



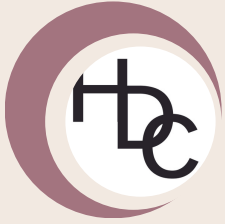
SENIOR SERVICES

A PROGRAM OF
HUMAN DEVELOPMENT COMMISSION

FISCAL YEAR 2024 ANNUAL SENIOR SERVICES REPORT

**PREPARED BY
KRISTY SUTHERLAND
SENIOR SERVICES DIRECTOR**

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**“To care for those
who once cared for
us is one of the
highest honors.”**

— Tia Walker

TO OUR READERS



HUMAN DEVELOPMENT COMMISSION SENIOR SERVICES

The Senior Services team at Human Development Commission worked tirelessly to reach seniors and ensure that our older adult population was provided with services. All of the service goals were met for the Fiscal Year, which is an accomplishment that has not been seen in many years.

Thanks to the additional support of the Sanilac and Tuscola County Millages, no seniors had to wait for Home Delivered Meals. In addition, Tuscola County residents passed an additional millage to continue to ensure that homebound seniors in Tuscola did not go without food.

All of this work was not done without challenges. The program faced frequent turnover of staff, loss of a Centralized Kitchen in Sanilac County, and many financial challenges. Staff persevered in the name of serving the local seniors and helping them ensure their needs were met while living in their own homes.

The great work and lessons learned in FY24 made the program and staff stronger to continue doing good work into FY25 and beyond.



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SPECIAL EVENTS

Last year we saw a spark in our Caregiver program with the addition of Caregiver picnics. Keeping the light bright on the intergenerational experience, the Caregiver team provided four events in FY24 for caregivers and care recipients (including Kinship) to gather for social engagement, support, and training. The events continued to grow as they do the relationships and knowledge for caregivers.

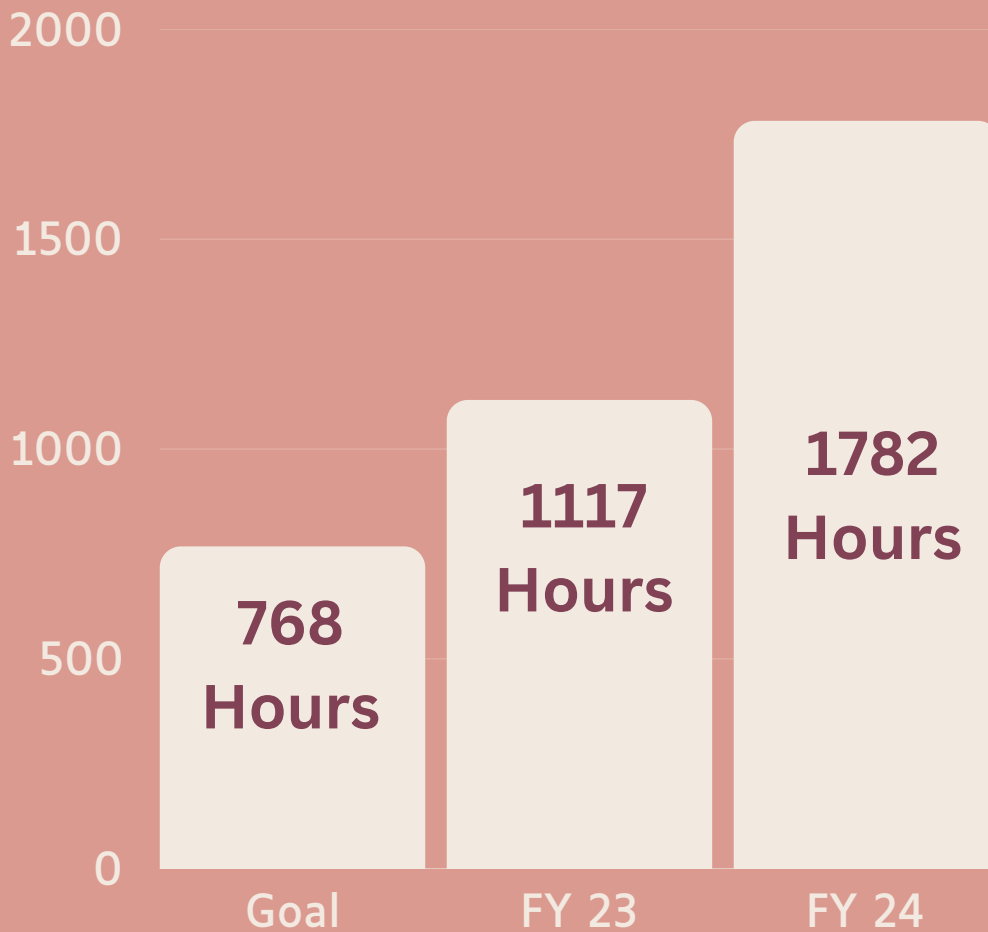
HDC's Senior Services Programs participated in Senior Fairs in Huron, Sanilac, and Tuscola Counties. We estimated over 1,000 people were able to see our table and had an opportunity to talk to staff about the mission of Human Development Commission.

