




A MILLION ACTS OF LOVE















A.P.E. CHALLENGE

For Animals • People • Environment

Supported by the Jane Goodall Institute 



EVERY ACTION COUNTS!

 Clean up a mess	 Help someone	 Turn off a light that is not being used	 Hold the door open for someone
 Walk, bike or use public transit to get somewhere	 Pick up some litter	 Share a tip to help animals, people, or the planet	 Share with someone
 Water a plant	 Recycle something	 Go outside & enjoy nature	 Learn a fact about an endangered animal
 Watch an insect, but don't touch it	 Tell someone why they are AWESOME	 Make someone laugh	 Turn off the tap while brushing your teeth



1 TAKE THE CHALLENGE

Complete the bingo card, or do your own act of love for animals, people, or the environment.



2 SHARE IT

Submit: Share your card or a photo of you completing the challenge.

✉ Email: amillionactsoflove@gmail.com

OR

📷 Tag: @amillionactsoflove

3 WIN PRIZES



Complete the challenge to be entered.

BONUS ENTRY:

For sharing on social media to inspire others!



WANT TO DO MORE?

JOIN THE CHANGEMAKER PROGRAM!

We help youth ages 6-30 turn their interests into real-world impact — with support, mentorship, and funding.