"Each week, from a different point of view, you get another look at God, and that's exciting to me." ~ Della Reese, singer and actress

"I believe that nothing that happens to me is meaningless and that it is good for us all that it should be so, even if it runs counter to our own wishes. As I see it, I'm here for some purpose, and I only hope I may fulfill it." ~ Dietrich Bonhoeffer, German Lutheran pastor and anti-Nazi dissident

You never really understand a person until you consider things from their point of view." ~ Harper Lee, author "To Kill a Mockingbird"



Sunday 08/31/25 "Cross Purposes"

Psalm 139:1-6, 13-18 and Luke 14:25-33

A very special thank you to all of you for contributing to the Celebration of Life for Sue Calsyn-Polson and for wrapping your loving arms around our sister Deb.



Chank

Reminder: Sunday 9/07 Annual Congregation Meeting and Board/Lay Delegate Election

The meeting is immediately after service and in the sanctuary. There will be a few announcements and then members will vote on candidates for the board and the lay delegate.

Metropolitan Community Church of the Quad Cities. A progressive Christian community Where *YOU* and *YOUR* spiritual journey are always *WELCOME*2930 W. Locust, Davenport IA 52804 - Phone: 563.324.8281 Pastor Rich 563.940.9630

Service at 11am on Sundays



Regular Office Hours: Monday 9-5; Wednesday Noon-5pm; Thursday 9-11

Pastor Rich available by appointment or stop by on Wednesdays from Noon – 2pm



Sunday 10/26: Trunk or Treat 2-4pm

Friday 11/28: Thanksgiving Leftovers and Game Night 6pm until we are stuffed

Saturday 12/13: Annual Holiday Cookie Walk 9am - Noon

Special Announcements



It's time to take pics for the visual picture directory. Please see Pastor Rich or Jeff Transou if you have never had your picture taken or if you want to update your look!



Join the Movement! The Justice Choir of the Midwest is seeking singers

The focus area of their fall concert cycle is LGBTQ+ Justice, and the concert will be Sunday, November 16 (4 days prior to Trans Day of Remembrance) as a benefit concert for Clock, Inc. This ensemble is a community choir made up of singers from across the Quad Cities (and beyond); it is their hope to continue growing and providing an avenue for singers to raise their voices in protest and advocacy. They rehearse at First Presbyterian Church of Davenport on Sunday evenings from 5:30-7pm beginning September 14. The music director is Matt Bishop (bishop@fpcdavenport.org). To register go to https://forms.gle/DWT6j5fL4GEyss9o7



PLEASE HELP IF YOU CAN

Our Church expenses have been outpacing our income for several months now. This is not due to any spending that wasn't budgeted; it's due to our income not meeting our expense budget. Please consider whether you can increase your regular giving. Your continued (and, if possible, increased) monthly giving is very greatly appreciated.

THANK YOU for being MCC QC.

Love, Rich



Children's Story Time Every Sunday

Meshel RM and Mona Riteman are now rotating Sundays so that our children between the ages of 3 - 10 can experience this special time every week. Children are released after our opening hymn and will return to share communion. Thank you, Mona and Meshel, for providing this ministry!



Recurring Events (All are at MCCQC unless indicated otherwise)

Banned Book Club- every Wednesday at 6:30pm

Bible Study – every Friday at 10am

Board Meeting – 4th Sunday at 12:30pm-2:00pm

Community Meal – 3rd Saturday at 5-6pm (9/20 Orange Chicken and Rice)

Dining Out – 2nd Tuesday at 6pm (9/09 La Catrina 3559 W Kimberly Davenport)

Game Night- 4th Saturday at 6pm in Social Hall. (9/27 bring a snack to share if able)

Let's Write & Create Studio – every Thursday from 6-8 pm

Recognition Sunday – 1st Sunday during service with potluck following

Sisters of Sobriety AA – every Saturday at 10am

MCC Church Picnic pictures:















Scheduled Events



<u>September 5th thru November 7th.</u> Conversations in Faith, Exploring the questions you're afraid to ask is a new podcast being produced by Our Lady of The Prairie Retreat, and sponsored by St. Ambrose University, The Catholic Messenger and The Congregation of the Humility of Mary.

Each podcast, to be released September 5th and then the first Friday of every month thereafter, will feature two representatives of different faiths who will explore questions submitted by you – questions you have been pondering but are uncomfortable asking. To submit questions, email them to conversationquestions@chmiowa.org

Questions may be submitted for a particular faith or can be general questions to be answered by any faith.

This Interfaith podcast will offer perspectives from the intersection of faith and spirituality. It will feature regular people answering questions FROM their faith perspectives, not FOR their faiths.

Podcasts will be uploaded to popular podcast platforms such as Spotify, Soundcloud, Apple, Amazon, etc. Go to those sites and "favorite," or "like" the podcast, *Conversations in Faith, Exploring the questions you're afraid to ask* and you will be directed to this podcast favorite each time you log in.