LOOKING AHEAD

The Nutrition team used unfortunate circumstances to push forward into a restructure and more streamlined approach to providing meals for older adults. Beginning with the new Fiscal Year, all food would be prepared out of one centralized kitchen, serving both Sanilac and Tuscola Counties. This approach should offer some budgetary relief as well as align the agency for more opportunities to serve people in our community.

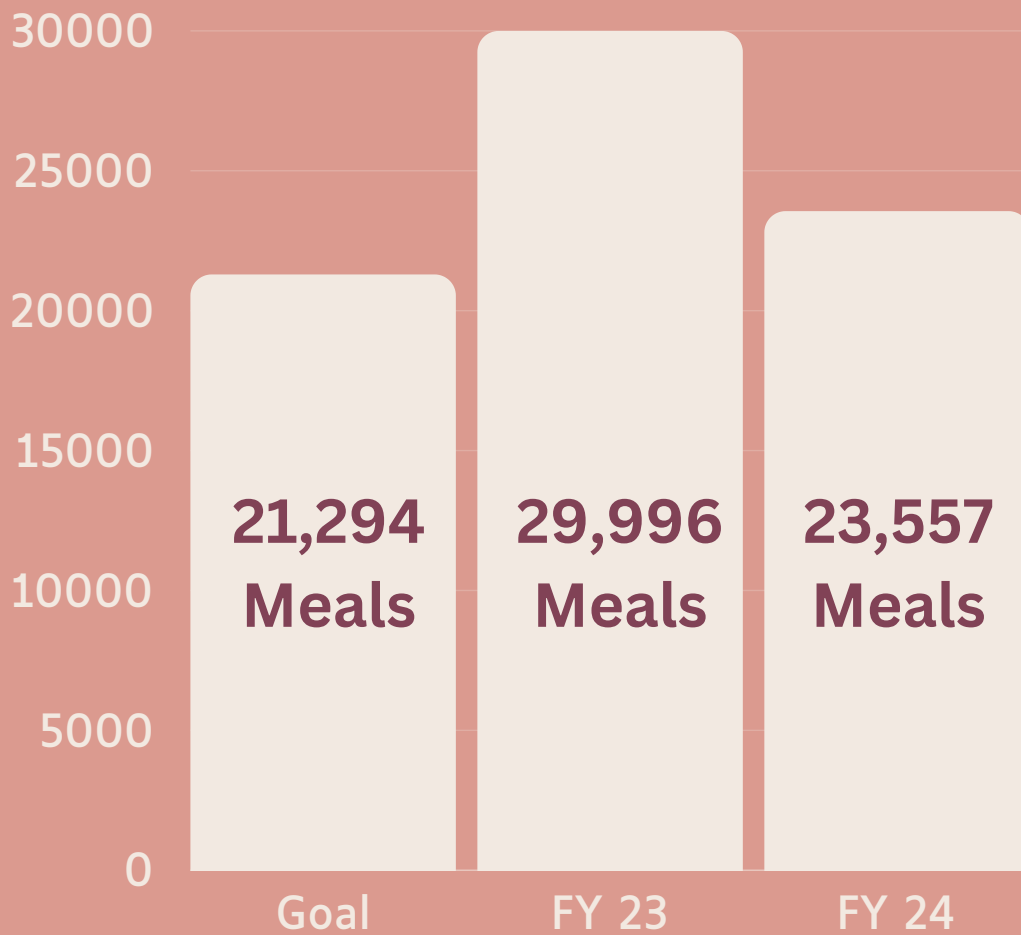
SUPPORTERS

