



3 Courses

Anxiety and Related Disorders

Depressive and Bipolar Disorders

Disorders Due to Substance Use and Addictive Behaviors



Aug 27, 2025

**SEYEDASADOLLAH TADRISI**

has successfully completed the online, non-credit Specialization

# Psychology of Anxiety, Mood, Substance Use, and Addictive Behaviors

This specialization is designed for anyone interested in common psychological disorders that may affect themselves, their family, their community, or society. The disorders covered in this course include anxiety disorders, mood disorders, substance use disorders, and addictive behaviors. Learners will develop knowledge about these disorders that includes diagnostic criteria, prevalence rates, demographics, contributing factors, and treatments. Learning activities will focus on diagnostic criteria utilizing the 11th edition of the International Statistical Classification of Diseases and Related Health Problems (ICD-11) as a tool for comparing and contrasting the different disorders.

The online specialization named in this certificate may draw on material from courses taught on-campus, but the included courses are not equivalent to on-campus courses. Participation in this online specialization does not constitute enrollment at this university. This certificate does not confer a University grade, course credit or degree, and it does not verify the identity of the learner.

*Kyle Smith*

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