

Checklist of Dosages and Uses of ~100 Common Psychotropic Medications by GENERIC Names

Ed Zuckerman, PhD, Pamela Kaden, PsyD, and Richard Blackford, PhD as a gift to our colleagues

Trade®	Names of Drugs generic	Class	Usual Adult Daily Dosage Range in mg	FDA-Approved Indication(s)	Common "Off-label" Uses
Campral	acamprostate	Alcohol antagonist	1332-1998	Alcohol dependence	
Dyanavel	amfetamine	Stimulant	2.5-20	ADHD	
Mydayis	amfetamine	Stimulant	12.5-50	ADHD	
Adderall, XR	D- & L-amfetamine	Stimulant	5-60	ADHD, Narcolepsy	
Elavil	amitriptyline	Tricyclic antidepressant	75-150	MDD	Depr
Xanax, XR	alprazolam	Benzodiazepine	0.25-4	Panic	Anx
Niravam	alprazolam, ODT	Benzodiazepine	0.3-5	Panic, GAD	
Elavil	amitriptyline	Tricyclic antidepressant	75-150	MDD	Depr
Abilify/Maintena	aripiprazole	Atypical/2 nd generation	10-15	Schizo, Tx-R Dep adult, agitation in child autism, Child Bipolar I manic & mixed	Borderline Pers. Disorder MDD
Aristada	aripiprazole lauroxil/inject	Atypical	See guidance	Schizo	
Nuvigil	armodafinil	Wakefulness promoter	150-250	Sleep apnea, Narcolepsy, SWSD	
Saphris	asenapine	Atypical/2 nd generation	10-20	Schizo	Bipolar
Strattera	atomoxetine	NRI	40-100	ADHD	
Cogentin	benzotropine	Antidyskinetic	1-8	Anti-Parkinson's	ExtraPyramidal Symptoms
Zulresso	brexanolone	Allopregnanolone analogue	100 in 60 hours	Post-partum depression	
Bunavail/oral film	buprenorphine & naloxone	Opioid agonist	2.1/3-12.6/2.1	Opioid dependence	
Suboxone	buprenorphine & naloxone	Opioid agonist	12/3-16/4	Opioid dependence	
Zubsolv ODT	buprenorphine & naloxone	Opioid agonist	5.7/1.4-11.4/2.8	Opioid dependence maintenance	MDD
Wellbutrin/Zyban	bupropion	DNRI	200-450	MDD, Smoking, Seasonal Affective Disorder	AD(H)D, Erectile dysfunction
Budeprion ER					
BuSpar	buspirone	Anti-anxiety	15-60	GAD	
Tegretol	carbamazepine	Anticonvulsant	400-1200	Epilepsy	Bipolar
Vraylar	cariprazine	Atypical/2 nd generation	1.5-6	Bipolar & schizophrenia	
Librium	chlordiazepoxide	Benzodiazepine	5-100	Anx, Alcohol withdrawal	Muscle spasms
Celexa	citalopram	SSRI	20-40	MDD	Depr, PmDD, PTSD, BDD, SocAnx, Hot flashes
Anafranil	clomipramine	Tricyclic antidepressant	100-250	OCD	Tx-R Dep
Klonopin, Wafers	clonazepam	Benzodiazepine	0.25-4	Seizures, Panic	GAD, Hypnotic
Kapvy	clonidine	Non-stimulant	0.1-0.4	ADHD	
Clozaril/FazaClo	clozapine	Atypical/2 nd generation	300-450	Schizo	Bipolar
Focalin, XR	dexmethylphenidate	Stimulant	5-60	ADHD	
Nuedexta	dextromethorphan & quinidine	Combination	20-10 BID	Pseudo-bulbar affect	
Pristiq/Khedezia	desvenlafaxine	SNRI	50	MDD	
Valium	diazepam	Benzodiazepine	4-40	Anx., Muscle spasm, Seizures	
