For Day Camps, Resident Camps and Council Activities



This form is to be used to notify the Cascade Pacific Council of any health, mobility, disability or special dietary needs your unit will have at camp or at the activity you are attending. The Cascade Pacific Council will make every reasonable effort to accommodate your special needs. It is the responsibility of parents and/or adults attending to make sure the person has everything they need for the time of the activity. This form will be submitted to the camp or activity personnel. Please be specific in explaining the needs and attach additional sheets if necessary. The contact person you list below may be contacted if event staff have any questions. **Please use a separate sheet for each individual requiring accommodations.** The menus for the resident camps will be published on our website in late April. Please submit this form by **May 15** for summer camp but no later than three weeks prior for other activities.

Person Needing Accommodation	s Yout	h or Adul	Reservation #	Date arriving at camp/activity   Name of camp/activity attending   Contact Person   r   Email		
<u>Pack Troop Team Crew Ship</u> Circle type of Unit	Unit Number	District	Council			
Contact Person	Contact Person Daytime Phone		Contact Person Evening Phone Number			
Please check those that apply.						
MobilityDietary*	_Allergies*A	Asthma	CPAP Machine	Sensory*	ASD/ADHD etc.*	Other
*Camp menus will be published at www.cp home. For sensory/ASD/ADHD please expl you directly to discuss concerns, needs or a See the reverse side for common spec	lain situations that need vailability of special die	l to be avoide etary foods.				
List any additional information and	l/or explanations as	s needed:				

#### FORM MUST BE SUBMITTED BY MAY 15 FOR SUMMER CAMP NO LATER THAN 3 WEEKS BEFORE OTHER ACTIVITIES

# **Common Requests and Solutions for Special Consideration at Council Activities**

Cascade Pacific Council camps make every reasonable effort to meet the needs of campers/participants and have developed standard solutions for common requests:

# Food

Camp menus are posted online (www.cpcbsa.org) a few months before camp. Although menus are subject to change, they give a good idea of the menu items planned. Camps can substitute many items for sugar free, vegetarian, dairy free and gluten free. If major departures from the menu are required, it is suggested that campers bring substitute ingredients and speak with the camp cook on arrival day. Campers are not permitted in the kitchen per state health department regulations, but the cook may be able to assist with minor menu substitutions. **Please submit a Special Needs Form to enable the camp to anticipate the need.** 

## Wheelchair access/ Limited-Mobility

Each camp has at least one campsite which provides easier wheelchair access to tents, outhouses, and other campsite features. **Submit a Special Needs Form to enable the camp to place the unit in an appropriate campsite.** Be sure to submit the form several weeks prior to camp. Reminder: Camp trails are usually rough. Although, it is possible to make it to most areas of camp with a normal wheelchair it is suggested to have a wheelchair with off road tires to make mobility easier.

# Vehicles in Camp

Private vehicles are NOT PERMITTED in camp. The ONLY exception made is for persons with severe mobility limitations. A state-issued disabled parking permit is required and approval from the camp director MUST be granted in the form of a vehicle pass displayed at all times on the vehicle dashboard. As vehicles present a safety hazard for pedestrians on camp roads, this rule is strictly-enforced; only extreme circumstances warrant a vehicle pass.

# **CPAP** machine (night-time breathing machine)

For campers with CPAP machines, please know that campsites do not have electricity and sleeping is not available in buildings at camp. To prepare for camp, two options are suggested:

1) Avid campers may consider purchasing a battery-operated CPAP machine (one model known to be reliable at camp is the Transcend Travel CPAP Machine; many other models are also on the market). A good source for battery-powered CPAP machines is www.cpap.com. If charging a battery-operated CPAP is required during daytime hours, the camp will provide an outlet.

2) Those who use a machine that requires 120v AC power (household current) can bring an inverter and an automobile battery.

This is a proven method for many campers over the past several summers. Camps will provide an outlet where automobile batteries can be recharged during daytime hours. Vehicles cannot be parked in or near campsites for the purpose of powering CPAP machines. Please submit a Special Needs Form to enable the camp to anticipate the need.

## Injections

Camp personnel are not authorized to administer regular injections. Campers who require injections need to administer their own injections or be accompanied by an adult trained and authorized (by parent/guardian in the case of a minor) to administer injections for that camper.

## Sensory/ADHD/ASD etc.

Each camp strives to offer a positive camp experience for each youth. If the camp staff are aware of specific sensory or other ASD/ADHD needs, the camp will do their best to minimize possible issues. In the event that a meltdown or shut down can not be avoided the camp staff would like to know how best to resolve that situation. **Please submit a Special Needs Form to enable the camp to anticipate the need.** 

## Other

Each camp strives to offer a positive camp experience for each youth and adult. Please use this form for any other need that you feel the camp staff should know about before your arrival at camp. The camp staff will make every reasonable effort to accommodate your needs.