




Tech Help Checklist

Not sure where to start? Use this list to jot down all the tech issues you've been putting off—big or small. When we visit or connect remotely, we'll go through them one by one.

Computer / Laptop

Common issues:


- It's running slow or freezing up
- I can't find files or apps I used to have
- It won't connect to the internet

 Notes about your issue(s):

Printer

Common issues:


- Says it's "offline" but it's not
- Paper jams or won't print at all
- Not connecting to Wi-Fi or devices

 Notes about your issue(s):

Smartphone (iPhone / Android)

Common issues:


- Battery drains too fast
- Can't back up or sync photos
- Not receiving certain texts or calls

 Notes about your issue(s):

Smartwatch (Apple Watch, Fitbit, etc.)

Common issues:


- Not pairing with phone
- Notifications not coming through
- Won't update or charge properly

 Notes about your issue(s):

Smart TV / Streaming Devices

Common issues:


- Trouble connecting to Wi-Fi
- Apps won't open or crash
- Remote or voice commands not working

 Notes about your issue(s):

Tablet (iPad / Android)

Common issues:

- Screen is unresponsive or glitchy
- Won't connect to the internet
- Can't download or update apps

 Notes about your issue(s):

Other Devices or Weird Tech Issues

Got something else not listed above? Write it here:




Everyday Tech Tasks & Digital Confusion Checklist

Use this list to mark what you'd like help with. Even if you're not sure how to describe the problem, just check what sounds familiar—we'll walk you through it step by step.

Email Help

- ☐ My inbox is overwhelming—too many emails I don't want
- ☐ I want to organize my emails into folders or categories
- ☐ I don't know how to attach files or photos to an email
- ☐ I can't tell what's safe to click and what's a scam
- ☐ I want to unsubscribe from junk without messing anything up

 Notes:

Photos, Cloud & Backups

- ☐ I'm not sure where my photos are being saved (or if they are at all)
- ☐ I want to back up my photos to the cloud but don't know how
- ☐ I can't figure out how to move photos between phone and computer
- ☐ My cloud storage is full and I don't know what to delete

 Notes:

Links, Downloads & Attachments

- ☐ I get confused about where downloads go on my phone or computer
- ☐ I don't know how to save or find voice messages, PDFs, or photos
- ☐ I want to learn how to share a link or file with someone
- ☐ I saved something but now I can't find it

 Notes:


Passwords & Accounts

- ☐ I forget passwords constantly and hate changing them
- ☐ I want help using a password manager so I don't have to remember everything
- ☐ I don't know which accounts I even have anymore (email, cloud, etc.)
- ☐ I think I have more than one Apple ID / Google account and it's all mixed up

 Notes:

Settings, Updates & Notifications

- ☐ I get too many pop-ups or notifications and want to turn some off
- ☐ I think my device wants updates but I'm scared to click anything
- ☐ My phone or computer keeps doing things I didn't ask it to do
- ☐ I want to simplify how things look and sound

 Notes:

General Tech Mystery Box

- ☐ I know *something* isn't working right, but I don't know what it is
- ☐ I'd love a basic walkthrough of how to use my phone/computer better
- ☐ I'm afraid to "mess something up" when using technology

 Write your question or mystery here (even if it feels silly):
