TIMES ARE CHANGING.

Once upon a time there was a handsome young prince, Prince Frederick. But the prince felt very lonely because he lived by himself, locked away in a tower. His parents did not allow him out because he had a disease which meant that if he cut himself, he would not stop bleeding. They were worried in case he suffered an injury, and they were a little ashamed because of the prince's problem, even though they should not have been.

But the prince missed the company of others who were his own age, even though he had many servants who were all very kind to him. Then one day the prince had an idea. He wrote a note which read, 'I am alone in the tower and I have no friends. If you read this note, please will you come and speak to me'. The Prince threw the note out of the window, hoping that it would be found by someone who might be his friend.

Just at that moment, a beautiful princess, Princess Augusta, was riding by on her horse. She saw the note float down from the tower, so she grasped it and put it in her pocket.

She was very lucky because, at that moment, her servant, who had been sent by her father to protect her from strangers, was distracted by a lesser spotted woodpecker in the nearby woods, and did not see the princess grab the note.

That night, when she was alone in her room, the princess read the note. She knew that her father, King Henry, would not be pleased if she met someone he did not know, so hatched a plan.

She decided to go out with her servant the following day, as usual, but to take his attention away from her as she passed the tower. Just as they came close, the Princess threw a stone into the woods, which caused the birds to scatter and flutter. Her servant, Plod Dancer, who was a great bird watcher, became distracted, and went into the woods again.

While Plod was away, the princess waved up to the tower, and her beautiful brown eyes met the deep blue eyes of the handsome prince, who had been waiting in hope.

It was at that moment that the prince and the princess fell in love. They knew that they were meant for each other, and no one else.

In time, they were married and went on to have four beautiful children, who they taught about the importance of respecting yourself and respecting others.

Princess Augusta showing other young women that they could take on roles that, for so long, had belonged to men. Prince Frederick showed everyone that, even if life is difficult because you have a disability, you should never give up.

They all lived happily ever after, even visiting the Prince's old tower from time to time but, of course, making sure that no one else would ever be forced to live there again.