Antabuse	disulfiram	Alcohol oxidation inhibitor	125-500	Alcohol dependence	Overeating
Depakote/-ene/-con	divalproex	Anti-seizure	750-3000	Bipolar, Epilepsy, Migraine	
Aricept	donepezil	Cholinesterase inhibitor	5-10	Mild/moderate/severe dementia	
Cymbalta, DR	duloxetine	SNRI	20-80	MDD, GAD, Neuropathic Pain, Fibro	Depr, PmDD, PTSD, SocAnx, Chronic musculoskeletal pain
Silenor	doxepin	Heterocyclic	3-6	Sleep continuity, Sleep disorders	
Sinequan/Adapin	doxepin	Heterocyclic	150-300	MDD	Depr, hives, Hypnotic
Lexapro	escitalopram	SSRI	10-20	MDD in adults and teens, GAD	BDD, PTSD, SocAnx, Depr, PmDD,
Ketanest	esketamine	NMDA receptor antagonist	28-84, 2/week	Tx-R Dep	
Spravato	esketamine	NMDA receptor antagonist	28 (single use)	Tx-R Dep	
ProSom	estazolam	Benzodiazepine	1-2	Sleep disorders, short-term use	
Lunesta	eszopiclone	Non-benzo. hypnotic	2-3	Sleep disorders, ≤ 6 months use	
Prozac/Sarafem	fluoxetine	SSRI	20-80	OCD, Panic, PmDD, MDD, PTSD, Bulimia	Depr, SocAnx, Anx, BDD
Luvox, CR	fluvoxamine	SSRI	50-300	OCD, Social anxiety disorder	MDD, PTSD, PmDD, BDD
Neurontin	gabapentin	Anti-seizure	900-1800	Epilepsy	Bipolar, Neuropathic pain, Fibro
Razadyne, ER	galantamine	Cholinesterase inhibitor	8-32	Mild-moderate dementia	
Intuniv	guanfacine ER	Antihypertensive	1-4	ADHD, ages 6-17	
Tenex	guanfacine	Antihypertensive	0.5-3	Hypertension	Drug withdrawal
Haldol, IM	haloperidol	Conventional antipsychotic	1-15	Schizo, Psychosis, Tourette	ICU psychosis
Vistaril/Atarax	hydroxyzine	Antihistamine, sedating	25-100	Anxiety	
Fanapt	iloperidone	Atypical/2 nd generation	12-24	Schizo	Bipolar
Tofranil/Tofranil PM	imipramine	Tricyclic antidepressant	75-200	MDD, Enuresis	Depr
Marplan	isocarboxazid	MAOI	20-60	MDD	
Lamictal	lamotrigine	Anti-seizure	100-200	Epilepsy, Bipolar	TxRDep
Fetzima	levomilnacipran	SNRI	40-120	MDD	
Ativan	lorazepam	Benzodiazepine	2-6	Anx	Alch withdrawal, Seizures, Sleep disorders
Vyvanse	lisdexamfetamine	Stimulant	30-70	ADHD, child, teen, & adult. BED	
Eskalith/Lithobid	lithium carbonate	Anti-manic	900-1800	Bipolar	
Latuda	lurasidone	Atypical/2 nd generation	40-160	Schizo, Bipolar	
Provigil	modafinil	Wakefulness promoter	100-400	EDS, OSA, SWSD	ADHD, MDD
Namenda	memantine	NMDA antagonist	5-20	Moderate-severe dementia	
Namzaric	memantine & donepezil	NMDAR & AChE Inhibitor	28/10 or 14/10	Mod - severe Alzheimer's dementia	
Concerta	methylphenidate	Stimulant	18-54	ADHD	
Cotempla XR ODT	methylphenidate	Stimulant	17.8-51.3	ADHD	
Daytrana TTS	methylphenidate	Stimulant	10-27	ADHD, ages 6-12	MDD
Metadate/Methylin	methylphenidate	Stimulant	20-60	ADHD	MDD
Quillivant XR/QuilliChew ER	methylphenidate	Stimulant	20-60	ADHD	

