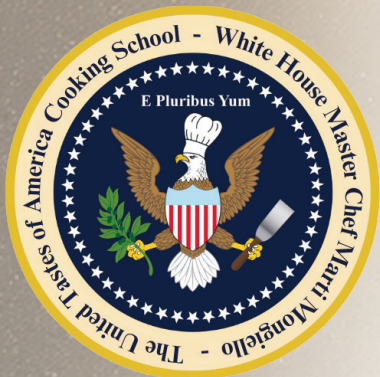




THE CARTER FAMILY GEORGIA CORNBREAD

This recipe holds its fame in my White House cookery for its unusual use of white and yellow cornmeal (mixed).

By Chef Marti Mongiello

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Ingredients

- 1 cup all-purpose flour
- ½ cup white cornmeal
- ½ cup yellow cornmeal
- 4 tsp. baking powder
- ½ tsp. kosher salt
- 1 cup whole milk
- 1 Tbsp. sugar macerated in the milk to dissolve
- 1 large egg
- 8 Tbsp. unsalted butter, plus 1 tsp. for the pan

Directions

Heat oven to 425°F and butter an 8-inch pan. Whisk flour, cornmeal, baking powder, and salt. Melt 8 Tbsp. butter, then add milk and sugar, and warm on the stove until combined. Stir into the dry ingredients, add the egg, and mix until smooth. Let it soak 15 minutes (a family trick they do). Pour into the pan and bake 15–20 minutes until golden and firm. Cool 10 minutes, slice, and serve warm.



One of two of Jimmy's
boats, the USS K 1 (SSK-1)

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US SECRET SERVICE CODE NAMES for PRESIDENT AND FIRST LADY CARTER: Deacon (sometimes also listed as Lock Master), and Dancer (sometimes also given as Lotus Petal). Their children reportedly had matching-letter code names (starting with “D”), including: Amy — Dynamo, Chip — Diamond, Jack — Derby, & Jeff — Deckhand

Jimmy Carter’s Navy legacy reads like a quiet epic—part courage, part conscience. Serving aboard the USS K-1, later renamed the USS Barracuda, he honed his skills as one of the early officers in America’s nuclear submarine program. His service became heroic when he entered the damaged NRX nuclear reactor at Chalk River, Canada, helping prevent a catastrophic meltdown. Just as defining was a moment in the Bahamas: when K-1 docked at Prince George Wharf in Nassau, on New Providence Island, and Carter was later handed a printed invitation from the Governor stating that Black sailors were excluded. They held an immediate meeting on the Mess Decks with the Skipper and asked for the whole crew to vote out loud. The officers and crew boycotted the British event, choosing principle over pomp. Carter himself documented these moments in his memoir **A Full Life: Reflections at Ninety**, preserving a legacy of bravery beneath the waves and integrity above them.

