

## LIVING MICROGREENS GROWN BY SOUTHERN URBAN GARDENS



- We sell Living Microgreens to local restaurants and caterers in the Central Florida area.
- Our microgreens are grown hydroponically on coconut fiber pads, delivered to you unharvested. The chef does the harvesting!
- The life span of unharvested Living Microgreens is 7-10 days with refrigeration, giving you more “bang for the buck” over harvested/bagged microgreens and minimal “waste”.
- Estimated cost per portion is less than 4 cents when our Living Microgreens are used as a garnish.
- We grow a large variety of Living Microgreens to suit your needs. We deliver microgreens direct to your business from our urban farm.

**Southern Urban Gardens**

**Ralph Holweck – Gail Tyree: Owners**

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