Ritalin	methylphenidate	Stimulant	20-60	ADHD, Narcolepsy	EDS, MDD
Savella	milnacipran	SNRI	100-200	Fibro	
Remeron, ODT	mirtazapine	Tetracyclic antidepressant	15-45	MDD	Depr, insomnia, nausea
Narcan	naloxone	Opioid antagonist	0.4-2	Opioid overdose	
Vivitrol IM	naltrexone	Opioid antagonist	190-380/ mo.	Alcohol dependence	
Revia/Revex	naltrexone/nalmefene	Opioid antagonist	50	Opioid dependence	Alcohol dependence
Pamelor/Aventyl	nortriptyline	Tricyclic antidepressant	25-150	MDD, neuropathic pain	Depr
Zyprexa/Zydis ODT, IM	olanzapine	Atypical/2 nd generation	5-30	Schizo, Bipolar. adults and children	
Symbyax	olanzapine & fluoxetine	Atypical/2 nd generation & SSRI	6/25-12/50	Bipolar, Tx-R Dep	Schizophrenia
Xyrem	oxybate, sodium	Sedative hypnotic	6-9 gm	EDS, cataplexy	
Serax	oxazepam	Benzodiazepine	30-120	Anx, Alcohol withdrawal	Anti-itch, Seizures, Hypnotic
Invega	paliperidone, ER	Atypical/2 nd generation	3-12	Schizo, acute & chronic, mood stabilizer,	schizoffective Bipolar
Paxil, CR/Pexeva	paroxetine	SSRI	20-60	MDD, GAD, OCD, Panic, Soc. Anx, PTSD	Depr, Anx, PmDD
Nardil	phenelzine	MAOI	45-90	MDD	
Mirapex	pramipexole	Dopamine agonist	1.5-4.5	Anti-Parkinson's, Restless Leg Syndrome	Tx-R Dep, cluster headache, sexual side effects of SSRIs, Bipolar
Lyrica	pregabalin	Anticonvulsant	50-300	Seizures, Fibro, Diabetic neuropathy	
Nuplazid	pimavanserin	Atypical/2 nd generation	34	Psychosis in Parkinson disease	
Inderal	propranolol	Antihypertensive	10-80	Hypertension	Anx, Alch withdrawal, Akathisia, Panic
Seroquel, XR	quetiapine	Atypical/2 nd generation	150-800	Child & adult schizo, Bipolar, Tx-R Dep.	MDD
Rozerem	ramelteon	Hypnotic	8	Sleep disorders	
Risperdal/Consta	risperidone	Atypical/2 nd generation	1-8	Bipolar & Schizo in adults & teens, Irritability in autism	MDD
Exelon. TTS	rivastigmine	Cholinesterase inhibitor	3-12	Mild-moderate dementia, Park. dementia	
Requip, XL	ropinirole	Dopamine agonist	0.75-3	Anti-Parkinson's, Restless leg	Tx-R Dep
Eldepryl	selegiline	MAO-B	5-10	Anti-Parkinson's	Depr, Smoking
EMSAM TTS	selegiline	MAO-B	6-12	MDD	
Zoloft	sertraline	SSRI	50-200	Panic, OCD, MDD, PTSD, SocAnx, PmDD	BDD, Depr, Anx
Viagra/Revatio	sildenafil	PDE-5 inhibitor	25-100	Erectile dysfunction	
Cialis	tadalafil	PDE-5 inhibitor	5-20	Erectile dysfunction	
Restoril	temazepam	Benzodiazepine	15-30	Sleep disorders, short-term use	
Topamax	topiramate	Anti-seizure	400-1600	Epilepsy, Migraines	Bipolar, BED, Weight reduction
Qsymia	topiramate & phentermine	Anti-seizure	3.75/23-15/92	Weight reduction	
Parnate	tranylcypromine	MAOI	30-60	MDD	
Desyrel	trazodone	SARI	150-400	MDD	Depr, Hypnotic
Artane	trihexyphenidyl	Antidyskinetic	1-15	Anti-Parkinson's	ExtraPyramidal Symptoms
Levitra	vardenafil	PDE-5 inhibitor	5-20	Erectile dysfunction	
Chantix	varenicline	Nicotinic receptor agonist	0.5-2	Smoking cessation	
Effexor, XR	venlafaxine	SNRI	75-375	MDD, GAD, Panic	Depr, PTSD, SocAnx, PmDD
Sabril	vigabatrin	Anti-seizure	1000-4000	Bipolar, Epilepsy	
Viibryd	vilazodone	SPARI/5-HT modulator	10-40	MDD in adults	
Trintellix	vortioxetine	SPARI/5-HT modulator	5-20	Unipolar depression, MDD	
Sonata	zaleplon	Non-benzo. hypnotic	5-10	Sleep disorders, short-term use	
Ambien, CR	zolpidem	Non-benzo. hypnotic	5-12.5	Sleep disorders, short-term use	Chronic insomnia
Edluar	zolpidem	Non-benzo. hypnotic	5-10	Sleep disorders	
Intermezzo	zolpidem	Non-benzo. hypnotic	3.5 for men, 1.75 for women	Middle-of-the-night insomnia	
Geodon	ziprasidone	Atypical/2 nd generation	40-160	Schizo, Bipolar	MDD

