



Did you know you have two amazing little helpers that let you hear the world around you?

They're your ears!

Your ears help you hear all kinds of sounds. You can hear music, laughter, birds singing, a dog barking, and the voices of people you love.

Your ears also work with your brain to help you understand the sounds you hear.

And your ears are always listening!

When someone is talking, your ears are working.

When you're listening to a story, your ears are working.

And when you hear your favorite song, your ears are working, too!

Try this! Close your eyes and listen quietly for a moment.

What can you hear?

Maybe you hear a voice.

Maybe you hear a bird.

Maybe you hear a sound from far away.

Your amazing ears helped you hear it!

Your ears do something else that is pretty amazing, too. Parts inside your ears help your body keep its **balance** when you stand, walk, run, and play.

You can help take care of your ears. Keep sounds at a comfortable level, protect your ears from very loud noises, and never put small objects inside them. Always tell a grown-up if your ears hurt or you are having trouble hearing.

Your ears help you listen, learn, and discover the sounds around you every day.

So listen.

Talk.

Learn.

Play.

And take good care of your amazing ears!



★ MY AMAZING EARS! ★

My ears help me hear and keep me balanced.
They are always listening!

1. My ears help
me hear lots of
wonderful
sounds!



2. My ears work
with my brain to
understand the
sounds I hear!



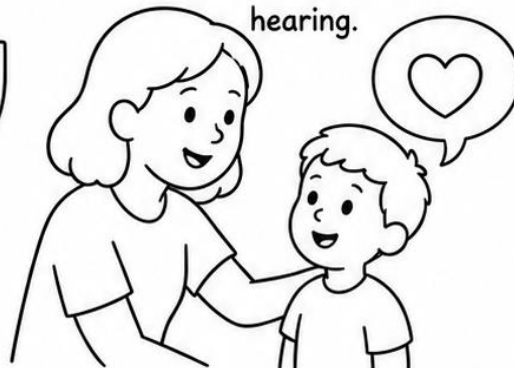
3. Parts inside
my ears help
me keep my
balance when
I move!



4. I can take
care of my ears!



5. I should always tell
a grown-up if my ears
hurt or if I have trouble
hearing.





My Amazing Ears!

R	B	A	L	A	N	C	E	S	M	C	A
Q	V	R	M	Y	K	W	C	U	N	C	M
L	L	S	C	A	X	R	T	Y	H	E	T
I	H	O	O	B	A	H	S	D	A	E	W
S	S	H	C	U	N	T	U	R	N	U	D
T	H	E	I	C	N	T	S	H	S	T	C
E	S	V	A	M	E	D	I	I	I	N	I
N	I	S	E	L	Z	K	R	U	G	B	S
E	K	M	K	N	L	P	E	A	U	V	U
F	V	O	J	A	Q	D	P	A	E	K	M
C	D	C	T	J	J	F	W	A	K	H	L
O	A	O	Y	Y	H	T	L	A	E	H	Y

EARS • HEAR • SOUND • LISTEN • MUSIC •
TALK • BALANCE • HEALTHY



My Amazing Ears!



EARS • HEAR • SOUND • LISTEN • MUSIC •
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My Amazing Ears!

What Did You Learn About Your Amazing Ears?

1. What helps you hear sounds?

- A. Your ears
- B. Your elbows
- C. Your nose

2. Your ears work with your _____ to understand sounds.

- A. Big toes
- B. Knees
- C. Brain

3. What else do parts inside your ears help you do?

- A. Grow feathers
- B. Keep your balance
- C. Turn green

4. What should you do around very loud sounds?

- A. Protect your ears
- B. Make them even louder
- C. Put bananas over your ears

5. What should you do if your ears hurt or you have trouble hearing?

- A. Hide under a bush
- B. Tell a grown-up
- C. Ask your teddy bear



Check Your Work!

★ Answer Key

My Amazing Ears

A — Your ears

C — Brain

B — Keep your balance

A — Protect your ears

B — Tell a grown-up

Great Job!

In the space below, draw and color a picture of something that you learned about your amazing eyes.

Maybe it will be a picture of your favorite thing to hear.

Maybe it will be a picture of how you keep your ears healthy. 🧠

You can draw and color anything you want!