



River  
FRIENDS  
OF THE  
LIBRARY

## WEEKLY BULLETIN!

(Updated for 10/15/2018 - 10/20/2018)

### Upcoming Events at the Library...

#### Preschool Storytime (ages 3-6)

11:00am-11:30am Tuesday, **October 16, 2018**

#### 3D Printing at the Library: Intermediate Design

6:00pm-7:30pm Wednesday, **October 17, 2018**

#### Family Yoga (ages 3-6)

11:00am-12:00pm Friday, **October 19, 2018**

#### Healthy Living at Your Library: Yoga for Adults and Teens

1:00pm-2:00pm Friday, **October 19, 2018**

#### Read to a Dog

10:00am-11:00am Saturday, **October 20, 2018**

#### Foam Martial Arts Class (Ages 7 and up)

2:00pm-3:00pm Saturday, **October 20, 2018**

### Healthy Living at Guerneville Library: Yoga for Adults and Teens

Come to practice gentle yoga poses at the library with yoga instructor Ozlem Ozdener. Great for beginners or adults of all skill levels. Adjustments are offered for every body type. Energize your body, calm your mind, come as you are and have fun! Mats provided, but bring your own mat if you have one. Dress comfortably.

**1:00pm-2:00pm**

**Friday, October 19, 2018**

### Do It Yourself (DIY) Energy and Water

**Savings Toolkits** are available for checkout at all branches of the Sonoma County Library. The Toolkits include the tools and information necessary for customers to perform their own home upgrade projects to weather strip windows and doors, monitor electrical usage, find water leaks and make their homes more efficient with LED lightbulbs. Sonoma County Library cardholders can check out the kits for up to three (3) weeks.



### Our Next VOLUNTEER WORK PARTY...

**Thursday, October 25, 2pm - 5pm**

We will have coffee (decaf & regular), hot water for a variety of teas and tasty treats!

**THANKS SO MUCH TO OUR WORK PARTY VOLUNTEERS!!!**

Join us on Facebook and Check out the River Friends web page at <https://www.riverfriendsofthelibrary.org/>