

2024 Information Packet



EHC Nampa Summer Camps offer an amazing program for Kindergarten through 9th grade kids (Ages 5 – 15) with several different kinds of sports classes include Martial Arts and other sporting activities. Through our Martial Arts classes we offer Life Skills Lessons in areas such as respect, self-discipline, focus, confidence, and much more! We may schedule frequent field trips and all drivers are required to provide a copy of their current driving record and all coaches are required to have a criminal background check.

Safety is our #1 focus at Empty Hand Combat's Summer Camps. We only accept the best kids and best coaches in our program. EHC Summer Camps is NOT a babysitting service nor is it a child care provider, it is a Day Camp that offers incredible classes that your child(ren) will absolutely love!

**Hosted By: Empty Hand Combat Martial Arts
Training Warriors in Nampa, Idaho since 2009**



EHC Nampa Summer Camps T-Shirts and Martial Arts Uniform!!!

Child(ren)'s Name(s): _____

How Many Of Each T-SHIRT Size Would You Like? : Only \$19 (plus tax) each!
(required to attend field trips)

Child Small (7-8) # _____

Child Med (10-12) # _____

Child Large (14-16) # _____

Small Adult # _____

Medium Adult # _____

Large Adult # _____

X-Large Adult* # _____

ALL CAMPERS ARE REQUIRED TO HAVE A MARTIAL ARTS UNIFORM.

Uniform Cost is \$50.00(plus tax)

Martial Arts Uniform

Size(s): _____ Quantity: _____

(Ask Staff Member)

<u>ADD CHILD'S WEIGHT & HEIGHT FOR UNIFORM SIZE</u>	
<u>HEIGHT</u>	<u>WEIGHT</u>

I understand that nothing can be left overnight and E.H.C is not responsible for lost or stolen items.

I give E.H.C Kids Summer Camp permission to apply the cost of the T-Shirt(s) and/or Uniform(s) to my method of payment on file. ____

Parent's Signature

Date

E.H.C. Kid's Camp
Emergency Contacts and Medical History

Child's Name: _____

Child's Age: _____ Date of Birth: _____

Child's Elementary or Middle School: _____

School District: _____ First Day of Summer Break: _____

Parent(s) Name(s): _____

Cell Phone: _____

Email Address: _____

Emergency Contact(s) Name and Relationship to Student:

How did you hear about us? _____

Please list all approved adults who are allowed to pick up your child with a valid state or government ID: (Include their **phone numbers** and **relationship to child**.) Approved Parents Should Also Be Listed.

At what time will your child(ren) usually be dropped off and picked up? (Earliest drop-off time 7:30 , camp starts at 9am and ends at 5pm, latest pick up is 6pm)

Drop off: _____ : _____ AM / PM Pick Up: _____ : _____ AM / PM

Does your child have **any allergies**? If none, please mark N/A.

Does your child have any **medical conditions** that we should know about? If none, please mark NA.

Parent's Printed Name

Parent's Signature

Date

Awesome E.H.C. KIDS Camp Memberships

Check one box below to choose the BEST Membership for your family!
Registration fee is ONLY \$29.97 per child for Summer Break Camps! Awesome!
(Member refers to Evening Martial Arts Students.)

Single Day Of Camp:
(\$50 per day) Dates: _____

Paid in Full-VIP Summer Membership: (SAVE over \$1,100 right now!)

Summer Camp is normally \$2,750 for the entire Summer, but this membership is perfect for families that want to make one payment today of \$1,650 and save \$1,100 right now! This membership is non-refundable or transferrable. **Special Bonus:** As a E.H.C KIDS Summer Camp Member, you will receive a 50% discount on any Evening Martial Arts Program through Empty Hand Combat during the weeks of summer camp. You will also receive a weapon of your choice as a bonus, Free Uniform, T- shirt, Boxing Gloves & a Mini Private lesson. (Worth \$ 245) 😊

Full Summer Membership: Most popular! (SAVE Over \$825)

Parents love this affordable membership! This is our most common membership, and it is perfect for families that want to receive a HUGE loyalty discount for registering for the E.H.C KIDS Summer camp for the entire summer! Summer Camp is normally \$250 per week, but when you join today, your child's tuition is **only \$175 per week**, and you SAVE \$75 per week! **Special Bonus:** As a E.H.C KIDS Summer Camp Member, you will receive a 50% discount on any Evening Martial Arts Program through Empty Hand Combat during the weeks of summer camp. You will also receive a Free Uniform, T- shirts, Boxing Gloves & a Mini Private Lesson. (Worth \$ 195). 😊 This payment will be charged on a weekly basis, 7 days before each camp begins.