Programs in this report are made possible with funding from the following: Aging and Community Living Supports, Bureau of Michigan Department of Health and Human Services; Region VII Area Agency on Aging; Senior Millage funds from Huron, Sanilac, and Tuscola Counties; Victims of Crime Act; and generous local donations.



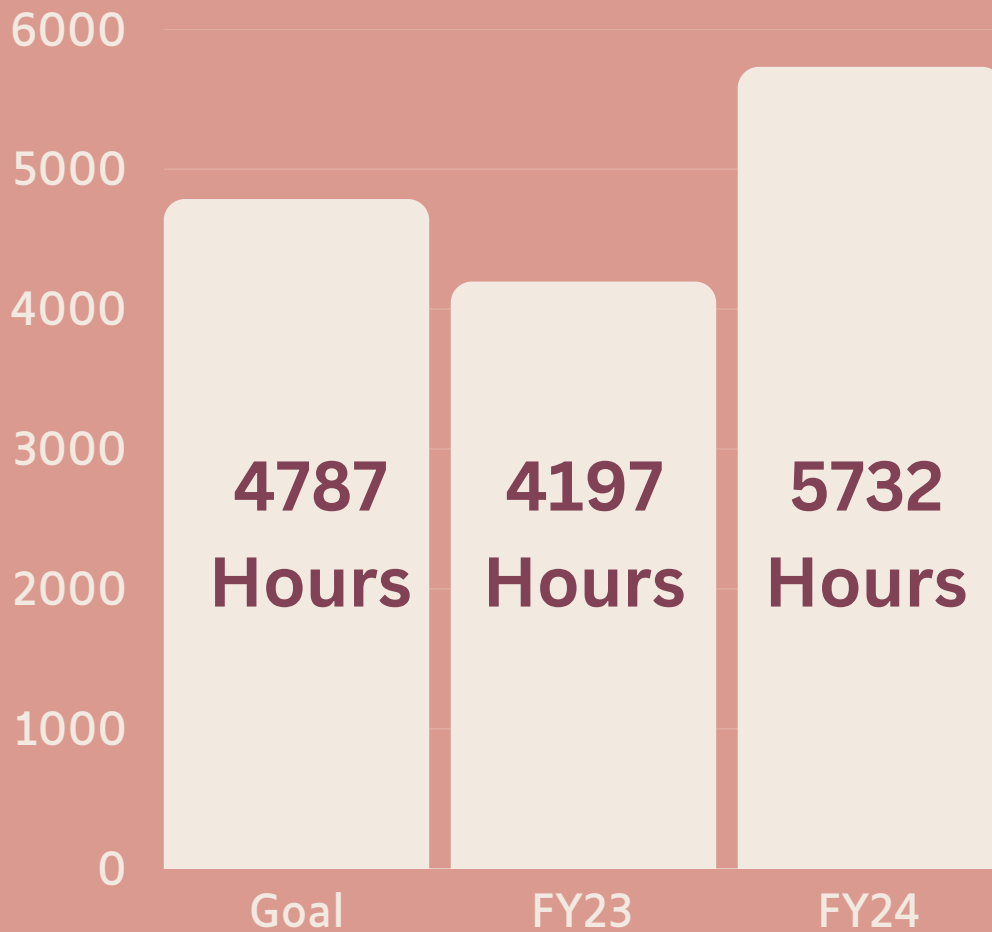
In fiscal year 2024, 124 individuals were provided with direct Outreach Support. The most rural communities in Huron, Sanilac, and Tuscola Counties were the focus of canvassing efforts. In addition, Outreach provided several presentations to seniors, caregivers, and community partners.