AN UPDATED LIST WILL BE POSTED ABOUT EVERY THREE MONTHS AT www.CliniciansToolBox.com

An Initial * means some change has been made since the last version. We have omitted the older antipsychotics, tricyclic antidepressants, and opioids.

Drug Class: **AChEI** = Acetylcholinesterase Inhibitor. **Antidyskinetic** = drugs used to treat Parkinson's disease and extrapyramidal effects of antipsychotics. **Atypical** = newer or second generation antipsychotics/neuroleptics. The **Conventional**, older antipsychotics/neuroleptics are now rarely used and so few are listed. **DNRI** = Dopamine-Norepinephrine Reuptake Inhibitor. **MAOI** = Monoamine Oxidase Inhibitor. **NMDAR** = N-methyl-D-aspartate Receptor Antagonist. **NRI** = Norepinephrine Reuptake Inhibitor. **PDE-5 inhibitor** = Phosphodiesterase type-5 inhibitor. **SARI** = Serotonin-2 antagonist/Serotonin Reuptake Inhibitor. **SDAM** = Serotonin-Dopamine Activity Modulator. **SPARI** = Serotonin Partial Agonist/ Reuptake Inhibitor. **SNRI** = Serotonin-Norepinephrine Reuptake Inhibitor. **SSRI** = Selective Serotonin Reuptake Inhibitor.

Routes of administration: **CR, DR, ER, XL, XR** = Slowed release. **IM** = Intramuscular. **ODT** = Orally Disintegrating Tablet. **TTS** = Transdermal Therapeutic System (a skin patch).

Indications and Disorders: **ADHD** = Attention Deficit Hyperactivity Disorder. **Anx** = Anxiety Disorder NOS. **BED** = Binge Eating Disorder. **BDD** = Body Dysmorphic Disorder. **Bipolar** = Bipolar Affective Disorder (antimanic). **Depr** = Depression (see MDD). **EDS** = Excessive Daytime Sleepiness. **Fibro** = Fibromyalgia. **GAD** = Generalized Anxiety Disorder. **MDD** = Major Depressive Disorder (not Dysthymia or Depression NOS). **OSA** = Obstructive Sleep Apnea. **OCD** = Obsessive-Compulsive Disorder. **Panic** = Panic Disorder, with or without Agoraphobia. **PmDD** = Premenstrual Dysphoric Disorder. **PTSD** = Post-Traumatic Stress Disorder. **Schizo** = Schizophrenia, Psychosis, and related conditions. **Seiz** = Seizures, **SWSD** = Shift Work Sleep Disorder. **SocAnx** = Social Anxiety /Social Phobia. **Tx-R Dep** = Treatment-Resistant Depression.

Disclaimer: The information presented here is intended as general health information and is not precise enough for making prescribing decisions and is not to be construed as medical advice. The indications/diagnoses are not exclusive, exhaustive, or precise. We have tried to be accurate but errors may exist here. Listing here is in no sense an endorsement by the authors of the use of any medication for any treatment purpose. The dosages offered here are for maintenance and authorities differ on these. Starting doses may be lower, and for some people, higher dosages (supra-therapeutic) are warranted. All trade and generic names are the property of their respective manufacturers, distributors, and copyright holders. Non-commercial copying and distribution of this list is permitted as long as NO changes are made to it. Any other uses require written permission. Copyrighted 2004-2019 by Edward Zuckerman, PhD and Pamela Kaden, PsyD. **Version of July 20, 2019**