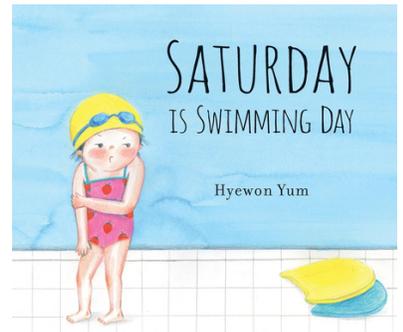
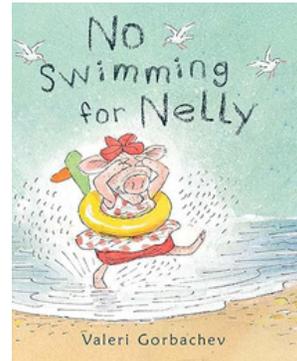
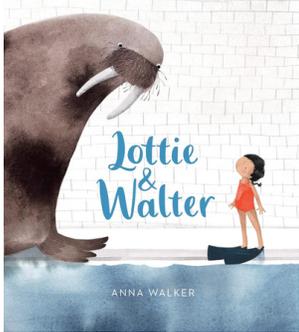
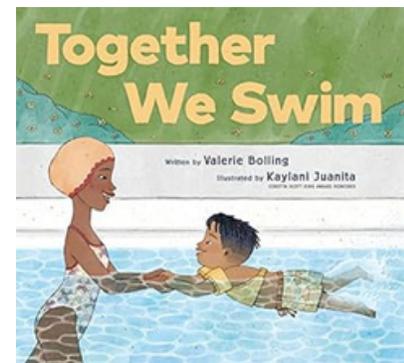
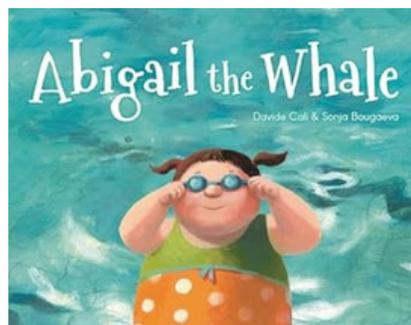
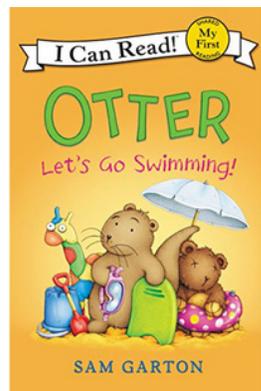
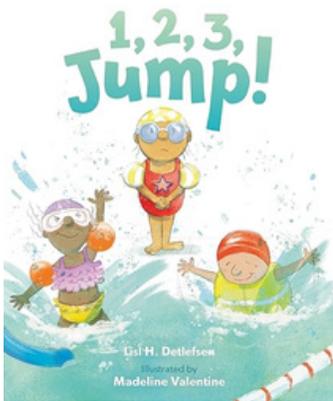


Recommended Reading

*addresses swimming fears

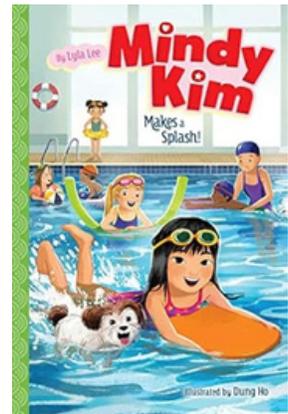
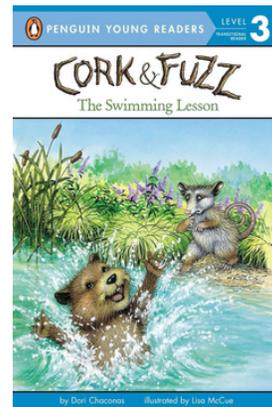
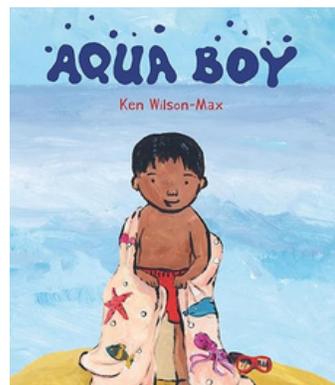
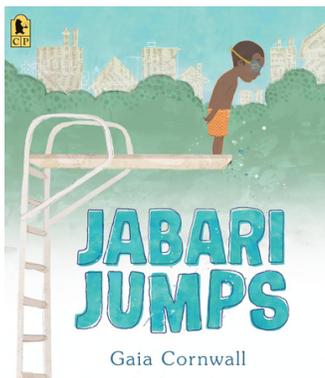


*describes swimming lessons



*body positive, addresses fatphobia in a swimming environment

*about minor swimming fears and gaining confidence



*for older children learning to swim for the first time

*about the joys of swimming

