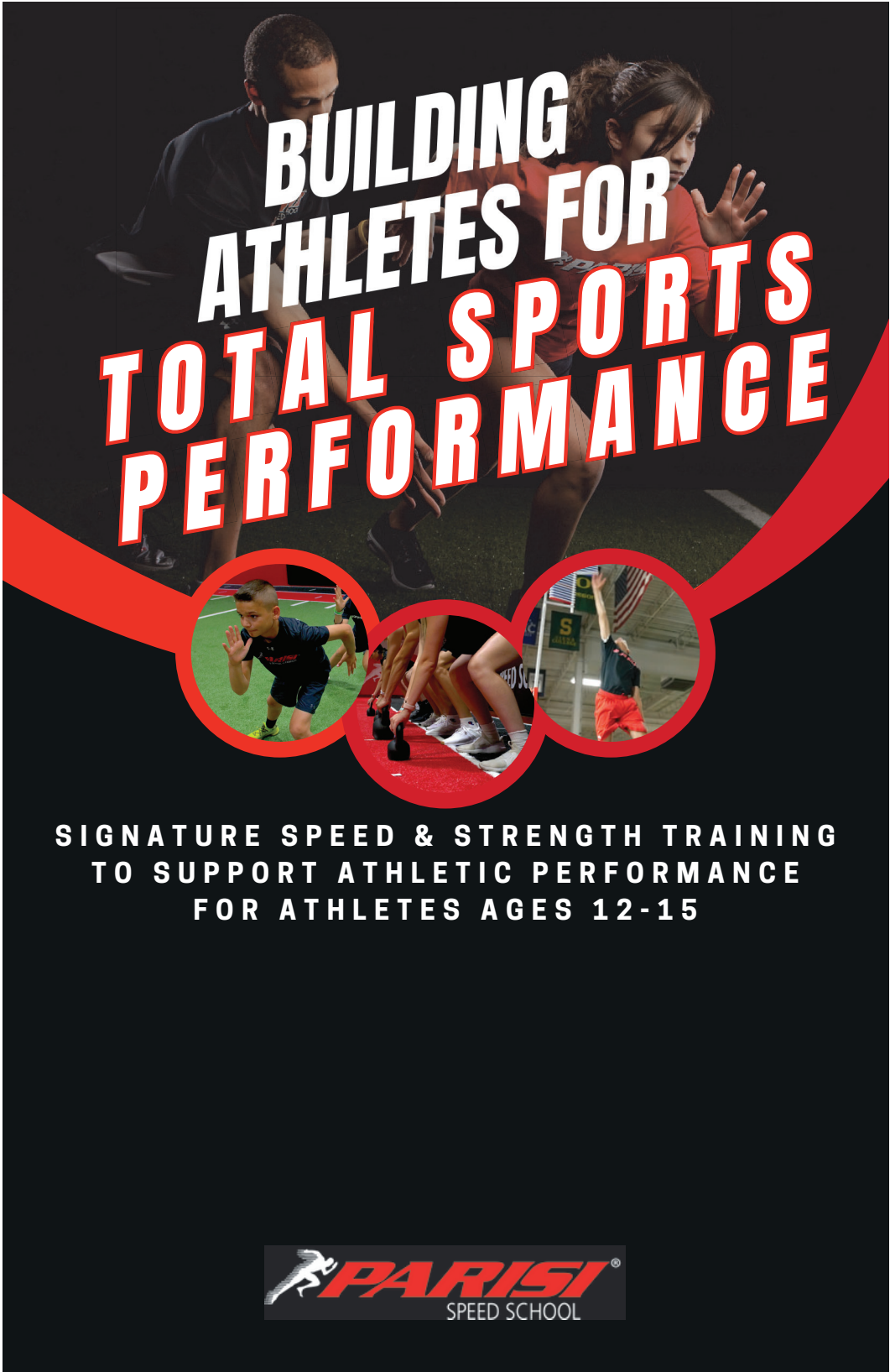




BUILDING ATHLETES FOR TOTAL SPORTS PERFORMANCE



SIGNATURE SPEED & STRENGTH TRAINING
TO SUPPORT ATHLETIC PERFORMANCE
FOR ATHLETES AGES 12-15