OUTREACH



There were 11 different senior dining centers across Huron, Sanilac, and Tuscola Counties for seniors to receive a warm lunch. In fiscal year 2024, 382 individuals were provided with a meal at a congregate dining center. In total there were 23,557 meals served.

CONGREGATE MEALS



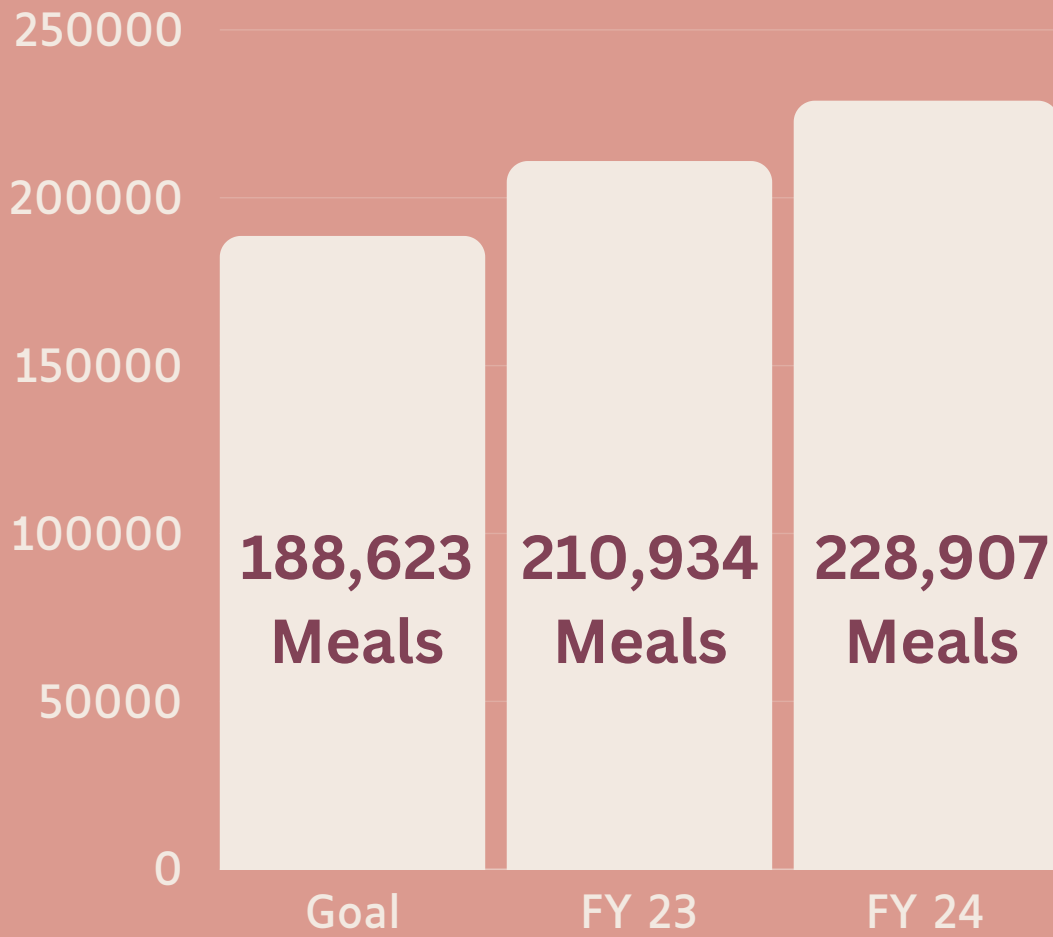
In fiscal year 2024, 178 individuals participated in Senior Center Staffing activities. Dining Center staff provided many enrichment activities including cards, puzzles, walking club, and educational presenters.

