



Happy Birthday



Shabbat Shalom

NOVEMBER 26, 2022 2ND KISLEV 5783

NOVEMBER BIRTHDAYS

Kahtrael Bradley

Anita Bridge

Elder Baruch Carroll

Michael Eldridge

Capers Funnye, IV

Shlomo McWoodson

Matthew Roberts

Elder Benjamin Thomas

Karter Washington

Khizkeyahoo Chaim Y'hudah

Beth Shalom would like to give a heartfelt todah rabah to everyone who made a special donation for our

104th Anniversary.

Anonymous, Noel Barnes, Rabbi Debra Bowen, Zaken Moshe Buie, Rabbi Avraham Burkes, Zakenah Sarah Ellis, Rabbi Capers Funnye, Joseph Grant, Zaken David Harris, Zaken Hillel Israel, Shmuel Israel, Sister Mahalia Koroma, Dinah Judah-Peterson, Zakenah Deborah McCollough, Cohen Abdi Levi, Keferah Levi, Rabbi Shlomo Levi, Judy Levy, Zaken Baruch Rollins, Candace Smith, Rene Thomas, Baruch & Yaffa Sutton, Anthony White, Denise White, Frank White



Beth Shalom B'nai Zaken E.H.C.

6601 S. Kedzie Ave.

Chicago, IL 60629

Phone: 773.476.2924

Fax: 773-476-2259

www.bethshalombz.org

WELCOME

We welcome you and your interest in Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation (House of Peace for the Children of the Ancient Ethiopian Hebrews). As stated in Psalm 133:1, *“how good and how pleasant it is for brethren to dwell together in unity!”*

We are truly blessed by your presence and welcome the opportunity to share our love of the Most High G-d with you. Your experience today will probably be very different from most services you have attended. We hope this information will explain our beliefs and mode of worship. As G-d stated in Isaiah 56:7... *“for my house shall be called a house of prayer for all peoples.”* Again, we welcome you and pray that you will enjoy our service as much as we do.

Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation (Beth Shalom) is the oldest Temple in the Chicago area serving the Israelite Community. It was established as the Ethiopian Hebrew Association in 1918, by Rabbi Horace Hasan. In 1920, Rabbi David Lasarus and Rabbi Caino Stirson, came to the Chicago area from New York and later joined forces with Rabbi Hasan. In 1923 our beloved Senior Rabbi Abihu Ben Reuben, (may G-D bless his memory) joined this congregation, which was located at 1850 West Lake Street. In the 1930s and 1940s, the leadership of the Ethiopian Hebrew community was firmly in the hands of Rabbi Abihu Ben Reuben, Rabbi Lazarus, and Rabbi Louis Green. Rabbis Reuben and Lazarus studied with Chief Rabbi Wentworth A. Matthew, at the Commandment Keepers Congregation in New York City, and were ordained rabbis by Chief Rabbi Matthew. Rabbi Louis Green received his Masters of Science in Jewish Studies from the College of Jewish Studies in Chicago, Illinois.

In 1952, Chief Rabbi Wentworth A Matthew came to Chicago to oversee the opening of a new Temple to serve the Ethiopian Hebrew Community. In 1984, the Congregation of Ethiopian Hebrews and Beth Shalom Hebrew Congregation merged to form Beth Shalom Ethiopian Hebrew Congregation. Rabbis Abihu Ben Reuben and Capers C. Funnye, Jr., served the congregation as senior and assistant rabbis. In 1993, Beth Shalom merged with the Congregation of B'nai Zaken, to form Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation, with Rabbi Capers C. Funnye, Jr. as Rabbi.

Beth Shalom is an affiliate congregation of the International Israelite Board of Rabbis Inc. and fully embraces the ideals of Resolution 801A which was passed by the Board in 1981. It affirms the brotherhood of all people who worship the G-D of Abraham, Isaac and Jacob without regard to tradition or terminology (for example: Black Jews', Hebrews, Israelites, Jews, etc.) However, when among us, visitors are obliged to respect the customs and traditions followed by members.

4. You are America's #1 long-term care provider.

Family caregivers provide a staggering 90% of long-term care in America. (The National Academy of Medicine)

5. You are not alone.

More than 65 million Americans care for their aging or disabled loved ones on a yearly basis. (National Alliance for Caregiving)

6. You can take a break.

Just because you've committed to caring for a parent or senior loved one doesn't mean you can't take a break. Respite care is short-term care, lasting anywhere from a few hours to a few weeks, that can be provided at a local senior living community or even in the home. Adult daycare is another similar option. These services allow family caregivers to “recharge” with the knowledge that their loved one is safe and sound.

7. You have limits.

Despite the demonstrated perseverance and strength of family caregivers, each of us has limits. It's important to recognize when our loved one has declined to a point that professional care is the best option.

