

Dr. Mendelsohn's Post-Brain Surgery Discharge Instructions

Procedure: _____ Date: _____

WOUND CARE

You may shower on the 3rd day after surgery. Feel free to use any hair products and shower as you normally do. Keep the wound dry after showering. Avoid pools or baths for 3 weeks.

- Stitches should be removed by your G.P. or at a walk-in-clinic 8-10 days after surgery.
- Stitches should be removed by your G.P. or at a walk-in-clinic 10-14 days after surgery.

Watch out for fluid draining from the wound, opening of the wound, increasing redness, increasing soreness, or fevers. These are signs of a wound infection. Wound infections occur very rarely.

If there are any concerns with the incision, I need to be notified. Please seek medical attention and have the physician contact my office or the neurosurgeon on-call at Lion's Gate Hospital.

WARNING SIGNS

Rarely after brain surgery a seizure can happen. Seek medical attention if you have a seizure.

Rarely after brain surgery, patients can experience increasing weakness in the face, arm or leg, language difficulties, excessive drowsiness or confusion. Please go to the emergency department if you are concerned and have the physician contact my office or the neurosurgeon on-call at Lion's Gate Hospital.

ACTIVITY

Avoid physical exercise beyond walking for 4 weeks.

FOLLOW-UP

Follow-up appointments are scheduled for 6-8 weeks after surgery. Please contact my office within 2 weeks of discharge from hospital to schedule a follow-up appointment.

You may contact my office by phone or email: dr.mendelsohn.moa@gmail.com

- You will need to have a Head CT after your surgery before the follow-up appointment. Please contact my office when you are given an appointment for the head CT from the radiology department.

DANNY MENDELSON

MD, MSc, FRCSC

NEUROSURGEON

Office

Tel: (604) 987-7085

Fax: (604) 987-1534

Suite 340 - 138 East 13th Street
North Vancouver, BC V7L 0E5

MEDICATION INSTRUCTIONS

You will receive a prescription for pain medicine, if you require one. If you run out of pain medicine, please see your GP or a walk-in-clinic doctor for a refill.

- You are on a steroid medication to reduce brain swelling. Follow the instructions on the bottle and reduce the dose as indicated.
- You are on a seizure medication. You are not allowed to drive until a doctor indicates it is safe to do so.
- You may resume taking _____ days after the surgery (if on blood thinners)