

"Worrying is carrying tomorrow's load with today's strength- carrying two days at once. It is moving into tomorrow ahead of time. Worrying doesn't empty tomorrow of its sorrow; it empties today of its strength." ~ Corrie ten Boom, a Dutch watchmaker, Christian writer, and Holocaust rescuer and survivor

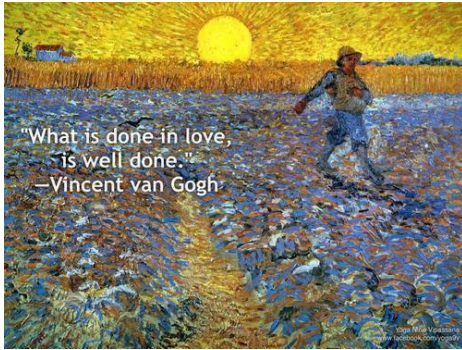
"The great thing to remember is that though our feelings come and go God's love for us does not." ~ C. S. Lewis, British author, literary scholar, and Anglican lay theologian

"Do not look forward to what may happen tomorrow; the same everlasting Parent who cares for you today will take care of you tomorrow and every day. Either God will shield you from suffering, or God will give you unfailing strength to bear it. Be at peace, then, put aside all anxious thoughts and imaginations, and say continually: 'God is my strength and my shield; my heart has trusted in God and I am helped. God is not only with me but in me and I in God.'"
~ Saint Francis de Sales, Catholic Bishop and spiritual writer during the Counter-Reformation



Sunday 05/17/2026 "Cast Your Anxiety Upon God, For God Cares for You"
1 Peter 4:12-14; 5:6-11 and John 17:1-8

Weekly Inspiration



Love is the Answer by Pastor Rich

I have one of those little inspirational calendars that Jeff bought for me, with a little quote each day. Today's quote made me rejoice and I knew I wanted to share it with you:

"Love many things, for therein lies the true strength, and whosoever loves much performs much, and can accomplish much, and what is done in love is well done." Vincent van Gogh

I am a great fan of Van Gogh's works and read some of his writings, but I had never heard this one. For me, it summarizes nicely a theology of love. For God is love, and all who love, love God. It's almost like we need to imagine the magical power we have to bestow love on all things and all relationships. Ok, pick up your fairy wands now and go shake them around! Picture it however you need to, but know that the love you impart greatly impacts the world.

This resonates deeply with me because I always know and can tell when I am moving in love. When I am operating out of "my God place" and I can feel the love coming back to me - it doesn't mean the problem is solved or the project completed, but it is a calm assurance that I am on the right path - the loving path that Jesus encouraged his disciples to follow.

All you need is love, luv; love is all you need!

Love, Rich

Metropolitan Community Church of the Quad Cities. A progressive Christian community

Where *YOU* and *YOUR* spiritual journey are always *WELCOME*

2930 W. Locust, Davenport IA 52804 - Phone: 563.324.8281 Pastor Rich 563.940.9630

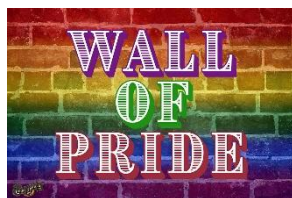


Service at 11am on Sundays

Regular Office Hours: Monday 9-5; Wednesday Noon-5pm; Thursday 9-11

Pastor Rich available by appointment or stop by on Wednesdays from Noon – 2pm

Special Announcements



MCCQC, with the help of Ellen Morton, is creating a Wall of Pride in our social hall and we need your help. We will begin designing the wall on Thursday May 21st.

Please bring Pride items that can be hung on the art wall or displayed on tables. This could be t-shirts, clothing, pictures, jewelry, hats, figurines, buttons, posters...whatever cool stuff that you have collected over the years that represent LGBTQ+ Pride. You can bring items to church on Sunday the 17th or drop them off with Jennifer Robb between 10am and 4pm on Monday the 18th or Noon to 4pm Wednesday the 20th. Please include a label or note with your name so that we can keep track of your cherished items.



[Interested in making raffle baskets for Trivia Night on 8/14? Talk with Jolene Ramsey-Moody or send her an email at \[ms.moody2005@hotmail.com\]\(mailto:ms.moody2005@hotmail.com\)](#)



Iowa Primary Election June 2nd

(Only voters who are registered with the Democratic or Republican party can vote in primary election. You can register to vote and/or declare your party affiliation at your polling location.)

