

Swimming Safety

- Be Red Cross Ready – learn to swim
- Know your abilities & the abilities of those swimming with you
- Keep children under constant supervision
- Always swim with a buddy
- Use lifeguard-staffed Richmond Town Beach when possible
- If swimming away from shore, trail a highly visible float or be accompanied by a spotter in a boat (otherwise, motorized boats cannot see you)
- See also www.redcross.org/prepare/disaster/water-safety/swim-safety