



## **SENIOR SERVICES**

A PROGRAM OF  
HUMAN DEVELOPMENT COMMISSION

# **FISCAL YEAR 2025 ANNUAL SENIOR SERVICES REPORT**

**PREPARED BY**  
**KRISTY SUTHERLAND**  
**COMMUNITY PROGRAMS DIRECTOR**



## **HUMAN DEVELOPMENT COMMISSION SENIOR SERVICES**

FY2025 was a year of significant transition and resilience for Human Development Commission's Senior Services programs. The loss of Huron County millage funding required difficult operational adjustments, including the consolidation of three kitchens into one centralized location. Despite these challenges, the program successfully continued delivering hot, nutritious meals to seniors, even when service routes extended more than 60 miles from the kitchen. Volunteer recruitment and retention also remained a challenge throughout the year, reflecting broader statewide and national trends.

Even amid these obstacles, Senior Services met or exceeded all service goals, with the exception of congregate meals, which continue to experience a steady decline consistent with trends seen over the past several years. Looking ahead, HDC remains committed to partnerships with Tuscola and Sanilac Counties and adapting services to meet the evolving needs of older adults. With strong county collaboration and a focus on innovation, Senior Services is well positioned to continue supporting seniors and promoting independence, nutrition, and wellbeing in the years to come.



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### COMMUNITY CONNECTIONS

In FY25, Senior Dining Centers introduced participant “field trips,” offering older adults opportunities to enjoy experiences beyond their local communities. Outings included movie trips, shopping excursions, and of course, lunch, providing participants with social engagement, recreation, and a chance to explore new places. The program has been enthusiastically received, and HDC plans to continue offering these opportunities whenever possible.

Bingocize also remained a popular activity throughout the Senior Dining Centers. This evidence-based program combines exercise with the fun of bingo, encouraging participants to stay active while enjoying friendly competition and prizes. Participant feedback has been overwhelmingly positive, and HDC is committed to continuing Bingocize at all dining center locations.

### LOOKING AHEAD

As the population of adults age 60 and older continues to grow, so does the opportunity—and responsibility—to provide high-quality services that support healthy, independent aging. HDC remains committed to evolving alongside the needs and preferences of the next generation of older adults while maintaining the exceptional level of service our communities have come to expect.

Looking ahead, HDC will continue to explore innovative approaches to aging services, including expanded meal choices, medically tailored meals, modernized dining center experiences, and enhanced support for caregivers. By investing in programs that promote independence, choice, and quality of life, HDC is positioning itself to meet the changing needs of older adults and their families for years to come.

## Case Coordination and Support

In FY 25 HDC staff spent 5,128 hours coordinating supportive services for older adults in Huron, Sanilac, and Tuscola Counties. A total of 1,142 people were assisted.



## Caregiver Training

HDC staff spent 1,081 hours with 109 different caregivers to provide training to support them in their caregiving journey.

In-person home visits identify significantly more unmet needs, safety risks, and functional concerns than remote or phone-based assessments.



## Senior Center Staffing

In FY 25 HDC staff spent 4,848 hours planning, preparing and conducting activities for older adults in Sanilac and Tuscola Counties.



# Grand Opening of NEW Caro Senior Center

## Grand Opening



HDC received a new meal packaging conveyor system that improves production efficiency, enhances consistency, and helps ensure the timely preparation and delivery of nutritious meals.

## Congregate Meals

There were 13,993 congregate meals provided to older adults in Huron, Sanilac and Tuscola Counties in FY 25.

## Home Delivered Meals

In total, HDC provided Home Delivered meals to nearly 1,000 individuals in Huron, Sanilac, and Tuscola Counties.

190,419  
Home  
Delivered Meals

## Senior Transportation

With bus tokens and volunteer drivers there were 7,968 rides provided for older adults in Sanilac and Tuscola Counties in FY25.

## Outreach

Staff conducted presentations, canvassed communities, and provided one on one support in an effort to connect seniors to services available in the community. In total there were 1,196 units produced.

## Elder Abuse

There were over 1,000 calls to the crisis line for Elder Abuse in FY25. In addition, 80 individuals received case management services.

## ***DID YOU KNOW ?***

Approximately 3.6 million Americans miss or delay medical care each year because they lack reliable transportation.

Transportation barriers are especially challenging in rural communities, where healthcare providers are often located farther from where people live.



## Incontinence Supplies

The Senior Services department was proud to support HDC in an effort to provide incontinence supplies to those in need. There were 39 different homebound senior provided with supplies through the Senior Services program.





## SUPPORTERS

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