

Stop Pulling Program

Coaching for Trichotillomania Recovery

For Teens



Does your teenage daughter struggle with
Trichotillomania?

- Have you spent countless hours worrying about her?
- Have you notice a drop in her confidence and self esteem?
- Are your efforts to help putting a strain on your relationship?
- Does she say she wants to stop pulling but just doesn't know how?
- Are you worried this will stop her from having the life she deserves?
- Have you both tried everything and nothing seems to work?