Absentee Voting (Early Voting & In-Person Early Voting) Absentee Ballots will be available beginning Wednesday, May 13, for mail and in-person voting. [Download the absentee ballot request form here.](#)

- The first day of in-person absentee voting and the first day the Auditor's Office can mail ballots is Wednesday, May 13.
- The last day an absentee ballot may be mailed to a voter for this election is Monday, May 18.
- Early voting is available starting Wednesday, May 13 thru Monday, June 1 from 8:00 a.m. to 4:30 p.m. in the Auditor's Office on the fifth floor of 600 W 4th Street, Davenport, IA 52801.
- Saturday voting is available on Saturday May 30 from 8:00 am to 4:00 pm in the Auditor's Office on the fifth floor of 600 W 4th Street, Davenport, IA 52801.
- In-person absentee voting in the office of the Scott County Auditor closes at 4:30 p.m. on Monday, June 1.
- Requests for absentee ballots must be in writing and should be mailed or delivered to: Scott County Auditor, 600 W 4th Street, Davenport, IA 52801
- The ballot drop-box will be open on Wednesday, May 13 through June 2 at 8:00 pm. It is located in the west end of the parking lot at the Scott County Administration Building, 600 W. 4th Street, Davenport.
- More information on [Absentee Voting](#) follow the link.

All domestic absentee ballots must be received by 8:00 pm on Election Day to be considered on time to be counted. Postmarks no longer are acceptable.

THE LAST DAY TO RETURN YOUR ABSENTEE BALLOT BY MAIL IS MAY 26. After May 26 return it to the auditor's office or use the drop box.

Election Day Voting

If you plan to vote on election day, June 2nd you can find your polling location and precinct [Find My Precinct/Polling Place | Iowa Secretary of State - Paul D. Pate](#)

You can view a sample ballot for your precinct [2026 Primary Election \(June 2, 2026\) - Elections - Scott County, Iowa](#)



The MCCQC Worship team is always looking for new faces. We are adding back to the schedule a "Visitor Greeter" position for each Sunday, which involves welcoming new guests and offering an MCC coffee cup or beverage glass. Also, making sure that there are always filled ones for the next worship service. So please pray about your possible role on our team and let Sheri Carnahan or Jennifer Robb know when you would like to start.



Desserts are needed for Feed the Hungry the 4th Friday of every month. Thank you for this month's donations. Our next date is May 22nd, and items should be delivered prior to 3pm on that date. The team leaves no later than 4:45pm to head to Zion Lutheran Church for setup.

If you have been wondering how you can contribute to the church, we are looking for bar cookies, regular cookies, Rice Krispie treats, etc. Nothing with nuts, please. Anything that can be put in a baggie and handed out to our guests during Feed the Hungry. Home-baked items are truly appreciated by our dinner crowd, but you can always contribute store bought items.



We are seeking an additional cleaning crew member. Our current team, Ellen Morton, Carl Feaster and Eric Spurgeon, meets weekly on Thursday morning and they would love to have you join them. Tasks include mopping, sweeping, dusting, windows, light fixtures, bathrooms, sanctuary, board room, offices, and kitchen area including appliances. Please see Ellen Morton or Jennifer Robb with any questions.



Also, watch for a future announcement for indoor and outdoor Spring Cleaning when Winter finally ends!!



Recurring Events (All are at MCCQC unless indicated otherwise)

Banned Book Club- every Wednesday at 6:30pm

Bible Study – every Friday at 10am

Board Meeting – 4th Sunday at 12:30pm-2:00pm

Community Meal – 3rd Saturday at 5-6pm (5/16 Tostadas and Tres Leches Cake)

Dining Out – 2nd Tuesday at 6pm (6/09 TBD)

Game Night- 4th Saturday at 6pm in Social Hall. (5/23)

Recognition Sunday – 1st Sunday during service with potluck following

Sisters of Sobriety AA – every Saturday at 10am

Scheduled Events



Symphony of Belonging A Summit for Parents & Families of LGBTQ+ People and LGBTQ+ Parents & Families presented by Q Christian Fellowship. Virtual | May 16 - 17, 2026

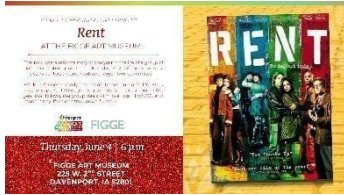
Navigating faith spaces with an LGBTQ+ child or loved one offers unique challenges and unique opportunities. It may feel like you're out of tune with your loved one or making music in a different key. Or you might feel a deep sense of harmony as a family or chosen family.