SENIOR CENTER STAFFING



Coordinating independent living supports prolongs the time individuals stay in their homes. In fiscal year 2024, 1,226 individuals were provided with personal needs assessments and care plans were completed. Staff spent 6,544 hours assisting seniors in this program.

CASE COORDINATION AND SUPPORT



In fiscal year 2024, 1,095 individuals were provided with Home Delivered Meals. Meals were prepared in three central kitchens and delivered Mondays, Tuesdays, and Thursdays. Thirty-five different routes were in place to distribute meals to customers. In total there were 228,907 meals served.

HOME DELIVERED MEALS



1 IN 4 AMERICANS IS 60+
with 12,000 more turning
60 every day



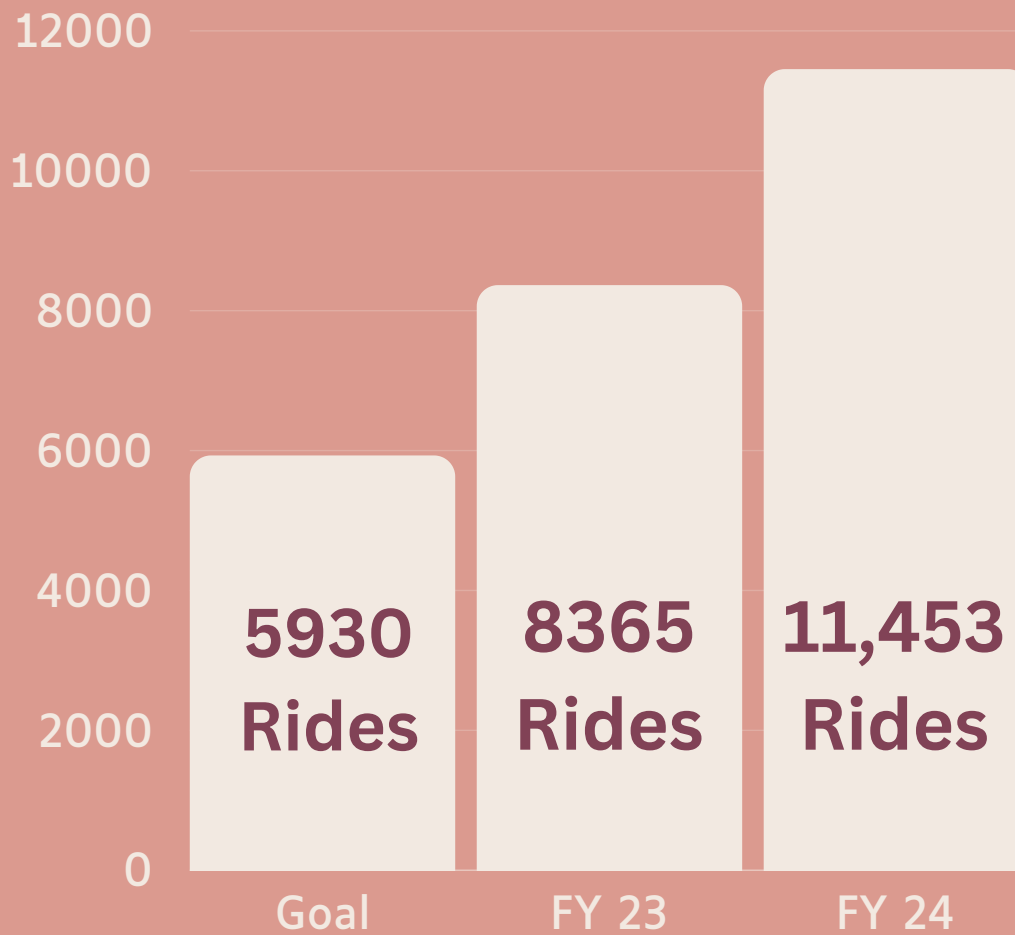
People over 60 years old

**is set to reach 91 million
by 2030 and 120 million
by 2060, increasing the
current number of
seniors by half.**

Nutrition Education

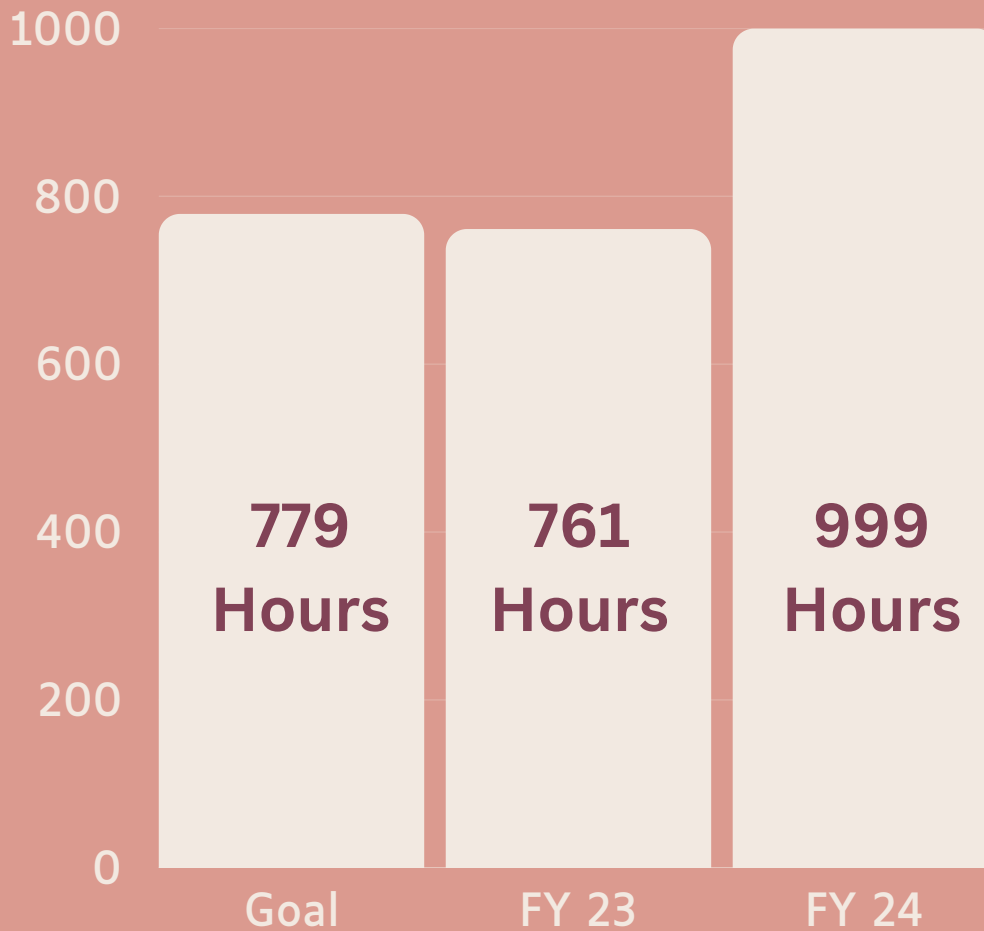
**Seniors in the Home
Delivered Meal and
Congregate Nutrition
programs were provided
with nutrition education
each month in FY24.**





