



## FIT EXPLORER CHALLENGE

# Orion Energizers

LEVEL 8 COMPLETE: 5,000 POINTS

NASA's Exploration Systems Mission Directorate would like to congratulate

Crew Member  
**Shamim Islam**

on the completion of this Fit Explorer Challenge level.

This certificate is in recognition of your dedication to learning about space exploration, NASA, and being physically fit.

**You have learned to train like an astronaut.**



Charles Lloyd, PharmD  
Human Research Program Education and Outreach  
Program Manager

Melissa Johnson, M.S.  
The President's Council on Physical Fitness and Sports  
Executive Director

NASA's future goal is to design a safe, reliable, and reusable space transportation system. The Crew Exploration Vehicle (CEV) will be named Orion. Orion will operate in low-Earth orbit, safely carrying up to six astronauts to the International Space Station (ISS), back to the Moon and later on to Mars.