No matter what questions you have or where you are on this journey, we invite you to join us online on May 16 & 17 for a two day proclamation that LGBTQ+ people are beloved and aims to equip loved ones and parents, including those who are LGBTQ+ themselves, to live out that reality. **This year we are excited to have the following keynotes join us:**

- Free Mom Hugs Founder, Sara Cunningham
- Cartoonist & Writer, David Hayward, aka The NakedPastor
- Advocate & Vocalist, Min. Darren Calhoun
- Pastor & Advocate, Rev. Laura Beth Buchleiter
- Musician & Public Theologian, SueAnn Shiah

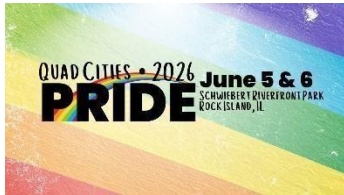
For more information, go to <https://www.qchristian.org/parents summit>

Check out the Pride events scheduled for June!!



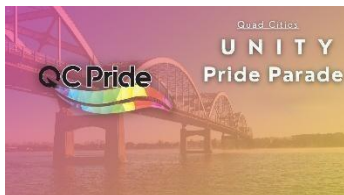
Thursday, June 4, 2026 6:00-8:30 PM Figue Art Museum 225 W. 2nd St Davenport

In honor of 40 years of service to people living with HIV, The Project invites you to a FREE screening of Rent at the Figue Art Museum!



Quad Cities Pride Festival is a vibrant two-day celebration of love, diversity, and equality, bringing the community together for an unforgettable experience! 🌈 🍷 Enjoy live entertainment, local vendors, food, and family-friendly activities while supporting LGBTQIA+ pride in the Quad Cities. Join us June 5 & 6 at Schwiebert Riverfront Park in Rock Island for a weekend of joy, inclusivity, and fun! 🍴 🍷

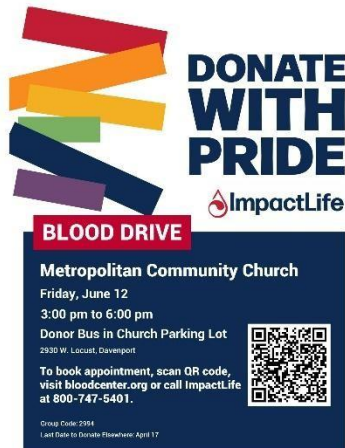
Friday: 5:00 pm - 11:00 pm Saturday: 12:00 pm - 11:00 pm [\(1\) Facebook](#)



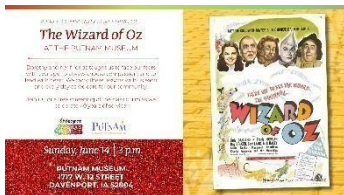
Save the date: Unity Pride Parade will be held on Saturday June 6th Watch for more details as they become available.

Here's a picture of a bumblebee butt and its little legs hanging out of a flower just in case you needed it today.





Save the date: Friday June 12th 3-6pm Blood Drive at MCCQC The ImpactLife Donor Bus will be in our parking lot on Friday June 12 from 3-6pm. To book an appointment you can scan the QR code, visit bloodcenter.org or call ImpactLife at 800-747-5401. **Our Group Code number is 2994.** You can also contact Jennifer Robb at 563-324-8281 or jennarobb0430@gmail.com.



Sunday, June 14, 3:00-6:00 PM Putnam Museum 1717 West 12th St Davenport

The Project of the Quad Cities invites you to a FREE screening of the classic 1939 film The Wizard of Oz in celebration of our organization's 40th anniversary. Join us at the Putnam Museum on Sunday, June 14 at 3 p.m. *No RSVP necessary! Just show up!*



Thursday June 18th @ 6:30pm Pride Night at ballpark

The Project of the Quad Cities and the Quad Cities River Bandits invite you to Pride Night! Join us at the ballpark on Thursday, June 18 at 6:30 p.m. More details to follow.



