



Happy
Birthday



NOVEMBER BIRTHDAYS

Kahtrael Bradley

Anita Bridge

Elder Baruch Carroll

Michael Eldridge

Capers Funnye, IV

Shlomo McWoodson

Matthew Roberts

Elder Benjamin Thomas

Karter Washington

Khizkeyahoo Chaim Y'hudah

Beth Shalom would like to give a heartfelt todah rabah to everyone who made a special donation for our

104th Anniversary.

Anonymous, Noel Barnes, Rabbi Debra Bowen,
Zaken Moshe Buie, Rabbi Avraham Burkes,
Zakenah Sarah Ellis, Rabbi Capers Funnye, Joseph Grant,
Zaken David Harris, Zaken Hillel Israel, Shmuel Israel,
Sister Mahalia Koroma, Dinah Judah-Peterson,
Zakenah Deborah McCollough, Cohen Abdi Levi, Keferah Levi,
Rabbi Shlomo Levi, Judy Levy, Zaken Baruch Rollins,
Candace Smith, Rene Thomas, Baruch & Yaffa Sutton,
Anthony White, Denise White, Frank White

Shabbat Shalom

NOVEMBER 19, 2022

25TH HESHVAN 5783



Beth Shalom B'nai Zaken E.H.C.

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Chicago, IL 60629

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www.bethshalombz.org

WELCOME

We welcome you and your interest in Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation (House of Peace for the Children of the Ancient Ethiopian Hebrews). As stated in Psalm 133:1, *“how good and how pleasant it is for brethren to dwell together in unity!”*

We are truly blessed by your presence and welcome the opportunity to share our love of the Most High G-d with you. Your experience today will probably be very different from most services you have attended. We hope this information will explain our beliefs and mode of worship. As G-d stated in Isaiah 56:7... *“for my house shall be called a house of prayer for all peoples.”* Again, we welcome you and pray that you will enjoy our service as much as we do.

Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation (Beth Shalom) is the oldest Temple in the Chicago area serving the Israelite Community. It was established as the Ethiopian Hebrew Association in 1918, by Rabbi Horace Hasan. In 1920, Rabbi David Lasarus and Rabbi Caino Stirson, came to the Chicago area from New York and later joined forces with Rabbi Hasan. In 1923 our beloved Senior Rabbi Abihu Ben Reuben, (may G-D bless his memory) joined this congregation, which was located at 1850 West Lake Street. In the 1930s and 1940s, the leadership of the Ethiopian Hebrew community was firmly in the hands of Rabbi Abihu Ben Reuben, Rabbi Lazarus, and Rabbi Louis Green. Rabbis Reuben and Lazarus studied with Chief Rabbi Wentworth A. Matthew, at the Commandment Keepers Congregation in New York City, and were ordained rabbis by Chief Rabbi Matthew. Rabbi Louis Green received his Masters of Science in Jewish Studies from the College of Jewish Studies in Chicago, Illinois.

In 1952, Chief Rabbi Wentworth A. Matthew came to Chicago to oversee the opening of a new Temple to serve the Ethiopian Hebrew Community. In 1984, the Congregation of Ethiopian Hebrews and Beth Shalom Hebrew Congregation merged to form Beth Shalom Ethiopian Hebrew Congregation. Rabbis Abihu Ben Reuben and Capers C. Funnye, Jr., served the congregation as senior and assistant rabbis. In 1993, Beth Shalom merged with the Congregation of B'nai Zaken, to form Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation, with Rabbi Capers C. Funnye, Jr. as Rabbi.

Beth Shalom is an affiliate congregation of the International Israelite Board of Rabbis Inc. and fully embraces the ideals of Resolution 801A which was passed by the Board in 1981. It affirms the brotherhood of all people who worship the G-D of Abraham, Isaac and Jacob without regard to tradition or terminology (for example: Black Jews', Hebrews, Israelites, Jews, etc.) However, when among us, visitors are obliged to respect the customs and traditions followed by members.

