

## **The Elephant In The Room**

If you think of an elephant, does it exist?  
It does in **my** mind  
But now here's the twist  
What if I send it from my head to you?  
And you sent the thought out to others you knew  
And they send it on -----  
It may sound absurd  
But before very long, we'd have a whole herd.

This is just an example of thoughts in my head  
While I'm trying to sleep  
Tucked up in my bed  
It's a truthful reflection of how my brain's wired.  
Is it really any wonder I wake up so tired?