Summer Week-By-Week Membership: (SAVE \$51 per week!)

This membership is perfect for families that want to attend the E.H.C. KIDS Summer camp on a week-to-week basis. Maybe you don't need the entire Summer, but you still want to reserve a few weeks! This program is normally \$250 per week, but when you join today, your child's tuition is only \$199 per week! This membership may be cancelled at any time with a 7-day notice.

****Special Bonus:** As a E.H.C. KIDS Summer Camp Member, you will receive 30-50% discount on all school year camps when your child's school is closed (Spring Break, President's Day, etc.!

3-5 DAYS CONSTITUTES ONE WEEK. Check the boxes for the summer camp your child will attend:

- | | | |
|---|---|---|
| <input type="checkbox"/> Week 1: May 28-31 | <input type="checkbox"/> Week 5: June 24-28 | <input type="checkbox"/> Week 9: July 22-26 |
| <input type="checkbox"/> Week 2: June 3-7 | <input type="checkbox"/> Week 6: July 1-3 | <input type="checkbox"/> Week 10: July 29 – Aug 2 |
| <input type="checkbox"/> Week 3: June 10-14 | <input type="checkbox"/> Week 7: July 8-12 | <input type="checkbox"/> Week 11: Aug 5-9 |
| <input type="checkbox"/> Week 4: June 17-21 | <input type="checkbox"/> Week 8: July 15-19 | |

***Please Note that we are closed on July 4th - 5th**

Registration Fee normally \$29.97, with 25% discount \$22.48

Parent's Signature

Date

E.H.C. Kids Payment Authorization

Parent's Name: _____

Child(ren)'s Name: _____

Billing Address: *(Please print neatly)*

City: _____ **State:** _____ **Zip Code:** _____

Type of Credit Card: *(Please Circle One Below)*

Visa

MasterCard

Amex

Discover Card

Card Number: _____

Expiration Date: _____ **CVV#:** _____

***I authorize E.H.C. Kids to use this method of payment to collect all tuition payments and other future purchases that I choose to make for my child. ***

Parent's Signature: _____ **Date:** _____

E.H.C. Kids Camps Disciplinary Procedures

Camp participants are expected to always exhibit appropriate behavior while at camp. To provide all campers and staff with a camp experience that is safe and enjoyable, the following guidelines have been developed. A caring and positive approach will be taken regarding discipline. Camp staff will reinforce appropriate behavior through positive reinforcement, firm statements, and redirection of activity. We also have a martial arts culture and will operate accordingly. All campers must understand and follow the guidelines set forth. Please review these guidelines with your child.

- Talk pleasantly. Foul language, putdowns, and bullying will not be accepted.
- Be safe! Always obey camp rules, bus rules, and staff.
- Treat all equipment and supplies with proper care and respect.
- Show respect for the staff, bus drivers, and fellow campers.
- Running and excessive shouting while indoors is not allowed.
- Aggressive behavior that threatens any child, staff, or others will not be permitted at camp.
- Have a positive attitude and have fun! Listed below are the discipline procedures for campers who are exhibiting unacceptable behavior.

Discipline Steps

Depending on the severity of the behavior, we may skip a particular step. (I.E. aggressive behavior will not be tolerated. Hitting of any kind, profanity, and bullying are all grounds for immediate expulsion.) Note: We have a martial arts culture and will use physical exercise at times for disciplinary purposes such as running laps, push-ups, etc.

There are no refunds for money paid if your child has been expelled.

