

Questions for Cushing's and Addison's

Question 1

A nurse is assessing a client with Cushing syndrome. Which finding should the nurse expect?

- a. Weight loss
- b. Hypoglycemia
- c. Moon face and truncal obesity
- d. Hyperpigmentation

Question 2

A client with Addison's disease is at risk for which electrolyte imbalance?

- a. Hypernatremia and hypokalemia
- b. Hypophosphatemia and hypernatremia
- c. Hypercalcemia and hypomagnesemia
- d. Hyponatremia and hyperkalemia

Question 3

Which statement by a client with Addison's disease indicates understanding of discharge teaching?

- a. "I can stop my steroids when I feel better."
- b. "I should increase my medication during times of stress."
- c. "I should avoid wearing a medical alert bracelet."
- d. "I do not need extra fluids when ill."

Question 4

A client with Cushing syndrome is most at risk for which complication?

- a. Hypotension
- b. Dehydration
- c. Infection
- d. Weight loss

Question 5

A nurse suspects Addisonian crisis in a client. Which assessment finding requires immediate action?

- a. Blood pressure 78/42 mmHg
- b. Weight gain of 2 pounds
- c. Blood glucose 128 mg/dL
- d. Mild anxiety