4. You are America's #1 long-term care provider.

Family caregivers provide a staggering 90% of long-term care in America. (The National Academy of Medicine)

5. You are not alone.

More than 65 million Americans care for their aging or disabled loved ones on a yearly basis. (National Alliance for Caregiving)

6. You can take a break.

Just because you've committed to caring for a parent or senior loved one doesn't mean you can't take a break. Respite care is short-term care, lasting anywhere from a few hours to a few weeks, that can be provided at a local senior living community or even in the home. Adult daycare is another similar option. These services allow family caregivers to “recharge” with the knowledge that their loved one is safe and sound.

7. You have limits.

Despite the demonstrated perseverance and strength of family caregivers, each of us has limits. It's important to recognize when our loved one has declined to a point that professional care is the best option.

8. You have someone to talk to.

Caregiver support groups meet throughout the U.S. For those caring for a loved one with Alzheimer's disease or dementia, the Alzheimer's Association maintains a database of support groups. General caregiving support groups that aren't specifically focused on memory loss can be found by contacting your local hospital. Furthermore, there are many online support groups for caregivers.

9. You have to care for yourself first.

If you're not keeping yourself happy and healthy, it's doubtful that you will be able to do your best for your parent or senior loved one. Review the “Caregiver Bill of Rights” and remember to take care of yourself.

10. Your work is valuable.

The value of the unpaid care these 65 million caregivers provide is estimated to be worth \$375 billion. (National Alliance for Caregiving)

HEALTH AWARENESS

November Is National Family Caregivers Month

November is National Family Caregivers Month, a tradition that began as National Family Caregivers Week in the mid-1990s. The importance of family caregivers has gained recognition over the years and the National Family Caregivers awareness week has now grown into an awareness month, due to former President Barack Obama's proclamation in 2012.

9 Facts Caregivers Should Know During National Family Caregivers Month

1. Care giving is costly.

Nearly half of working caregivers report that care giving expenses have depleted most — or even all — of their savings. (National Alliance for Care giving)

2. Help is available.

If you do decide that your loved one needs more than you alone can provide, A Place for Mom can help. Our Senior Living Advisors work one-on-one with families to help them find the most appropriate care for their parent or senior loved one. Read more about Senior Living Advisors who can help in your area.

3. Knowledge can make your job easier.

A National Alliance for Care giving survey found that 73% of caregivers said that praying helps them to cope with the stress. 44% said that reading books about care giving and visiting supportive websites like ours helps them not only to manage their daily frustration but also gives them a sense of community. (National Alliance for Care giving)



Tidbit: Hayyei Sarah

25th Heshvan 5783 – November 19, 2022

Chief Rabbi Capers Shmuel Yefuneh

This parashah marks the transition from one generation to the next. It begins with Sarah's death and concludes with Abraham's. But its major theme is arranging a marriage for Isaac, the effort to find the right wife and partner so that the special tradition of Abraham and Sarah will continue beyond their lifetimes and the life of their son.

On another note: This parashah marks the first time, in the history of the people of Israel, that a death and burial is recorded in the promised land. The cave of Machpelah's is the first parcel of real estate acquired by the founding father of the nation in the promised land. Although the Torah never explicitly makes the connection, many commentators connect Sarah's death with Isaac's narrow escape from tragedy at the Akedah, (the binding of Isaac), because it follows immediately after the narrative. Some see Sarah dying of the shock, either because Abraham was prepared to slay their son without informing her, or because of the alarming news of his near-death experience. According to one legend, Sarah is told that Abraham has killed Isaac at G-d's command. Believing it, she dies on the spot. One commentator sees her death, even after learning that Isaac had survived, as an inability to live in a world as dangerous and unreliable as she had found this world to be. A world where life hangs by such a fragile thread. (Zornberg).

A world in which we find ourselves in today!

Shabbat Shalom

Hayyei Sarah

Torah Reading: Genesis 23:1 - 25:18 (page 80)

Haftorah: I Kings 1:1 - 31 (page 90)

WEEKLY SERVICE

Saturday: Shacharit (Morning) Service	10:30 A.M.-1:30 P.M.
Minchah (Evening) Service	3:00 P.M. — 4:30 P.M.
Gift Shop (Tue & Thurs.)	12:00 P.M.- 2:00 P.M.