Step 1: - Verbal Warning

Step 2: - Time Out or time away from the group. During a time-out a camper may have to sit out from activities including games, crafts, or a special event. Parents will be notified their child was given a time out. A physical punishment may be given such as push-ups, etc.

Step 3: - Written Warnings. If a child persists in unacceptable behavior, a written warning will be issued. The Lead Counselor will speak with the child and their parent/guardian. The parent/guardian will be required to sign the written warning when you pick your child up from camp.

******After receiving two written warnings the child will be dropped from Summer Camp and will not be permitted to sign up for Summer Camp in the future. No refunds will be given but future payments will be cancelled. The staff will review these rules with your child at the beginning of camp as well. Thank you in advance for your cooperation. We hope to have a great summer!***

I have read and discussed the Day Camp Guidelines and Discipline Policy with my camper.

Child(ren)'s Name _____

Parent's Signature _____ Date _____

E.H.C. Kids Camps Permission Slip and Terms and Conditions

Thank you for registering your child in our camp! We are committed to making your experience with E.H.C. Kids Summer Camp amazing! Please read the terms and conditions below and then sign and date the bottom.

Child(ren)'s name(s): _____

By signing below, I am enrolling my child(ren) in the Empty Hand Combat Kids Summer Camp program also referred to as "E.H.C. KIDS." I hereby give permission to E.H.C. Kids for my child to participate in a variety of outdoor and indoor sports activities, which may include jumping in an inflatable bounce house, attending off site field trips, transported by E.H.C. KIDS for field trips, and other physical activities that may not be listed here. I understand that there are certain risks of injury inherent in the practice and play of the physical activities that are offered by E.H.C. Kids, as well as in traveling to field trips and other related activities incidental to my child's participation and I am willing to assume these risks for myself and my child. I hereby certify that my child is fully capable of participating in the E.H.C. Kids camp and that he/she is healthy and has no physical or mental disabilities or infirmities that would restrict full participation in this activity, except as included in writing with this waiver.

I also understand that E.H.C. summer camp is a mentoring program and that my child will be taught basic life lessons based on the Bible. In addition to giving full consent for my child's participation, I do hereby waive, release, hold harmless, and covenant not to sue E.H.C. Kids, E.H.C. Kids Ministries, Empty Hand Combat Martial Arts, its officers, coaches, employees, sponsors, supervisors, and representatives for any injury or loss that may be suffered by my child during the participation in this camp and the activities included thereto, whether the result of negligence or any other cause.

By enrolling in the E.H.C. KIDS camp, E.H.C. KIDS after school program, or any of the E.H.C. KIDS sports classes; I acknowledge and agree to these policies by signing and dating this agreement below. **I understand that all "VIP" single payment memberships and "Entire Summer" Memberships are non-refundable or transferable. If I decide to cancel my membership, I will be responsible for the entire purchase price of the membership regardless if my child attends camp. I understand that if I purchased the "week-to-week" membership and I need to cancel or reschedule a week of camp that I purchased, I must give E.H.C. Kids a 7-day notice before my next billing date, or I will be responsible for paying for the week(s) I have reserved.** I understand that a week is considered to be 3-5 days out of each calendar week. We are closed on all national holidays including Independence Day. A cancellation form supplied by a E.H.C. KIDS Director must be completed to give official notice. **I understand that no refunds or credits will be issued if my child misses any days of camp or if he/she is expelled from camp.** If my child is sick, he/she will not be allowed to return until they have been symptom free for at least 24-hours. Tuition is collected by E.H.C. Kids 7 days prior to each weekly camp session. I understand that if my tuition is late due to an expired or invalid credit card, or insufficient funds, I will be automatically charged a \$15 late fee.

I understand that I must pick up my child by 6pm each day. At 6:05pm my account will automatically be charged \$2 per minute that I am late retro to the initial pick-up time of 6:00pm.

Field trips are optional and will cost \$15 per trip. My child is required to wear a E.H.C. KIDS Camp T-shirt on each field trip. If you have paid for the field trip and your child does not attend or cannot attend due to being late or not having their camp shirt, etc., there is no refund for that field trip.