8. You have someone to talk to.

Caregiver support groups meet throughout the U.S. For those caring for a loved one with Alzheimer's disease or dementia, the Alzheimer's Association maintains a database of support groups. General caregiving support groups that aren't specifically focused on memory loss can be found by contacting your local hospital. Furthermore, there are many online support groups for caregivers.

9. You have to care for yourself first.

If you're not keeping yourself happy and healthy, it's doubtful that you will be able to do your best for your parent or senior loved one. Review the “Caregiver Bill of Rights” and remember to take care of yourself.

10. Your work is valuable.

The value of the unpaid care these 65 million caregivers provide is estimated to be worth \$375 billion. (National Alliance for Caregiving)

HEALTH AWARENESS

November Is National Family Caregivers Month

November is National Family Caregivers Month, a tradition that began as National Family Caregivers Week in the mid-1990s. The importance of family caregivers has gained recognition over the years and the National Family Caregivers awareness week has now grown into an awareness month, due to former President Barack Obama's proclamation in 2012.

9 Facts Caregivers Should Know During National Family Caregivers Month

1. Care giving is costly.

Nearly half of working caregivers report that care giving expenses have depleted most — or even all — of their savings. (National Alliance for Care giving)

2. Help is available.

If you do decide that your loved one needs more than you alone can provide, A Place for Mom can help. Our Senior Living Advisors work one-on-one with families to help them find the most appropriate care for their parent or senior loved one. Read more about Senior Living Advisors who can help in your area.

3. Knowledge can make your job easier.

A National Alliance for Care giving survey found that 73% of caregivers said that praying helps them to cope with the stress. 44% said that reading books about care giving and visiting supportive websites like ours helps them not only to manage their daily frustration but also gives them a sense of community. (National Alliance for Care giving)



Tidbit: Toledot

2nd Kislev 5783 – November 26, 2022

Chief Rabbi Capers Shmuel Yefuneh

The sixth parashah of Genesis talks about the birth and early years of Isaac and Rebekah's twin sons, Jacob, and Esau. Often in ancient tales, twins who are not identical are complementary, each twin represents one-half of a complete personality, each having qualities the other lacks and lacking qualities the other possesses. Jacob represents the gentle, cerebral side of a person, reaching goals by persuasion or cleverness. Esau represents the active, physical side. When the Torah describes them struggling within Rebekah's womb and continues to portray them as rivals growing up, it may be telling us that these two sides of many people are struggling within everyone for dominance.

Genesis 25:19; Isaac, son of Avraham, his life is defined by being Abraham's son more than by any other single factor. Abraham begot Isaac. As Isaac was proud of his father, Abraham was proud of his son. Verse 21: Isaac does not pray for himself, for the fulfillment of his own needs, but for his wife. Rather than urging her to be content with her lot, he prays that she finds fulfillment where it means most to her.

Genesis 25:23; The Lord answered her; God charges Rebekah with the responsibility of seeing to it that the Covenant is entrusted to the more worthy, not necessarily the elder, child, Esau. Isaac favors Esau to the point where he raised him to do many of the things, he was unable to do as a child. At times, each of us wants to see in our children what we never saw in ourselves. A strength of will, to accomplish anything that they put in their hearts and minds. Let's understand that what we see in one of our children, G-d may see in another one of our children and set His blessing upon the more spiritual child.

Shabbat Shalom

Toledot

Torah Reading: Genesis 25:19– 28:9 (page 93)

Haftorah: Malachai 1:1 - 2:7 (page 102)

WEEKLY SERVICE

Saturday: Shacharit (Morning) Service	10:30 A.M.–1:30 P.M.
Minchah (Evening) Service	3:00 P.M. – 4:30 P.M.
Gift Shop (Tue & Thurs.)	12:00 P.M.- 2:00 P.M.

PRAYER LIST:

Willie Myrtle Walker, Willie Miller, Gracile Moore, Dr. Wayne Williamson,
 Zaken Baruch Carroll, Ben Hardiman, Jerry Hecktman,
 Zakenah Deborah McCollough, Toni Miller, Yakariel Judah, Shlomo McWoodson,
 Charles Caston, Ellen Zemel, J'nel Funnye, Loretta Coleman-Wickman,
 Sinetra Roberts, Zaken David Whitfield, Leah Burks, Robert Wallace,
 Rosalind Wallace

YAHARZEIT

“It is better to be prepared for an opportunity and not have one than to have an opportunity and not be prepared.” -

Whitney M. Young

To Our Guest:

We appreciate you being with us today. There are times during our service when walking is prohibited. Please refrain from walking while we stand during prayers and when the Torah is being read. We thank you in advance for honoring our request.

