

Helpful Quotations From
**The Values String: A book on Transitional Life,
Compelling Fulfillment, and Profound Peace.**

By Ukpeme Akpan Okon

“As you attain heights, someone is viewing you from below.”

“When expectant, focus on the bright sides.”

*“I can’t find the right place to be at ease!
What an excuse, say the trees.”*

“You may not see your journey’s end but enjoy the sail and keep looking ahead.”

“The scenery will look different, when the shine is gone.”

“Your self-view is the most accurate.”

“The nurture of another life is worthwhile.”

“Challengers are not necessarily enemies.”

“Your actions during a storm matter.”

“Focus on your goals. Move with confidence. Stay balanced. Don’t quit.”

“The often unnoticed little details can be seen, when the focus is less on the background.”

“Meticulosity is not perfection.”

“Some paths of life may seem to be dark. If you persevere and keep walking, you will notice lights beaming down.”

“When you retreat from the hustle and bustle, you will realize you deserve a treat.”

“Possibilities can be realized by open -mindedness.”

“Everyone is capable of transformation.”

“Even small enclosures emit light.”