E.H.C. Martial Arts Uniforms are required for each camp student. Martial Arts is the main theme of our camp.

Parents also agree to not use profanity at our facility and will dress modestly to uphold our culture when at E.H.C.

I will have the opportunity to register for field trips in person by signing the registration form at the welcome desk in the E.H.C. summer camp's lobby. Refunds or credits are not issued for missed field trips.

I understand that my child may be photographed, and video recorded for marketing purposes. I also agree that no monetary compensation will be given for the use of these photos or videos, and they are the property of E.H.C. summer camp.

I understand that my child is required to bring a bagged lunch and two snacks each day. E.H.C. has snacks and drinks for sale for \$1 each that my child may purchase for cash. I agree that if my child does not have cash, that E.H.C. KIDS has permission to charge my credit card on file for the snack if they do not have both snacks or even if they eat both snacks before snack time and want another snack during snack time.

My child is required to bring a bottle of water to be refilled throughout the day. If my child does not bring a bottle, one will be provided for \$0.50 that will be charged to my account.

At the end of camp, many campers will receive the next level belt. Unlike most Dojos, your belt test is Free and we do not charge for belt tests. If you continue with our Dojo (gym), that's over \$200 a year savings in belt test fees alone.

To ensure the safety and security of my child, I understand that any approved adult on my emergency contact form will need to provide a proper state or government issued ID in the event that they have to pick up my child from E.H.C. Summer Camp.

I also understand that E.H.C. Kids Summer Camp operates according to the "Come and Go" policies. I acknowledge that E.H.C. is not a daycare and that their stock in trade is not supervision and care but rather their intent is to teach martial arts including physical, spiritual, and philosophical character-building skills. I further acknowledge that my child(ren) is/are free to come and go if they are to stay at the facility it is at my direction and not E.H.C. Parents, legal guardians, and approved adults can pick up their children at any time during this program. I give permission to E.H.C. Kids to charge my method of payment the registration fee to hold my child's spot.

I UNDERSTAND THAT DURING THIS CAMP, I AM ENROLLING MY CHILD(REN) TO SOCIALIZE AND DO PHYSICAL ACTIVITIES TOGETHER. I UNDERSTAND THAT IF MY CHILD SHOWS SIGNS OF SICKNESS, THEY WILL BE QUARANTINED AND YOU AS THE PARENT WILL BE REQUIRED TO COME PICK UP YOUR CHILD(REN) IMMEDIATELY. I ALSO UNDERSTAND THAT E.H.C. CAMP IS A SPORTS CAMP WITH A FOCUS ON MARTIAL ARTS AND PERSONAL DEVELOPMENT. WITHIN THE MARTIAL ARTS AND SPORTS CULTURE, WE MAY PERIODICALLY USE PHYSICAL ACTIVITIES FOR DISCIPLINARY PURPOSES SUCH AS PUSH UPS, RUNNING LAPS, PLANKS, ETC.

AGAIN, I DO HEREBY WAIVE, RELEASE, HOLD HARMLESS, AND COVENANT, NOT TO SUE E.H.C. (EMPTY HAND COMBAT), E.H.C. CAMP, E.H.C. MARTIAL ARTS, THEIR OFFICERS, COACHES, EMPLOYEES, SPONSORS, SUPERVISORS, AND REPRESENTATIVES, FOR ANY INJURY OR LOSS, AND EVEN DEATH THAT MAY BE SUFFERED BY MY CHILD DURING OR FROM THE PARTICIPATION IN THIS CAMP, AND THE ACTIVITIES INCLUDED THERETO.

I COMPLETELY UNDERSTAND AND AGREE TO THESE TERMS!

Parent's Printed Name

Date

Parent's Signature

Please submit all pages and payment information to Empty Hand Combat at 1124 1st Street South, Nampa, ID 83651.

Please contact us if you have any questions. You may reach us by emailing cosmo@emptyhandcombat.com or by calling 208-467-3138.

We look forward to seeing your kids at camp!!!