

Checklist of Dosages and Uses of ~100 Common Psychotropic Medications by TRADE Names

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Trade®	Names of Drugs generic	Class	Usual Adult Daily Dosage Range in mg	FDA-Approved Indication(s)	Common "Off-label" Uses
Abilify/Maintena	<i>aripiprazole</i>	Atypical/2 nd generation	10-15	Schizo, Tx-R Dep adult, agitation in child autism, Child Bipolar I, manic & mixed	<i>Borderline Pers. Disorder MDD</i>
Adderall, XR	<i>D- & L-amphetamine</i>	Stimulant	5-60	ADHD, Narcolepsy	
Ambien, CR	<i>zolpidem</i>	Non-benzo. hypnotic	5-12.5	Sleep disorders, short-term use	<i>Chronic insomnia</i>
Anafranil	<i>clomipramine</i>	Tricyclic antidepressant	100-250	OCD	<i>Tx-R Dep</i>
Antabuse	<i>disulfiram</i>	Alcohol oxidation inhibitor	125-500	Alcohol dependence	<i>Overeating</i>
Aricept	<i>donepezil</i>	Cholinesterase inhibitor	5-10	Mild/moderate/severe dementia	
Aristada	<i>aripiprazole lauroxil/inject</i>	Atypical	See guidance	Schizo	
Artane	<i>trihexyphenidyl</i>	Antidyskinetic	1-15	Anti-Parkinson's	<i>ExtraPyramidal Symptoms</i>
Atarax	<i>hydroxyzine</i>	Antihistamine, sedating	25-100	Anxiety	
Ativan	<i>lorazepam</i>	Benzodiazepine	2-6	Anx	<i>Alch withdrawal, Seiz, Sleep disorders</i>
Bunavail Oral film	<i>buprenorphine & naloxone</i>	Opioid modulator	2.1/.3-12.6/2.1	Opioid dependence	
BuSpar	<i>buspirone</i>	Anti-anxiety	15-60	GAD	
Campral	<i>acamprosate</i>	Alcohol antagonist	1332-1998	Alcohol dependence	
Celexa	<i>citalopram</i>	SSRI	20-40	MDD	<i>Depr, PmDD, PTSD, BDD, SocAnx, Hot flashes</i>
Chantix	<i>varenicline</i>	Nicotinic receptor modulator	0.5-2	Smoking cessation	
Cialis	<i>tadalafil</i>	PDE-5 inhibitor	5-20	Erectile dysfunction	
Clozaril/FazaClo	<i>clozapine</i>	Atypical/2 nd generation	300-450	Schizo	<i>Bipolar</i>
Cogentin	<i>benztropine</i>	Antidyskinetic	1-8	Anti-Parkinson's	<i>ExtraPyramidal Symptoms</i>
Concerta	<i>methylphenidate</i>	Stimulant	18-54	ADHD	
Contempla XR ODT	<i>methylphenidate</i>	Stimulant	17.3-51.8	ADHD	
Cymbalta, DR	<i>duloxetine</i>	SNRI	20-80	MDD, GAD, Neuropathic Pain, Fibromyalgia	<i>Depr, PmDD, PTSD, SocAnx, Chronic musculoskeletal pain MDD</i>
Daytrana TTS	<i>methylphenidate</i>	Stimulant	10-27	ADHD, ages 6-12	
Depakote/-ene/-con	<i>divalproex</i>	Anti-seizure	750-3000	Bipolar, Epilepsy, Migraine	
Desyrel	<i>trazodone</i>	SARI	150-400	MDD	<i>Depr, Hypnotic</i>
Dyanavel XR	<i>amphetamine</i>	Stimulant	2.5-20	ADHD	
Eduilar	<i>zolpidem</i>	Non-benzo. hypnotic	5-12.5	Sleep disorders, short-term use	<i>Chronic insomnia</i>
Effexo,r XR	<i>venlafaxine</i>	SNRI	75-375	MDD, GAD, Panic	<i>Depr, PTSD, SocAnx, PmDD</i>
Elavil	<i>amitriptyline</i>	Tricyclic antidepressant	75-150	MDD	<i>Depr</i>
Eldepryl	<i>selegiline</i>	MAO-B	5-10	Anti-Parkinson's	<i>Depr, Smoking</i>
EMSAM TTS	<i>selegiline</i>	MAO-B	6-12	MDD	
Eskalith/Lithobid	<i>lithium carbonate</i>	Anti-manic	900-1800	Bipolar	
