



FIT EXPLORER CHALLENGE

Gemini Jumpers

LEVEL 2 COMPLETE: 1,200 POINTS

NASA's Exploration Systems Mission Directorate would like to congratulate

Crew Member

Shamim Islam

on the completion of this Fit Explorer Challenge level.

This certificate is in recognition of your dedication to learning about space exploration, NASA, and being physically fit.

You have learned to train like an astronaut.



Charles Lloyd, PharmD
Human Research Program Education and Outreach
Program Manager

Melissa Johnson, M.S.
The President's Council on Physical Fitness and Sports
Executive Director

Project Gemini ran from 1963-1966 and was the second human spaceflight program of the United States. Its objective was to develop techniques for advanced space travel including extravehicular activity and orbital maneuvers like docking.