

Maine ARES Frequencies as of Nov. 29, 2016

| VHF/UHF | | | | | | | |
|----------------|--------|---|-----------|----------|------------------|---------------------|---------------|
| County | Mode | Primary | Secondary | Tertiary | Primary Repeater | Secondary Repeater | Notes |
| Androscoggin | Analog | 146.460 | 147.540 | 146.430 | 146.610 | | |
| Aroostook | Analog | 146.475 | 147.510 | 146.505 | 146.730 | | |
| Cumberland | Analog | 146.415 | 147.525 | 146.535 | 146.730 (100.0) | | |
| Cumberland-ECT | Analog | 146.580 | 146.595 | 147.585 | | UHF x-band: 446.500 | |
| Franklin | Analog | 146.535 | 147.570 | 146.580 | 147.180 (123.0) | | |
| Hancock | Analog | 146.565 | 147.495 | 146.535 | 146.910 (151.4) | | |
| Kennebec | Analog | 147.480 | 146.475 | 147.450 | 145.390 (100.0) | | |
| Knox | Analog | 147.540 | 146.475 | 147.450 | | | |
| Lincoln | Analog | 147.510 | 146.505 | 147.450 | 146.985 (100.0) | | |
| Oxford | Analog | 146.550 | 147.435 | 146.505 | 146.880 (100.0) | | |
| Penobscot | Analog | 147.565 | 146.550 | 147.555 | 145.450 (67.0) | | |
| Piscataquis | Analog | 146.400 | 147.450 | 146.565 | 147.210 (71.9) | | |
| Sagadahoc | Analog | 146.490 | 147.555 | 146.565 | 147.210 (100.0) | | |
| Somerset | Analog | 147.420 | 146.430 | 147.525 | 146.730 (91.5) | | |
| Waldo | Analog | 146.430 | 147.465 | 146.460 | 147.270 (136.5) | | |
| Washington | Analog | 147.525 | 146.460 | 147.570 | 147.330 (118.8) | | |
| York | Analog | 147.570 | 146.445 | 147.540 | 147.345 (123.0) | | |
| State Coord. | Analog | 52.525 | 146.520 | 223.500 | 446.000 | KQ1L System | dhawke.com |
| Statewide | DMR | 145.790 | 145.510 | | | | maine-dmr.org |
| HF | | | | | | | |
| 3940.0 kHz | Night | Statewide HF Coordination. 1900L: MECN (Sun); SGN (M-Sat). 0900L: MPSN (Sun) Digital Modes (NBEMS) +1000 Hz Olivia 8/500 keyboard net ops; Thor 50x1 file transfer | | | | | |
| 7262.0 kHz | Day | | | | | | |
| 3583.0 kHz | Night | | | | | | |
| Unassigned | Day | | | | | | |

Notes:

Analog = analog voice, can accommodate digital data and image

Frequencies in red have been allocated to possible repeater usage per the Jan 2015 NESMC 2 meter band plan.