



Shooters Shoot!

Assist Industries @ Swish Factory
Saturdays 9:00-10:00 \$35 per Player per Week
10 Shooting Guns Track Players' Progress

What You Get:

- *60 Minute Workouts
- *Innovative Weekly Workouts
- *Footwork into Shots
- *Catch and Shoot
- *Shooting Off the Move
- *Shooting Off the Dribble
- *Attacking Closeouts
- *Using Screens
- *DHO Actions
- *Drifts, Lifts, & Shifts
- *3 Point and Mid-Range
- *Timing, Rhythm, & Balance

Swish Factory | 9299 W. Olive Ave. #408 | Peoria, AZ 85345

Registration:

www.assist.industries