Exelon. TTS	<i>rivastigmine</i>	Cholinesterase inhibitor	3-12	Mild-moderate dementia, Park. dementia	
Fetzima	<i>levomilnacipran</i>	SNRI	40-120	MDD	
Fanapt	<i>iloperidone</i>	Atypical/2 nd generation	12-24	Schizo	<i>Bipolar</i>
Focalin, XR	<i>dexmethylphenidate</i>	Stimulant	5-40	ADHD	
Geodon	<i>ziprasidone</i>	Atypical/2 nd generation	40-160	Schizo, Bipolar	<i>MDD</i>
Haldol/IM	<i>haloperidol</i>	Conventional antipsychotic	1-15	Schizo, Psychosis, Tourettes	<i>ICU psychosis</i>
Inderal	<i>propranolol</i>	Antihypertensive	10-80	Hypertension	<i>Anx, Alch withdrawal, Akathisia, Panic</i>
Intermezzo	<i>zolpidem</i>	Non-benzo. hypnotic	3.5 for men, 1.75 for women	Middle-of-the-night insomnia	
Intuniv ER	<i>guanfacine</i>	Antihypertensive	1-4	ADHD, ages 6-17	
Invega ER	<i>paliperidone</i>	Atypical/2 nd generation	3-12	Schizo, acute & chronic, mood stabilizer, schizoaffective	<i>Bipolar</i>
Kapvay	<i>clonidine</i>	Non-stimulant	0.1-0.4	ADHD	
Ketanest	<i>esketamine</i>	Antidepressant	28-84, 2/week	Tx-R Dep	
Klonopin, Wafers	<i>clonazepam</i>	Benzodiazepine	0.25-4	Seizures, Panic	<i>GAD, Hypnotic</i>
Lamictal	<i>lamotrigine</i>	Anti-seizure	100-200	Epilepsy, Bipolar	<i>Tx-R Dep</i>
Latuda	<i>lurasidone</i>	Atypical/2 nd generation	40-160	Schizo, Bipolar	
Levitra	<i>vardeafil</i>	PDE-5 inhibitor	5-20	Erectile dysfunction	
Lexapro	<i>escitalopram</i>	SSRI	10-20	MDD in adults and teens, GAD	<i>BDD, PTSD, SocAnx, Depr, PmDD,</i>
Librium	<i>chlordiazepoxide</i>	Benzodiazepine	5-100	Anx, Alcohol withdrawal	<i>Muscle spasms</i>
Lunesta	<i>eszopiclone</i>	Non-benzo. hypnotic	2-3	Sleep disorders, ≤ 6 months use	
Luvox, CR	<i>fluvoxamine</i>	SSRI	50-300	OCD, Social anxiety disorder	<i>MDD, PTSD, PmDD, BDD</i>
Lyrica	<i>pregabalin</i>	Anticonvulsant	50-300	Seizures, Fibromyalgia, Diabetic neuropathy	
Marplan	<i>isocarboxazid</i>	MAOI	20-60	MDD	
Metadate/Methylin	<i>methylphenidate</i>	Stimulant	20-60	ADHD	<i>MDD</i>
Mirapex	<i>pramipexole</i>	Dopamine agonist	1.5-4.5	Anti-Parkinson's, Restless Leg Syndrome	<i>Tx-R Dep, cluster headache, sexual side effects of SSRIs, Bipolar</i>
Mydayis	<i>amphetamine</i>	Stimulant	12.5-50	ADHD	
Namenda	<i>memantine</i>	NMDA antagonist	5-20	Moderate-severe dementia	
Namzaric	<i>memantine & donepezil</i>	NMDAR + AChE Inhibitor	28/10 or 14/10	Mod-severe Alzheimer's dementia	
Narcan	<i>naloxone</i>	Opioid antagonist	0.4-2	Opioid overdose	
Nardil	<i>phenelzine</i>	MAOI	45-90	MDD	
Neurontin	<i>gabapentin</i>	Anti-seizure	900-1800	Epilepsy	<i>Bipolar, Neuropathic pain, Fibro</i>
Niravam ODT	<i>alprazolam, ODT</i>	Benzodiazepine	0.3-5	Panic, GAD	
Nuedexta	<i>dextromethorphan & quinidine</i>	Combination	20-10 BID	Pseudo-bulbar affect	
Nuplazid	<i>pimavanserin</i>	Atypical/2 nd generation	34	Psychosis in Parkinson disease	
Nuvigil	<i>armodafinil</i>	Wakefulness promoter	150-250	Sleep apnea, Narcolepsy, SWSD	
Pamelor/Aventyl	<i>nortriptyline</i>	Tricyclic antidepressant	25-100	MDD, Neuropathic pain	<i>Depr</i>