The conversations will be moderated by Barb Arland-Fye. The upcoming schedule:

September 5: Islam and Jewish

October 3: Methodist and The Church of Jesus Christ of Latter-day Saints

November 7: Buddhist and Metropolitan Community Church



Saturday September 6th 9am - Noon. Nahant Marsh 4220 Wapello Ave Davenport

10th Annual Monarch Release Party, happening this year on September 6th! Join us as we celebrate a decade of monarch magic at Nahant Marsh! Our 10th Annual Monarch Release Party invites families, nature lovers, and curious minds of all ages to take part in an unforgettable experience—helping tag and release monarch butterflies as they begin their incredible journey to Mexico. Details at https://www.nahantmarsh.org/monarch-party



Sunday September 7th @ 7pm "Vision for the Planet" at UUCQC 3707 Eastern Avenue Davenport

A multimedia, music and visual experience by composer Jim Scott. Mixing powerful songs and striking projected images, *A Vision for the Planet* takes us from grieving to celebration and from protest to motivation to sustain life on our planetary home. Jim's lyrical melodies and outspoken poetry celebrate what's beautiful, amazing, and fragile about our Earth. Suggested donation: \$20 (or what you can afford to pay)



<u>September 12-14 and 19-21 "Murder on the Nile" at Playcrafters Barn Theatre 4950 35th Avenue Moline</u>

Playcrafters proudly presents "Murder on the Nile" by Agatha Christie. One of our members, Kathryn Klatt, is playing the role of Dr. Bessner. Please support her and support local theater. Tickets are \$18-20 and can be purchased online at this link. Playcrafters Barn Theatre in Moline Illinois



<u>Sunday Sept 14th 4-7pm Interfaith Creation Care Kickoff Picnic/Vegetarian Potluck att</u> <u>Fejervary Park Shelter #1</u>

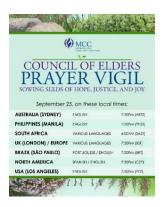
A late afternoon vegetarian potluck, a time of sharing and celebrating. Bring a vegetarian dish to share and your own table service and beverage. Social time: 4-4:30; Dinner: 4:30-5:30; Program: 5:30-6:15. Speakers from the Waste Commission and an alternative recycling program at Moilne Trinity Lutheran.

For more information and to RSVP go to the newsletter link <u>August Interfaith Creation Care</u> Newsletter



<u>Thursday September 25th 6:30pm "Tenants Know Your Rights". Zion Lutheran Church</u> 1216 W 8th St Davenport

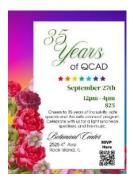
If you are a tenant, you have rights. Stop by to learn about these rights, leases, evictions and how to report violations.



Thursday September 25th MCC Council of Elders Prayer Vigil 7pm CDT

You are invited to join our upcoming Council of Elders Prayer Vigil 2025: Sowing Seeds of Hope, Justice, and Joy. This online gathering is a time for us to come together in unity and purpose, seeking divine guidance as we sow seeds of hope, advocate for justice, and cultivate joy within our community. We look forward to sharing this sacred time with you. The prayer vigils are set in different time zones, and we invite you to join any that are most convenient for you.

REGISTER NOW via this link: https://forms.gle/Pw16zKzdRvXdTgpM8



<u>Saturday September 27th Noon – 4pm QCAD's 35th Anniversary Celebration at the QC</u> Botanical Center 2525 4th Ave Rock Island

You're Invited! Join *Quad Citians Affirming Diversity* as we celebrate 35 years as the longest-running LGBTQIA+ support group in the Quad Cities!

Come enjoy an afternoon of appetizers, guest speakers, music, and shared memories as we honor our journey and the incredible community that made it all possible. We'd love for you to celebrate this milestone with us!

Tickets are \$28.52 Grab your seat here! https://www.eventbrite.com/.../qcads-35th-anniversary...



Sunday October 5th QC CROP Hunger Walk 1-2pm registration/check-in. The walk begins at 2:15pm at the Caxton Building/Bethany for Children & Families 1701 River Drive in Moline

We're participating in the 2025 CROP Hunger Walk to support CWS and help families who are struggling with hunger. We're asking you to join us - with your steps and/or your donations - to provide more meals for the growing number of people in our community who need them, and greater food security in communities around the world. The route begins there and heads east on the sidewalk along River Dr. to the base of the I-74 bridge. You will step onto the pedestrian path and cross the bridge to Bettendorf, where you will turn and head back to the Caxton Building.

Please plan to bring jars of peanut butter and jelly to the walk. We collected 300+ jars last year and distributed them to churches that operate food banks. Please avoid glass jars if possible. Join our team and/or donate at:

2025 CROP Hunger Walk - Metropolitan Community Church Quad Cities

Check out our page on Facebook for pictures and updates. Facebook



<u>Sunday October 5th 4-5pm *Blessing of the Animals* at St. Paul Lutheran Church 2136 N. Brady Davenport</u>

You are invited to join the Blessing of the Animals at St. Paul Lutheran Church. It will take place on their north lawn.



