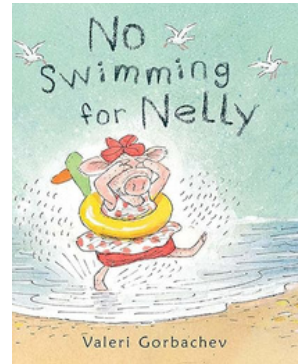
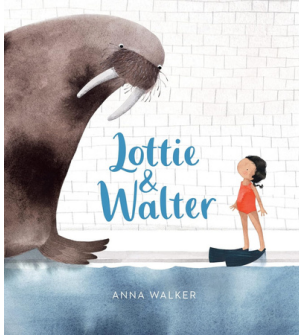
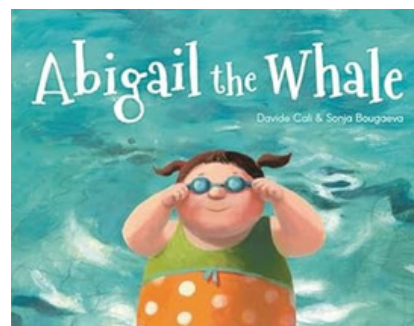
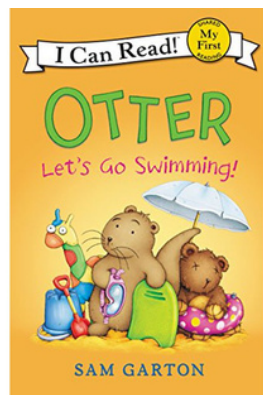


# Recommended Reading

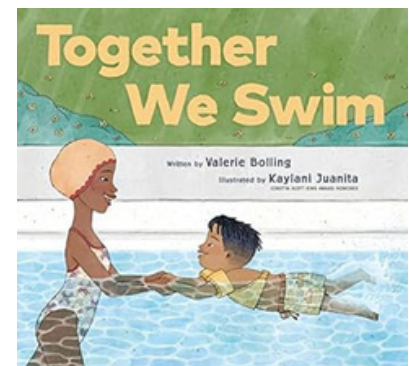
**\*addresses swimming fears**



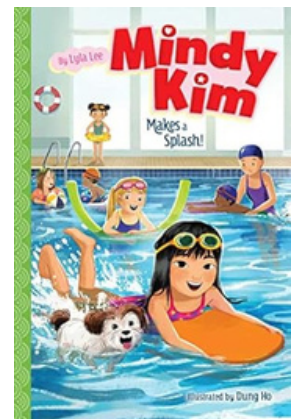
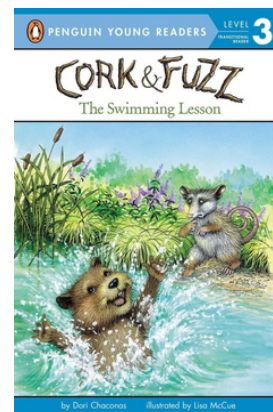
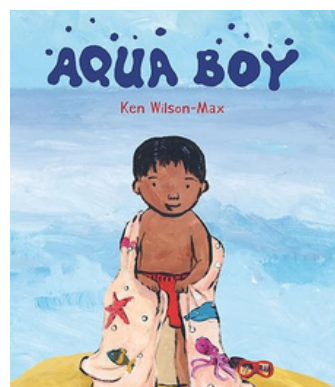
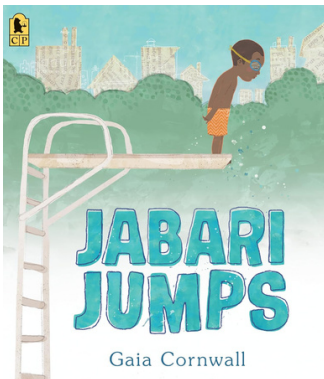
**\*describes swimming lessons**



**\*body positive, addresses fatphobia in a swimming environment**



**\*about minor swimming fears and gaining confidence**



**\*for older children learning to swim for the first time**

**\*about the joys of swimming**