THIS WEEK IN BLACK & HISPANIC HISTORY

November 20, 1948 - A Black man named Robert Mallard was lynched in front of his family by a mob of 20 white men in Lyons, Georgia.

November 21, 1927 - U.S. Supreme Court in *Gong Lum v. Rice* allowed a Chinese American’s exclusion from a state school for white children because she can attend a “colored school” with “equal” educational facilities.

November 22, 1865 - Mississippi required local sheriffs to round up Black orphans and sell them to white people as laborers.

November 23, 1970 - The association for the Advancement of Mexican Americans is incorporated in Houston, Texas. It aims to create future community leaders in Texas by promoting a positive self-image in youth and encouraging educational achievements.

November 24, 2014 - Tamir Rice, a Black 12-year-old boy, died after being shot by police while playing with a toy gun in a park near his home in Cleveland, Ohio.

November 25, 1829 - Newspaper ad sought help locating “runaway “ Black man formerly enslaved as a servant for white students at the University of North Carolina.

November 26, 1861 - Virginia counties opposed to secession vote to form the new state of West Virginia, rejoined the Union, and retained slavery

BUSINESSES

FOUR RIVERS

Custom furniture, upholstery, and residential HVAC

Jonhy O'Reilly, Owner, Chicago, IL

(773) 616-4142

jonhychai@gmail.com

PEARSON REALTY GROUP

Eric White, Managing Broker

1000 N Milwaukee Ave., Chicago, Illinois 60642

(773) 325 2800

eric@pearsonrealtygroup.com

BARNEY'S NEW LIFE HEALTH FOODS

Ray Barney, Owner

3141 West Roosevelt Rd., Chicago, IL 60612

Phone: 872-762-3090

nlhealthchicago@gmail.com

AFFORDABLE PARTY PLANNERS

Angela Grier, Owner

Phone: 708-915-9806

app4u2@yahoo.com

ARMO'S

Kosher Style Catering

Aaron Funnye', Owner

Phone: 773-900-1188

funnye4@yahoo.com

“ LIFT EVERY VOICE”

Lift every voice and sing,
Till earth and heaven ring,
Ring with the harmonies of Liberty;
Let our rejoicing rise
High as the list'ning skies,
Let it resound loud as the rolling sea.
Sing a song full of the faith that the dark past has taught us,
Sing a song full of the hope that the present has brought us;
Facing the rising sun of our new day begun,
Let us march on till victory is won.

Stony the road we trod,
Bitter the chast'ning rod,
Felt in the days when hope unborn had died;
Yet with a steady beat,
Have not our weary feet
Come to the place for which our fathers sighed?
We have come over a way that with tears has been watered.
We have come, treading our path through the blood of the slaughtered,
Out from the gloomy past,
Till now we stand at last
Where the white gleam of our bright star is cast.

God of our weary years,
God of our silent tears,
Thou who hast brought us thus far on the way;
Thou who hast by Thy might,
Led us into the light,
Keep us forever in the path, we pray.
Lest our feet stray from the places, our God, where we met Thee,
Lest our hearts, drunk with the wine of the world, we forget Thee;
Shadowed beneath Thy hand,
May we forever stand,
True to our God,
True to our native land.

****** MARK YOUR CALENDAR ******

Please join Chief Rabbi Funnye' for Shabbat Service Saturday,
November 26, 2022 @10:30 a.m.

All CDC guidelines will be strictly enforced, you must wear a mask
and maintain social distancing.

There will be no Oneg, you must bring your own prayer book, Penta-
teuch, and Tallitim.

We will also continue our Virtual Service Streaming on Facebook
Live.

<https://www.facebook.com/beth.shalom.52012>

Tot/Youth Shabbat Service is every Saturday at 11 a.m.

Ages 2 - 6 will be with Sister Yierah or Sister Simona

Ages 7 & up will be with Sister Angela

BSBZEHC Youth Holiday Talent Show

Sunday, December 18th @ 4 p.m.

1st, 2nd, & 3rd place trophies will be awarded.

Tickets are \$5

Vendors \$40

Please see Sister Yierah for more details, to sign-up, and to purchase
a ticket.

****** MARK YOUR CALENDAR ******

Information about Elder Aliazar

Don Davis

Aperion Care Burbank

5701 W. 79th St.

Burbank, IL 60459

Visiting hours are from 8 a.m. to 8 p.m.

(708) 499-5400

***The family has not told him about Karmel passing, they are
waiting on him to get stronger. Please respect their wishes***

BUSINESSES

**Have questions about Medicare Supplement, Medicate
Advantage or Prescription drug plans?**

Call Nicole Brown

Licensed Medicare Specialist

708/813-3485

FLASH ELEGANT EVENTS

“Every milestone is beautiful, but yours should be elegant.”

Jamako Funnye, Owner

630/636-8431

flashelegant.events@yahoo.com