



FIT EXPLORER CHALLENGE

Apollo Acrobats

LEVEL 3 COMPLETE: 1,700 POINTS

NASA's Exploration Systems Mission Directorate would like to congratulate

Crew Member

Shamim Islam

on the completion of this Fit Explorer Challenge level.

This certificate is in recognition of your dedication to learning about space exploration, NASA, and being physically fit.

You have learned to train like an astronaut.



Charles Lloyd, PharmD
Human Research Program Education and Outreach
Program Manager

Melissa Johnson, M.S.
The President's Council on Physical Fitness and Sports
Executive Director

Project Apollo was a series of human spaceflight missions by the United States during the years 1961 to 1975 with the goal of "landing a man on the Moon and returning him safely to the Earth". There were six successful landings on the Moon, returning with Moon rocks and other lunar materials for scientific exploration.