Save the Date: Wednesday October 8th at 6pm Recital by Paul Mizzi in MCCQC Sanctuary

Stay tuned for more details.



<u>Sunday October 12th 3-5pm Wine, Cheese & Music Social Justice Fundraiser at Miss</u> Effie's 27387 130th Ave, Donahue, IA

Fun event to support social justice. Relax and sip wine or other beverages with snacks and enjoy social justice music at this beautiful country flower farm. Proceeds split between MCC QC and One Human Family QCA. Suggested donation of \$25.



PRAYERS OF THE COMMUNITY

Please add/update prayer requests via email: <u>richdhendricks@msn.com</u> or call 563-324-8281 Grea Kennedv health concerns

Prayers for Marsha VZ son-in-law Larry as he continues to recover from a stroke and he just recently had surgery to remove a brain tumor

Prayers for those struggling with depression

Prayers for Dave Hendershot with cancer

Prayers for trans service members and trans community

Prayers for Zash

Prayers of comfort for Angel Pawlik facing the loss of her mother, Peggy Cole, who is in hospice.

Prayers for Preston G for mental health

Prayers for peace

Marsha prays for Mary

Those who struggle with addiction

Osumo Kendgi asks for prayers for her sister Aggy

Loretta offers prayers that Linda's procedure worked

Cyndi gives thanks for her son in military making it back stateside.

Continued prayers for Deb C.P.

Loretta prays for our schools starting back

Julie prays for her sis Cindy and family

Prayers of healing post-surgery for Marsha VZ

Amanda prays for Destiny and Beth

Continuing health issues: Sharon Rash, Mary Geneseo, RoxAnn Kowalski, Rich Voltz, Heather York, Jen Jarvis, Terri Patterson, Anna Hitchcock, Connie Hildebranski, Larry Hansen, Christine Jackson, Walt Youngman, David Ramsey, Deb Calsyn-Polsen, Greg Starjohann and partner Roger, Larry Best and Russ Wood, Cliff Shade, Kevin Detra, Margaret Ristau, Donna Kuhl, Dixie Carter, Marvin Brown, Bob R

BY THE NUMBERS

MCC QC & those touched by our ministries thank you for your regular giving – THANK YOU! Use your Online Bill Pay feature at your bank, drop off in mailbox or mail checks to 2930 W Locust, Davenport, IA 52804

DATE	<u>ATTENDANCE</u>	<u>OFFERING</u>
Aug 3 rd	59 (virtual 200)	1918.00
Aug 10 th	65 (virtual 383)	1770.00
Aug 17 th	60 (virtual 255)	2576.00
Aug 24 th	72 (virtual 363)	844.00
Aug 31st	51 (virtual 435)	865.00
	General Fund Checking Balance	5902.83

Weekly Inspiration

When the World's Gone Cuckoo by Pastor Rich

OMG there are so many absolutely batshit crazy things happening in our nation these days! But I write to you not to enlighten you about any of that nonsense, but to remind you that it's important to counter the nonsense with some nonsense of our own.

Now, people can do lots of things to maintain their own sense of healthy balance, peace and joy. Prayer and meditation helps. Sometimes medication (prescribed) helps. I want to prescribe three additional possible ingredients for your own peace and joy recipe:

- 1. **Nature.** Please, please stay grounded by spending time outdoors. Sit in the grass or sit on a lawn chair if you aren't able to do much walking. Parks are excellent places for this, but even your own yard works.
- 2. **Nurture**. God created us to be social beings. Even if you are an introvert by nature, it doesn't mean you don't need people in your life, it just means you need to limit the amount and environment for your interactions. We did not come into this world by ourselves, and we weren't meant to live by ourselves reach out, find a group, make connections.



I Love to Laugh Tea Party, Mary Poppins

3. **Laughter.** I am convinced that we would all be much healthier if we spent more time laughing. What makes you laugh out loud? I am reminded of the song in Mary Poppins, "I Love to Laugh." People have very different and distinctive ways of laughing, don't they? Whether you snicker, giggle, guffaw or blast it out, your body needs to hear and feel you actually laugh. And here's the

thing: you can force yourself to laugh. It works! I do it every single morning, and I find it immediately improves my mood (and probably amuses those who drive by me as I am on my way to the gym or out walking!).

Recently I read via Facebook: "Ignore those who try to steal your joy. Their lives are full of noise. Yours is full of purpose." And love - live your life full of love and joy.

Love,

Rich

Here's the link to "I Love to Laugh" for additional inspiration. Enjoy!! https://youtu.be/6fXZ1EAi8V0?si=g44hkkuUIOt6zNV-

Love God ~ Love One Another; everything else is window dressing ~ Love, Rich

Rev. Rich Hendricks Metro Community Church Quad Cities 2930 W Locust Davenport, IA 52804 563.324.8281