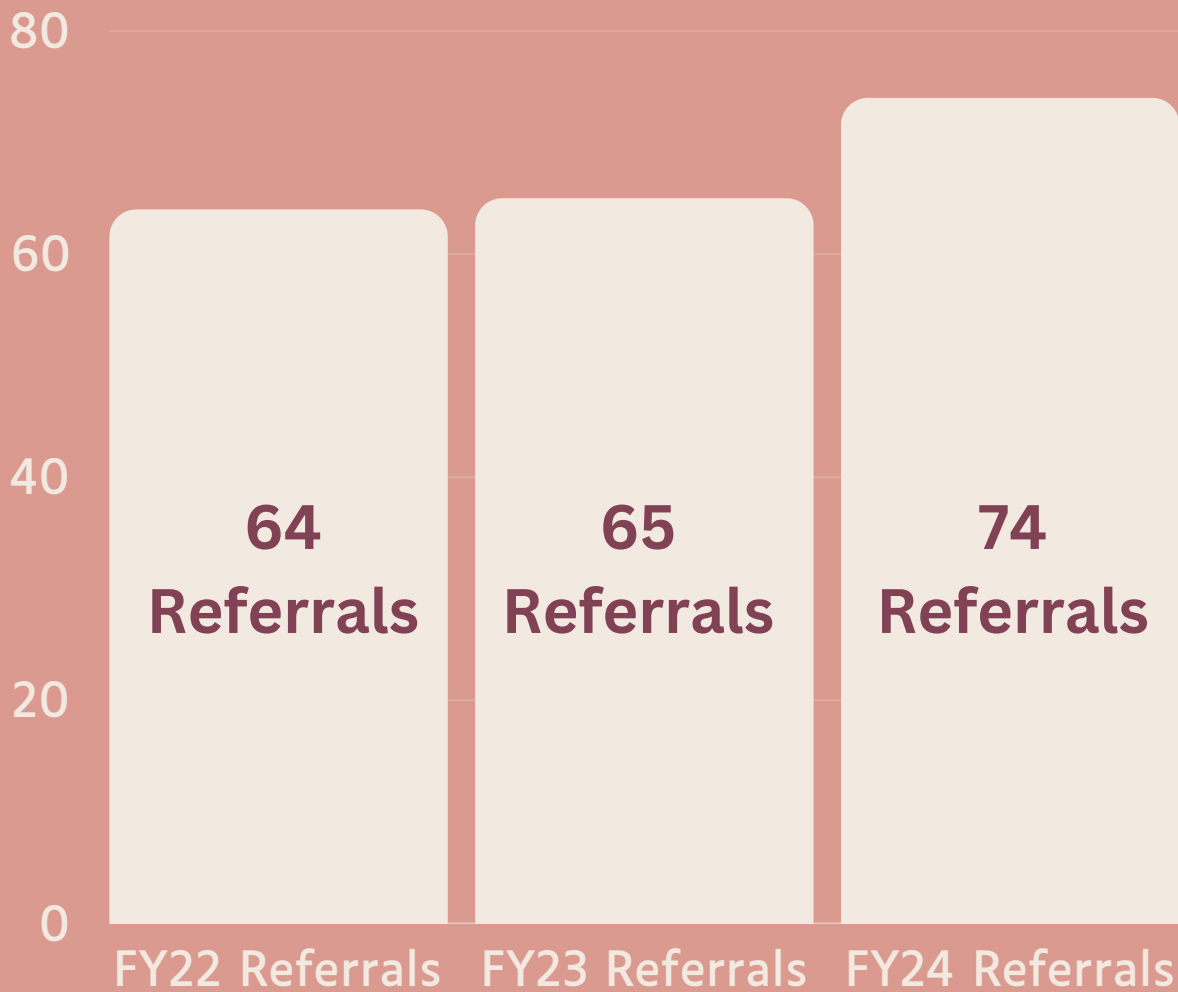
In fiscal year 2024, 219 individuals were provided with transportation services. Transportation was provided by volunteer drivers or through the public transportation systems. In total, 11,453 rides were provided to seniors.

TRANSPORTATION



In fiscal year 2024, 124 individuals were provided with Caregiver Training. Caregiver Training was provided in two different ways. Those over 55 years old providing Kinship Care and those providing care to friends or family over the age of 60.

CAREGIVER TRAINING



The Elder Advocacy Program provides voluntary assistance for victims of abuse, neglect, and financial exploitation. The program is available across Huron, Lapeer, Sanilac, and Tuscola counties. As a leader in the State for elder abuse, the program focuses on senior vulnerability and safety.

ELDER ABUSE