Parnate	tranylcypromine	MAOI	30-60	MDD	
Paxil CR/Pexeva	paroxetine	SSRI	20-60	MDD, GAD, OCD, Panic, Soc. Anx, PTSD	Depr, Anx, PmDD
ProSom	estazolam	Benzodiazepine	1-2	Sleep disorders, short-term use	
Pristiq/Khedeza	desvenlafaxine	SNRI	50	MDD	
Provigil	modafinil	Wakefulness promoter	100-400	EDS, OSA, SWSD	ADHD, MDD
Prozac/Sarafem	fluoxetine	SSRI	20-80	OCD, Panic, PmDD, MDD, PTSD, Bulimia	Depr, SocAnx, Anx, BDD
Qsymia	topiramate & phentermine	Anti-seizure	3.75/23-15/92	Weight reduction	
Quillivant XR/QuilliChew ER	methylphenidate	Stimulant	20-60	ADHD	
Razadyne, ER	galantamine	Cholinesterase inhibitor	8-32	Mild-moderate dementia	
Remeron, ODT	mir tazapine	Tetracyclic antidepressant	15-45	MDD	Depr, insomnia, nausea
Requip, XL	ropinirole	Dopamine agonist	0.75-3	Anti-Parkinson's, Restless leg	Tx-R Dep
Restoril	temazepam	Benzodiazepine	15-30	Sleep disorders, short-term use	
Revia/Revex	naltrexone/nalmefene	Opioid antagonist	50	Opioid dependence	Alcohol dependence
Risperdal/Consta	risperidone	Atypical/2 nd generation	1-8	Bipolar & Schizo in adults and teens, Irritability in autism	MDD
Ritalin	methylphenidate	Stimulant	20-60	ADHD, Narcolepsy	EDS, MDD
Rozerem	ramelteon	Hypnotic	8	Sleep disorders	
Serax	oxazepam	Benzodiazepine	30-120	Anx, Alcohol withdrawal	Anti-itch, Seiz, Hypnotic
Sabril	vigabatrin	Anti-seizure	1000-4000	Bipolar, Epilepsy	
Saphris	asenapine	Atypical/2 nd generation	10-20	Schizophrenia	Bipolar
Savella	milnacipran	SNRI	100-200	Fibromyalgia	
Seroquel, XR	quetiapine	Atypical/2 nd generation	150-800	Child & adult schizo, Bipolar, Tx-R Dep.	MDD
Silenor	doxepin	Heterocyclic	3-6	Sleep continuity, Sleep disorders	
Sinequan/Adapin	doxepin	Heterocyclic	150-300	MDD	Depr, hives, Hypnotic
Sonata	zaleplon	Non-benzo. hypnotic	5-10	Sleep disorders, short-term use	
Strattera	atomoxetine	NRI	40-100	ADHD	
Spravato	esketamine	NMDA receptor antagonist	28 (single use)	Tx-R Dep	
Suboxone/ilm	buprenorphine & naloxone	Opioid modulator	12/3-16/4	Opioid dependence	
Symbyax	olanzapine & fluoxetine	Atypical/2 nd generation & SSRI	6/25-12/50	Bipolar, Tx-R Dep	Schizophrenia
Tegretol	carbamazepine	Anticonvulsant	400-1200	Epilepsy	Bipolar
Tenex	guanfacine	Antihypertensive	0.5-3	Hypertension	Drug withdrawal
Tofranil/Tofranil PM	imipramine	Tricyclic antidepressant	75-200	MDD, Enuresis	Depr
Topamax	topiramate	Anti-seizure	400-1600	Epilepsy, Migraines	Bipolar, BED, Weight reduction
Trintellix	vortioxetine	SPARI/5-HT modulator	5-20	Unipolar depression, MDD	
Valium	diazepam	Benzodiazepine	4-40	Anx., Muscle spasm, Seizures	
Viagra/Revatio	sildenafil	PDE-5 inhibitor	25-100	Erectile dysfunction	
Viibryd	vilazodone	SPARI/5-HT modulator	10-40	MDD in adults	
Vistaril	hydroxyzine	Antihistamine, sedating	25-100	Anxiety	
Vivitrol, IM	naltrexone	Opioid antagonist	190-380/ mo.	Alcohol dependence	
Vraylar	ciprazine	Atypical/2 nd generation	1.5-6	Bipolar & Schizophrenia	
Vyvanse	lisdexamfetamine	Stimulant	30-70	ADHD, child, teen, & adult. BED	
Wellbutrin/Zyban Budeprion ER	bupropion	DNRI	200-450	MDD, Smoking, Seasonal Affective Disorder	AD(H)D, Erectile dysfunction
Xanax XR	alprazolam	Benzodiazepine	0.25-4	Panic	Anx
Xyrem	oxybate sodium	Sedative hypnotic	6-9 gm	EDS, cataplexy	Fibro
Zoloft	sertraline	SSRI	50-200	Panic, OCD, MDD, PTSD, SocAnx, PmDD	BDD, Depr, Anx
Zubsolv ODT	buprenorphine & naloxone	Opioid modulator	5.7/1.4-11.4/2.8	Opioid dependence maintenance,	MDD
Zulresso	brexanolone	Allopregnanolone analogue	100 in 60 hours	Post-partum depression	
Zyprexa/Zydis ODT, IM	olanzapine	Atypical/2 nd generation	5-30	Schizo, Bipolar. adults/ children, Anorexia	

