

HELPFUL HINTS TO KEEP YOUR TRAINING GAME ON TRACK!

Diane Whitney (c) 2021



A few helpful
hints to build a
successful
training game
for you and
your dog!

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TO SCHEDULE OR NOT TO SCHEDULE?

Winging it may seem like a good idea because we're not locked in to a specific training time. However, when we "wing it" there's a better chance we'll put off training our dog for another activity. To be successful at training our dog, it's best to make a plan for daily training!



MAKE A PLAN

What will we work on today? We'll be more successful if we plan out what to practice and set aside a specific times each day for practice sessions.



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CREATE A ROUTINE

Train each day so it becomes a new routine and something you both look forward to!



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MINDFUL MOTIVATION

What motivates your dog? For most dogs a tasty treat is highly motivating. However some dogs are highly motivated by a specific toy or activity. Use that motivation as a reward for a job well done!



TEACH ONE BEHAVIOR AT A TIME



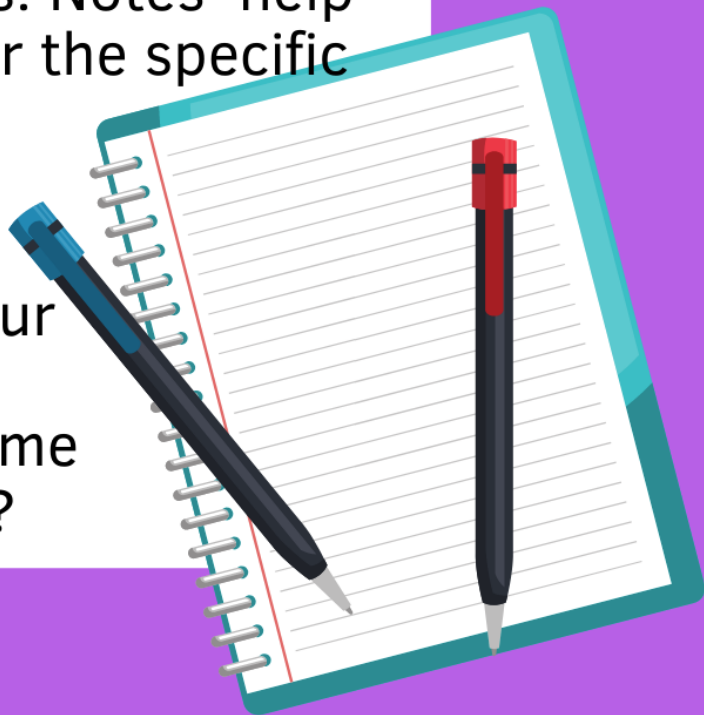
Focus on teaching one behavior before moving on to behavior sets.

Also avoid multitasking when training your dog!



TAKE NOTES

Take notes about your daily progress. Notes help you remember the specific cues and how well your dog performed. What were your successes? What were some of the pitfalls?



TAKE A BREAK

Practice behaviors in short blocks to lessen the stress. After finishing one behavior, take a short five minute break to play or rest before moving on to the next lesson.

This short break helps the brain process new information!



BE PROUD OF YOUR ACCOMPLISHMENTS

Practicing at home and staying focused requires commitment. It isn't easy! Reward yourself for each small success!



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