



## Andy Barnett Coaching

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'He is not phased by challenge or complex scenarios, the fact that he never judges me, and calm persistence enables me to consider more closely, not only what I say and think of others, but how I interpret their understanding of me in a far more constructive manner.'

Senior Business Analyst, Investment Management

### Complex communication and conflict management

Andy has over 25 years of experience in developing and leading high performing organisations, with a specific interest in constructive communication and managing conflict. Coaching senior leaders and teams in challenging circumstances, including complex communication needs, and senior leadership wanting to maximise the potential of interdependent relationships.

### Coaching

Highly experienced and skilled in engendering social and emotional intelligence in diverse and complex working environments. Andy enables clients to increase creativity, adaptability, productivity and success as individuals and collaboratively as teams within a corporate context. Andy achieves results through a combination of values, trust and deep acceptance of others; his warmth and approachability, together with robust challenge in holding others to account, creates a unique thinking environment for performance improvement and sustained change.

Andy works with two distinct groups within predominantly legal and financial corporate sectors.

- Senior individuals and teams who face communication challenges, those who wish to develop greater emotional and social awareness, and leaders who need to effectively engage with stakeholders facing such challenges.
- High performing individuals and partnerships at the top of their game and who want a coach to support and challenge them in order to maintain their edge or take their performance to the next level.

### Career

Andy has enjoyed a diverse career profile which brings a unique perspective into corporate leadership. He led high performing and challenging schools for over twenty-five years; as CEO, founded and led the Special Partnership Trust, worked as a government appointed coach and consultant supporting positive change in both highly successful and under performing organisations at senior leadership level. His Masters Degree from University of Exeter focussed on supporting conflict management and social communication. He has presented nationally on a wide range of leadership, and coaching issues.

Andy has worked extensively as a leadership coach in the corporate and education sectors, having a bespoke private practice. A graduate and former faculty member at Meyler Campbell Coaching, tutoring on the Business Coach and Elements programmes. MBTI qualified, Time to Think Coach / Facilitator, accredited with the School of Coaching and Strathclyde University, a Certified Business Coach (CBC) World Association of Business Coaches (WABC), and a Founding member of the Institute of Coaching Professional Association (ICPA). Andy has successfully coached senior clients across the corporate sector including Capital Group (Global), Watson, Farley and Williams LLP, CAPCO, CMS, Legal and General Investment Management, Norton Rose Fulbright LLP, Herbert Smith, Baker Mckenzie and Roald Dahl Story Company. Andy has worked as a coach in the UK, Germany and USA.

Leisure - Andy balances work in London with living in rural Somerset, with a passion for cycling adventures at home and abroad, learning blues guitar, walking with family and two wilful collie retriever dogs.