

Sunshine and Shadow

Corinne was a beautiful soul, and full of life. Love shone from every pore of her body, as it had from the moment she had taken her first breath. Piercing green eyes, and spikey red hair, she turned heads wherever she went. Five tiny blue birds were her constant companions. They flew around her head, chirping happily and darting back and forth playing together.

With each step that Corinne took, brightly coloured miniature flowers appeared around her feet. Not everyone saw these magical manifestations of her beauty, but lucky people could, and some even noticed the points of white energy emanating from her fingertips.

Corinne lived in a castle. Some called it a tower block, but they didn't see its beauty as she did.

Corinne had never uttered a word, not even once. She had seen endless specialists who were unable to find anything wrong. Her parents often discussed what her voice would be like had she been able to speak, they were heartbroken that they would never know.

On Corinne's eighteenth birthday, she walked to the park. As always, friends called out and waved hello, and strangers stared, entranced by the halo which shone around her, and the flowers and birds. She approached the bench where she often stopped, and spotted a dark grey cloud hovering above it. The mist was surrounding the head and shoulders of a handsome, yet grubby and angry looking young man. Someone called over 'Corinne, stay away, he is dark and dangerous.'

Corinne sat at the feet of the young man and looked up into dark troubled eyes. She placed one hand on his foot and began to communicate through her mind.

'If you want me to leave, move your foot away'. He stayed still, so she carried on; willing him to hear her thoughts. 'Feel roots growing down from the soles of your feet, deep into Mother Earth. See a door in front of you. Open the door and walk through, you are totally safe. You see that dragon? Notice its colour and beautiful face. He is taking you on a healing journey, so climb onto his back and watch what happens.'

They sat for several minutes. She felt his body slowly begin to relax as his eyes gradually changed from deep dark black, to a beautiful olive green. A serene

smile began to hover over his lips. The dark cloud above his head transformed to bright turquoise blue.

'You have saved me' the boy declared, 'I am so grateful.' He looked at his hands and watched light shining from his fingers. He placed one hand onto Corinne's throat, who smiled shyly and said out loud 'You are very welcome'.

The couple sat and chatted for hours. He told her about his sad, disrupted childhood, and how he had turned to crime and drugs. She told him about her castle, and about having to stay silent until now.

They had healed each other, and vowed to stay together until the end of time.