AN UPDATED LIST WILL BE POSTED ABOUT EVERY THREE MONTHS AT www.CliniciansToolBox.com

An Initial * means some change has been made since the last version. We have omitted the older antipsychotics, tricyclic antidepressants, and opioids.

Drug Class: **AChEI** = Acetylcholinesterase Inhibitor. **Antidyskinetic** = drugs used to treat Parkinson's disease and extrapyramidal effects of antipsychotics. **Atypical** = newer or second generation antipsychotics/neuroleptics. The **Conventional**, older antipsychotics/neuroleptics are now rarely used and so few are listed. **DNRI** = Dopamine-Norepinephrine Reuptake Inhibitor. **MAOI** = Monoamine Oxidase Inhibitor. **NMDAR** = N-methyl-D-aspartate Receptor Antagonist. **NRI** = Norepinephrine Reuptake Inhibitor. **PDE-5 inhibitor** = Phosphodiesterase type-5 inhibitor. **SARI** = Serotonin-2 antagonist/Serotonin Reuptake Inhibitor. **SDAM** = Serotonin-Dopamine Activity Modulator. **SPARI** = Serotonin Partial Agonist/ Reuptake Inhibitor. **SNRI** = Serotonin-Norepinephrine Reuptake Inhibitor. **SSRI** = Selective Serotonin Reuptake Inhibitor.

Routes of administration: **CR, DR, ER, XL, XR** = Slowed release. **IM** = Intramuscular. **ODT** = Orally Disintegrating Tablet. **TTS** = Transdermal Therapeutic System (a skin patch).

Indications and Disorders: **ADHD** = Attention Deficit Hyperactivity Disorder. **Anx** = Anxiety Disorder NOS. **BED** = Binge Eating Disorder. **BDD** = Body Dysmorphic Disorder. **Bipolar** = Bipolar Affective Disorder (antimanic). **Depr** = Depression (see MDD). **EDS** = Excessive Daytime Sleepiness. **Fibro** = Fibromyalgia. **GAD** = Generalized Anxiety Disorder. **MDD** = Major Depressive Disorder (not Dysthymia or Depression NOS). **OSA** = Obstructive Sleep Apnea. **OCD** = Obsessive-Compulsive Disorder. **Panic** = Panic Disorder, with or without Agoraphobia. **PmDD** = Premenstrual Dysphoric Disorder. **PTSD** = Post-Traumatic Stress Disorder. **Schizo** = Schizophrenia, Psychosis, and related conditions. **Seiz** = Seizures, **SWSD** = Shift Work Sleep Disorder. **SocAnx** = Social Anxiety/Social Phobia. **Tx-R Dep** = Treatment-Resistant Depression.

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