

**Maine ARES Frequencies  
2023**

VHF/UHF							
County	Mode	Primary	Secondary	Tertiary	Primary Repeater	Secondary Repeater	Notes
Androscoggin	Analog	146.460	147.540	146.430	146.610		
Aroostook	Analog	146.475	147.510	146.505	146.730		
Cumberland	Analog	146.415	147.525	146.535	146.730 (100.0)		
Cumberland-ECT	Analog	146.580	146.595	147.585		UHF x-band: 446.500	
Franklin	Analog	146.535	147.570	146.580	147.180 (123.0)		
Hancock	Analog	146.565	147.495	146.535	146.910 (151.4)		
Kennebec	Analog	147.480	146.475	147.450	145.390 (100.0)		
Knox	Analog	147.540	146.475	147.450			
Lincoln	Analog	147.510	146.505	147.450	146.985 (100.0)		
Oxford	Analog	146.550	147.435	146.505	224.620 (103.5) 146.910 (100)	147.120 (136.5)	Oxford ARES Repeater system
Penobscot	Analog	147.565	146.550	147.555	145.450 (67.0)		
Piscataquis	Analog	146.400	147.450	146.565	147.210 (71.9)		
Sagadahoc	Analog	146.490	147.555	146.565	147.210 (100.0)		
Somerset	Analog	147.420	146.430	147.525	146.730 (91.5)		
Waldo	Analog	146.430	147.465	146.460	147.270 (136.5)		
Washington	Analog	147.525	146.460	147.570	147.330 (118.8)		
York	Analog	147.570	146.445	147.540	145.210 (156.7)		
State Coord.	Analog	52.525	146.520	223.500	446.000	KQ1L System	dhawke.com
Statewide	DMR	145.790	145.510				maine-dmr.org
HF							
3940.0 kHz	Night	Statewide HF Coordination. 1900L: MECN (Sun); SGN (M-Sat). 0900L: MPSN (Sun)					
7262.0 kHz	Day						
3583.0 kHz	Night	Digital Modes (NBEMS)					
Unassigned	Day	VHF/UHFPSK250RC5; HF - THOR22					

Notes:

Analog = analog voice, can accommodate digital data and image

Frequencies in red have been allocated to repeater usage per the 1/2015 NESMC 2 meter band plan. Please report any conflicts.

Simplex frequencies may also be used for NBEMS (PSK250RC5 +1500 default mode) or Winmor P2P for file transfers.

146.550 is also recognized as the national SKYWARN spotter frequency.

