

Knowledge of Self cannot happen without *Dhyan* (meditation). The fully mature/ ripened state where the seeker is one with the Guru's opinion/ vision is nothing but *Dhyan* (meditation). The fully mature/ ripened state of *Dhyan* (meditation) is Samadhi. And in the mature state of Samadhi, realization of the Self happens.

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You are not weak, piteous. You are perfect and absolute. You are what you are looking for. You are what you wish to be and like. But you are stopped by the barrier of your belief systems. The beliefs/ values have become a mantle. Just like clouds that form as a result of the sun hide the sun itself, your belief systems have hidden your self.  
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The first door to Moksha (Liberation) is the divine company (*sang*) of a saint. What do we get from saints? The mantle of beliefs/ values starts to fall. The 'I – you' myth/ fallacy gets erased. You don't get anything you erase something.

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Guru is not the Truth. The path is not the Truth. Scriptures are not the Truth. Worship, spiritual practices (*sadhana*) are not the truth. They are all helping aids, means to truth. And when *jigyasa* (inquisitiveness) to seek the Truth is born then all these are also born as means of quenching the *jigyasa*.  
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Are you actually what you consider yourself to be? If you are then why are you not happy? Find out, know your self. To know about your self is *Gyan* (The Knowledge). Everything else is *Agyan* (unawareness). Due to *Agyan* (unawareness) the world binds you. *Gyan* (Awareness, Knowledge) liberates you. This is called Moksha.  
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I have experienced/ realized that *Parmatma* (God/ Almighty) is not present in everybody. Everybody is *Parmatma* (God/ Almighty). *Parmatma* is not in you, you are *Parmatma*. The truth is not in you, you are the truth. Due to *Agyan* (ignorance) there are living-beings and due to *Gyan* (Knowledge) there is Brahma, and you are that Brahma.

**Guruji**