PRAYER LIST:

Willie Myrtle Walker, Willie Miller, Gracile Moore, Dr. Wayne Williamson,
Zaken Baruch Carroll, Ben Hardiman, Jerry Hecktman,
Zakenah Deborah McCollough, Toni Miller, Yakariel Judah, Shlomo McWoodson,
Charles Caston, Ellen Zemel, J'nel Funnye, Loretta Coleman-Wickman,
Sinetra Roberts, Zaken David Whitfield, Leah Burks, Robert Wallace,
Rosalind Wallace

YAHARZEIT

“It is better to be prepared for an opportunity and not have one than to have an opportunity and not be prepared.” -

Whitney M. Young

To Our Guest:

We appreciate you being with us today. There are times during our service when walking is prohibited. Please refrain from walking while we stand during prayers and when the Torah is being read. We thank you in advance for honoring our request.

THIS WEEK IN BLACK & HISPANIC HISTORY

November 13, 1957 - Police in Longview, Texas, ordered four local NAACP officers to name members or face jail; the men refuse and were arrested less than 24 hours later.

November 14, 1960 - White mobs hurled slurs and threats at six-year-old Ruby Bridges as she integrated William Frantz Elementary School in New Orleans, Louisiana.

November 15, 1830 - North Carolina made it illegal to distribute anti-slavery materials and mandated the death penalty for anyone who does so more than once.

November 16, 1900 - Hundreds of white people in Limon, Colorado, lynched Preston John Porter Jr., a 15-year-old Black boy, by burning him alive.

November 17, 1936 - Playwright, Luis Rafael Sanchez was born, *La pasiaon seguin Antígona* Perez is the play that he most known for.

November 18, 1983 - Chicago police beat, electrocuted, and threatened to castrate James Cody, one of more than 100 Black men the department systematically tortured over three decades.

November 19, 1906 - Local white employees uniformly refused to hire dozens of Black soldiers seeking work after being wrongfully discharged from service near San Antonio, Texas.

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“ LIFT EVERY VOICE”

Lift every voice and sing,
Till earth and heaven ring,
Ring with the harmonies of Liberty;
Let our rejoicing rise
High as the list'ning skies,
Let it resound loud as the rolling sea.
Sing a song full of the faith that the dark past has taught us,
Sing a song full of the hope that the present has brought us;
Facing the rising sun of our new day begun,
Let us march on till victory is won.

Stony the road we trod,
Bitter the chast'ning rod,
Felt in the days when hope unborn had died;
Yet with a steady beat,
Have not our weary feet
Come to the place for which our fathers sighed?
We have come over a way that with tears has been watered.
We have come, treading our path through the blood of the slaughtered,
Out from the gloomy past,
Till now we stand at last
Where the white gleam of our bright star is cast.

God of our weary years,
God of our silent tears,
Thou who hast brought us thus far on the way;
Thou who hast by Thy might,
Led us into the light,
Keep us forever in the path, we pray.
Lest our feet stray from the places, our God, where we met Thee,
Lest our hearts, drunk with the wine of the world, we forget Thee;
Shadowed beneath Thy hand,
May we forever stand,
True to our God,
True to our native land.

****** MARK YOUR CALENDAR ******

Please join Chief Rabbi Funnye' for Shabbat Service Saturday,
November 12, 2022 @10:30 a.m.

All CDC guidelines will be strictly enforced, you must wear a mask
and maintain social distancing.

There will be no Oneg, you must bring your own prayer book, Penta-
teuch, and Tallitim.

We will also continue our Virtual Service Streaming on Facebook
Live.

<https://www.facebook.com/beth.shalom.52012>

Tot/Youth Shabbat Service is every Saturday at 11 a.m.

Ages 2 - 6 will be with Sister Yierah or Sister Simona

Ages 7 & up will be with Sister Angela

BSBZEHC Youth Holiday Talent Show

Sunday, December 18th @ 4 p.m.

1st, 2nd, & 3rd place trophies will be awarded.

Tickets are \$5

Vendors \$40

Please see Sister Yierah for more details, to sign-up, and to purchase
a ticket.

****** MARK YOUR CALENDAR ******

Information about Elder Aliazar

Don Davis

Aperion Care Burbank

5701 W. 79th St.

Burbank, IL 60459

Visiting hours are from 8 a.m. to 8 p.m.

(708) 499-5400

***The family has not told him about Karmel passing, they are
waiting on him to get stronger. Please respect their wishes***

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