

# STAGE STYLE GUIDE

## ◆◆◆ HAIR

The best hairstyle to wear onstage is whatever style makes you feel most confident! Don't be afraid to go BIG - Wand curls, clip-in extensions, and slick ponytails look great onstage. Consider styles that will hold up through lots of sweat and movement during a performance.



## MAKEUP

Full coverage makeup with heavier-than-normal shades of color on your eyes, lips and contour is the best choice as it's the most visible under stark stage lighting. I recommend matte red lips and sparkles or glitter on your eyes.



◆◆◆ Pro-tip: Smudges and smears happen while performing! Always bring a few things from your makeup bag with you to the gig - such as lipstick and powder - so you can touch up your look when needed. ◆◆◆

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## ACCESSORIES

I'm a big fan of oversized, sparkly, and eye-catching costume jewelry to wear onstage. Opt for rhinestone dangly earrings, necklaces, bangles, and hair accessories. I don't recommend wearing expensive or delicate jewelry onstage as there is a higher risk for it to break, get damaged or fly off of you while you're onstage.



## SHOES

When you're onstage standing for long periods of time, the comfort of your shoe is important to consider. They can still be cute, though! In general, heels with a platform tend to be more comfortable, so opt for those when doing a more formal show. For more casual venues/shows, my go-to shoe is a versatile boot or trendy fashion sneakers.



**Pro-tip:** Good insoles as well as gel foot/toe pads are an absolute lifesaver as a performer. A little bit of extra comfort goes a long way when you are on your feet for a long time, so don't hesitate to invest in some extra care for your feet.



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## WARDROBE - FORMAL

If you aren't being asked to wear a specific outfit for a formal performance, wear something that makes you feel elegant & regal! Be creative with color, texture and sparkle. Most formal gowns are not designed to be worn with all of the movement and sweating they encounter when worn by a performer onstage, so keep in mind that you may have to replace these gowns more frequently.



## WARDROBE - CASUAL

If you have a gig in a more casual setting, like a dive bar or on an outdoor stage, you'll want to opt for a look that is comfortable and breathable. Some of those venues have very close quarters and can get sweaty, so I like to wear outfits that I can move easily in and won't get too hot. Even dressed casually, you're still the focal point as a singer, so try looks that are fun, edgy and stylish.



Pro-tip: Visible undergarment lines can be a distraction on stage. Always wear the right bra and/or shapewear for smooth lines and a more polished look.