Saturday June 27th 3-11pm Pride Party at Bass Street Landing 1601 River Drive Moline Save the date for the Annual Pride Party at Bass Street Landing! *Admission to Pride Party at Bass Street Landing is FREE.*

Saturday June 27th at 8am “Walk, Run & Roll” Pride 5k, 10K and 1 Mile Fun Run...plus a Costume Contest with Wizard of Oz theme



Register at [Pride 5K: Walk, Run, & Roll Presented by The Project of the Quad Cities registration information at GetMeRegistered.com](https://www.getmeregistered.com)



Sunday June 28th at 1:00pm “Proud Americans”, a celebration of Queer American composers. A flute recital presented by Paul Mizzi. More details to follow.



Save the date!! MCC QC Trivia Friday, August 14th at MCC. Doors open at 5. Trivia at 6. \$13 per 8-person table and this includes 10 mulligans and one doubler. Those with 8 or more items for food pantry at their table get an extra mulligan! Start thinking about making baskets and/or volunteering to help. We will also be selling \$8 Walking Tacos. We need baskets and/or other raffle items. See Jolene Ramsey-Moody with any questions.



Save the date: Weekend of October 17th, 2026. The 2026 West Central USA Network Gathering will be hosted by Metropolitan Community Church of Greater St. Louis.

Watch for details in the future regarding the cost of the gathering and hotel accommodation. Website for MCC GSL MCCGSL



PRAYERS OF THE COMMUNITY

Please add/update prayer requests via email: richdhendricks@msn.com or call 563-324-8281

Greg Kennedy health concerns

Prayers for Dave Hendershot with cancer

Prayers for trans service members and trans community

Angel prays for her sisters Dawn Thomas and Marla Clackott and brother Ken Thomas with health issues

Prayers for good health to us all from Osumo

Marsha prays for Jason & Family and for Teddy & Terry Palmer

Deb asks prayers for Margaret Ristau

Julie asks for continued prayers for Raquel and family; church family
 Prayers for Amanda's father
 Prayers for our nation
 Marsha V-Z prayers of healing for Anayia and Penny
 Prayers for Cindy with cancer
 Sarah prays for great uncle Walter for health and happiness
 Osumo asks prayers for her son who is yet to join college
 Loretta prays for Kelly who is struggling. Continued prayers for Margaret and Mona
 Prayers for the safety of all of our immigrant neighbors
 Kurt as he recovers from recent knee surgery
 Shannon as she recovers from recent knee surgery
 Kevin as he recovers from recent heart attack
 Jeff recovering from surgery
 Deb asking prayers for Steve Davis
 Prayers of thanks that Pastor Rich and Jeff were not harmed in recent car accident
 Patricia asks prayers of healing for brother-in-law Craig as he recovers from knee surgery

Continuing health issues: Sharon Rash, Jen Jarvis, Terri Patterson, Anna Hitchcock, Connie Hildebranski, Christine Jackson, Walt Youngman, Deb Calsyn-Polson, Greg Starjohann, Larry Best and Russ Wood, Kevin Detra, Margaret Ristau, Donna Kuhl, Dixie Carter, Mona Riteman, Marvin Brown, Bebe Geis, Bob R, Cyndi H, Mona Riteman

BY THE NUMBERS

MCC QC & those touched by our ministries thank you for your regular giving!
Please consider using your Online Bill Pay feature at your bank, drop off in mailbox/office or mail checks to 2930 W Locust, Davenport, IA 52804

We also have PayPal  **and Venmo**  **venmo**

Date	Attendance	Offering
May 3 rd	52 (virtual 408)	2118.00
May 10 th	56 (virtual 306)	1300.00
	Cookie Walk Sales	1060.00
	General Fund Checking Balance	4166.23



For your safety: During Worship Service, the outside doors will remain locked after 11:10am and will not reopen until after service is over. There can be no exceptions regardless of who is at the door. Please do not text the ushers and ask them to let you in.

**If you are late, please join us on Facebook Live and plan to attend the following Sunday.
Thank you for your cooperation.**

Love God ~ Love One Another; everything else is window dressing ~ Love, Rich

**Rev. Rich Hendricks Metro Community Church Quad Cities 2930 W Locust Davenport, IA
52804 563.324.8281**