



THE  
**L.♥VE CORPS**

# FIELD MANUAL



*We're the Heroes we've been waiting for.*

## WHAT IS LOVE CORPS?

LOVE CORPS IS A GLOBAL PLATFORM FOUNDED BY "REAL-LIFE SUPERHEROES" MIDWIFE AUDREY (AKA AUD) AND MILES BOSWORTH (MYLS). WE ELEVATE SPIRITS WITH ARTS AND ATHLETICS, EDUCATE MINDS WITH ACADEMICS AND EMPOWER EVERYBODY THROUGH ALLYSHIP. ALL THESE PRACTICES AMOUNT TO A LIFESTYLE WE CALL **#SUPERHEROLIFE!**

## WHAT IS SUPERHERO LIFE?

"**SUPERHERO LIFE**" IS AN ONGOING PRACTICE OF SELF-DISCOVERY, PERSONAL TRANSFORMATION AND HARMONIC BALANCE WITH THE WORLD AROUND US. WE DISCOVER AND UNLOCK THE SUPERPOWERS WITHIN; AND THEN WE USE OUR GIFTS TO TEAM UP WITH OTHER HEROES AND SERVE OUR COMMUNITY.

## WHAT IS THE LOVE CORPS FIELD MANUAL?

THE "LOVE CORPS FIELD MANUAL" IS A COLLECTION OF PRACTICES AND PHILOSOPHIES WE USE TO DISCOVER AND UNLOCK OUR SUPERPOWERS. THEN WE USE THESE GIFTS TO ELEVATE, EDUCATE AND EMPOWER OURSELVES AND ONE OTHER.

## WHAT IS A HERO?

"HEROES" COME IN ALL SHAPES AND SIZES, FROM ALL DIFFERENT BACKGROUNDS AND WITH ALL KINDS OF "GIFTS" OR "SUPERPOWERS" TO SHARE. AT LOVE CORPS, A "HERO" IS SOMEONE WHO PRACTICES HONOR, EMPATHY, RESPECT AND OBJECTIVITY.

H - HONOR (*HONOR YOUR WORD, HONOR SHARED SPACES, HONOR YOUR FELLOW HUMAN*)  
E - EMPATHY (*BE AWARE OF, RESPONSIVE TO, AND UNDERSTANDING OF OTHERS' EXPERIENCES*)  
R - RESPECT (*TREAT THE WORLD WITH CARE AND KINDNESS, WITH DIGNITY AND INTEGRITY*)  
O - OBJECTIVITY (*KEEP AWARE OF BLIND SPOTS, BIASES AND ATTITUDES WHERE CLARITY IS NEEDED*)

THESE PRACTICES ALLOW US TO SUPPORT AND COLLABORATE WITH ONE ANOTHER, WHILE STILL MAINTAINING THE WELL-BEING, AUTHENTICITY AND AUTONOMY OF EVERYONE INVOLVED.

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**I.♥.VE CORPS**

# FIELD MANUAL



*We're the Heroes we've been waiting for.*

**INSIDE EACH AND EVERY HUMAN BEING RESIDES A UNIVERSE OF POTENTIAL, A DORMANT ELEMENT, A SUPERPOWER HIDDEN FROM VIEW- JUST WAITING TO BE DISCOVERED...**

***WHAT'S YOUR SUPERPOWER?***

## WHAT IS A SUPERPOWER?

IN COMIC BOOKS AND SCI-FI STORIES, THE SUPERPOWERS OFTEN LOOK LIKE FLYING, SUPER STRENGTH AND LASER EYES. FOR REAL-WORLD SUPERPOWERS, WE LOOK AT OUR "HIGHEST ABILITIES" OR OUR "SUPERPOWERS". HUMAN BEINGS HAVE POWERS THAT COME IN 3 FORMS- MIND, BODY AND SPIRIT.

## DIFFERENT KINDS OF SUPERPOWERS

**MIND**

**THOUGHTS - INTELLIGENCE / STRATEGY / MEMORY / CREATIVE THINKING / KNOWLEDGEABILITY / ACADEMICS**

**SPIRIT**

**ENERGY - INSIGHT / WISDOM / PATIENCE / INTUITION / EMPATHY / RELATIONSHIP / PASSION / LOVE / ARTS**

**BODY**

**ACTION - STRENGTH / AGILITY / ENDURANCE / FLEXIBILITY / DEXTERITY / EXPERIENCE / ALLYSHIP**

LOVE CORPS IS A RESOURCE FOR EVERYDAY "HEROES" LIKE YOU! SUPERHERO LIFE IS ABOUT CARING FOR HUMANITY. SOMETIMES IT LOOKS LIKE TAKING ACTION TO HEAL OUR PLANET OR SOLVING A PROBLEM FOR OUR COMMUNITY. SOMETIMES IT'S A SMALLER ACT BUT JUST AS MEANINGFUL.. LIKE CONSCIOUS SELF-CARE OR BEING A GOOD FRIEND TO SOMEONE. HUMAN BEINGS CAN DO AMAZING THINGS! AND WITH OUR POWERS COMBINED, TOGETHER WE CAN TRANSFORM TOMORROW INTO A BEAUTIFUL PLACE FOR EVERYONE. SEE YOU OUT THERE, SUPERHEROES!

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